

The Gazette

St. Albert & Sturgeon

Vol. 19 No. 2 - Wednesday, January 11, 1978.

Council discusses growth strategies

It was no small issue that occupied a good portion of city council's committee of the whole meeting Monday night, as members focussed their attention on the future growth of the Edmonton Metropolitan region. The subject of the discussion was the Growth Management Strategies proposed by the Edmonton Regional Planning Commission. Of the four strategies, one, strategy B, has been adopted by the ERPC's Metropolitan Committee. St. Albert, like the other municipalities, is to submit a position paper commenting on the strategies to the ERPC.

Alderman Barry Breadner said that the proposed B strategy should be studied in terms of St. Albert's objectives and the good of the region as a whole. The City of Edmonton has already stated preference for the A

strategy, which would concentrate about 90 percent of future growth and development in the City of Edmonton. Mr. Breadner said he hoped Edmonton would reconsider its "rigid position" in favour of the A strategy. The B strategy, which has

found favour with other municipalities, would concentrate development in Edmonton, St. Albert, Sherwood Park, Spruce Grove and Leduc. This strategy is primarily concerned with the provision of a choice of urban

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MPC approves licence renewals, handles recommendations to ERPC

At a meeting of the Municipal Planning Commission last Tuesday, members of the MPC approved renewal of licences for some local businesses and acted upon some recommendations from the Edmonton Regional Planning Commission. The

meeting was attended by Mayor Ronald Harvey, Aldermen Barry Breadner and Bill Shields, City Administrator Bob Byron and planning department officials Wayne Gordon and George Topolinski.

Licences were renewed for GB Enterprises, a trailer sales outlet, Brad's Cabs, St. Albert Driver Training School, Briggs Brothers Student Transportation Ltd., and St. Albert Tire and Auto Ltd., and Sodbusters Landscaping Ltd. A licence for use of a temporary storage area, with no reference to a permanent building was approved for Hub (Ridgeway) Construction.

A recommendation was made to the ERPC that both the Edmonton Regional Planning Commission and the St. Albert MPC refuse permission to subdivide River Lot 33, the St. Albert

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Your chance to influence education policy

Dr. Wes Penner, chairman of the Education Committee of the Protestant School Board, is inviting the public to make their concerns known to the committee.

Suggestions of topics for committee discussion may be sent to the committee via the advertisement appearing on page 7 of this issue of the Gazette.



St. Albert's 1978 New Year's baby, Aaron Reister didn't seem overly impressed at his feet when he posed for this picture with his mother, Chrystyne.

First baby arrives January 4

Aaron Joseph Reister, a 9 lb. 5 oz. boy, is St. Albert's New Year's baby for 1978. Aaron, a brother for Carmen Teresa (20 months), was born at 3:37 a.m. Wednesday, January 4 in the Sturgeon General Hospital.

The Reisters, Chrystyne and Arnie reside at 7 Latimer Place in Lacombe Park.

Several St. Albert businesses and organizations donated gifts to the first baby of the New Year:

Armstrong's Men's Wear - a gift certificate for Dad; La France Hairstyling - a haircut for Dad and a shampoo and set for mother; St. Albert Baptist Church - a New Baby Testament for Aaron; Hutching's Shoes - a \$10 gift certificate; The Gazette - a gift subscription; St. Albert Inn - dinner for Mom and Dad.

Macleod's - a gown for mother; Grandin Bowling - free bowling for Mom and

Dad; Canada Safeway - a \$10 gift certificate; St. Albert Beauty Salon - a shampoo and set for mother; Alberta Trophy and Gift Shop - an engraved baby trophy with name, weight and birthdate;

St. Albert Pharmacy - a crib mobile for baby; Pick-a-Buy - a hooded sleeper for baby; Sturgeon Hospital Auxiliary - an engraved baby spoon; St. Albert Women's Institute - a handmade baby quilt.

French immersion program possible in Catholic schools

District 3 trustees heard a request Monday evening that would have the district implement a French Immersion program at the grade one level. The group making the request, parents of Parish Kindergarten pupils, felt that once such a program was instituted interest would grow sufficiently to make continuation of the program to the grade six level feasible.

The parents hoped the program could be in effect by September of this year.

At present, parents of 39 kindergarten aged pupils are definitely committed if such a program is implemented in the Catholic District. Of these, parents of 27 pupils say they will enroll their children in the Edmonton Separate System's Grandin School.

The meeting was also attended by Rick Laplante, director of Curriculum Development for the Edmonton Catholic Board and a St. Albert resident. Mr. Laplante told those present that a similar process was now going on in Sherwood Park. He felt that programs, if implemented in the two suburban communities, should be similar to the Edmonton one to enable freer movement among systems. At present Edmonton

Separate has no entry point into its immersion program beyond the grade one level.

Mr. Laplante pointed out that studies in the Edmonton System showed language development in one area influenced language devel-

opment in another. In terms of English, the immersion students were behind those in 'regular' schools at first but, by grade three had drawn even and then began to move ahead.

Please Turn to Page 2

Clinic tonight

Blood needed

The scene is an automobile accident and you are the victim. You are bleeding heavily and are transported by ambulance to hospital. However, upon arrival, you are told there is no blood to replace your depleted supply. Your survival is threatened by this shortage.

Admittedly, this is an unpleasant scenario. However, with the supply of blood in this region at a dangerous low, it is a situation that warrants public

attention.

The Red Cross likes to maintain a supply of 1,000 units of blood. Unfortunately, however, after an accident-plagued holiday season, the supplies have dwindled to a scant 200 units. Blood collected in the Edmonton metropolitan region is used by 90 hospitals in Alberta and the North West Territories. Using these figures, the prospect of the demand exceeding the supply becomes a real possibility.

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Where to Look

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Morinville suffers another blaze	Page 33

A. Poulsen graduates from Harvard course

St. Albert resident Arne Poulsen went back to school recently, at prestigious Harvard University. Mr. Poulsen graduated on December 15, from the 34th program for Management Development (PMD), an intensive 14-week executive training course offered by the faculty of the University's Graduate School of Business Administration.

Mr. Poulsen said that the bi-annual course was a "good experience" and commented that Harvard is a "super organization." During his stay, he lived "right in the thick of things" on campus, attending classes six days a week. The relatively short course was conducted by the case method, with one case discussed in each class. Mr. Poulsen said the method proved very effective and practical method of study for the seasoned executives taking the course.

Only 126 experienced middle-level managers are selected twice yearly to participate in the program. Successful applicants are sponsored by their organizations in recognition of their potential for increased responsibilities. Mr. Poulsen said that between the 126 executives, they had 2,000

years of management experience. This resulted in a productive flow of information, not only between student and teacher, but between student and student. Mr. Poulsen was the only representative of the real estate and developing industries. Others were present from the auto manufacturing industry, ship building industry, the electronics business, computer firms and various other concerns.

This fall's PMD course included men and women from 27 countries, who represented more than 115 companies and governments.



ARNE POULSEN

council

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lifestyles.

Mayor Ronald Harvey expressed himself satisfied with the adopted strategy, saying that the ERPC had been working on it for three years. Chairman Margaret Smith commented that she could not accept the population figure which accompany Strategy B. According to those figures, St. Albert will have about 81,000 people by the year 2010, an average growth of about 2,000 people per year. Mrs. Smith expressed doubt that the city could accommodate such a growth rate. Ald. Bill Shields expressed his support of the B strategy, and Ald. Liesbeth Bakker found advantages to it, while pointing out that that strategy lacked an economic component.

Ald. Barry Breadner favoured the essence of the B strategy, but agreed with Mrs. Bakker and other

members that Strategy D contained elements which might be included to comprise a strategy favourable to St. Albert. Strategy D is concerned with Managed Economic Development which would provide diverse employment opportunities, increased economic stability and more equitably distributed income. Under the D strategy, a policy of accelerated growth would be maintained, while the B strategy would seek to maintain the historic rate of metropolitan growth. However, although some members found the growth rate aspects of the D strategy unattractive, they were approving of the strategy's emphasis on community development.

As a result of the discussion, Mr. Breadner moved that St. Albert support Strategy B or some variation of it, which does not essentially contradict the General Plan. The motion carried unanimously. Ald. Bakker then moved that planning staff study aspect of Strategy D for possible inclusion in B. Mrs. Bakker said that without the inclusion of Strategy D, St. Albert might end up still a totally residential community. The motion carried. The position taken by St. Albert is similar to that taken by Fort Saskatchewan.

immersion

Cont'd From Page 1

In answer to the often asked question - Can anglophones learn french? Mr. Laplante said research had proven this to be a remarkable fact. At present 40 percent of students enrolled in the Edmonton Separate's immersion program are from Anglo-Canadian homes.

The Edmonton experience has also shown that bilingual centres (entire schools devoted to bilingual education - i.e. J. H. Picard and Grandin) have a much greater success rate than schools which have an immersion program in addition to the regular English program. The Edmonton system was losing about 50 percent of its immersion students over a five year

period before implementing the centres.

Mr. Marcel Doucet, spokesman for the parent group, made public a petition his group had circulated among parents of children involved in the Parish Kindergarten, the Bilingual Playschool, and Grandin and J. H. Picard schools.

The petition, which was forwarded to the minister of education, Julian Koziak, called for a revision of present grant structures for transportation and school operation to favour the establishment of a french language immersion program in St. Albert. As of now no response has been forthcoming.

The petition carried 148 signatures (about 75% of the parents involved).

At present the transportation costs of sending students to Edmonton schools are born by District 3 but increased costs may necessarily be born by the parents as the Board's deficit in this area grows.

Trustee Ken Porter asked the administration to prepare a cost study - busing to Edmonton versus an immersion program in St. Albert. He also asked for a study of the educational impact on the student in a St. Albert program versus busing into Edmonton schools. The matter was sent to the Board Policy Committee for further discussion and study.

No time frame has been set for a committee response to the proposal.

MPC

Cont'd From Page 1

Settlement. The developer had requested to subdivide an area between the road and river from the remaining lot. The lot in question is the first lot east of the Hole Vegetable Farm. Should the ERPC approve the development, it was recommended that a dedication would be asked for immediately.

The MPC also recommended refusal of permission to subdivide a three-acre parcel south of Big Lake from a nine-acre parcel. City Administrator Bob Byron made the recommendation on the grounds that the move would put country residential too close to city residential areas.

INDUSTRIAL PARCELS DISCUSSED

A request to subdivide a part of the Gagnon Estates by the cement plant and clay pits provoked some discussion.

the matter to the Provincial Planning Board. Mr. Breadner commented that there was no method by which these subdivisions can take place before death. At death, he said, the house site would become a separate parcel. He stated that he wished there was some way to arrange a lease for such situations. The motion to recommend refusal was made by Mr. Byron and carried.

An application to develop a site near Sherwood Park won a recommendation to approve, subject to adequate buffering around the area, and the stipulation that only high quality light industry would be permitted.

An application to rezone lands north of Highway 16 east and north of Turbo Resources refinery failed to win approval, as the commission acted on an ERPC staff recommendation to oppose the construction of the new manufacturing location. Those concerned felt that the company should attempt to find a suitable site in a properly zoned area.

Mr. Gordon agreed that it wasn't an issue for St. Albert to worry about, but said that St. Albert "might not like the same thing to happen to us." Mr. Byron responded that he didn't mean that these concerns were a "wasted consideration," but meant that the MPC should support the subdivision, and that the city's ERPC representative, Mrs. Liesbeth Bakker could relay regional information to the ERPC. The recommendation to approve the subdivision was carried.

The MPC also took action regarding several Preliminary Regional Plan amendments. On the first application, Mr. Gordon suggested that a metropolitan overview was needed concerning industrial lands. He said that the question of continuing to add to the inventory of such land will never be addressed unless someone looks at the general picture. He commented that the North West Industrial Strategy Report had overlooked the transportation and servicing implications in its assessment of the situation. Mr. Byron then recommended that the application be opposed on the basis of an ERPC staff recommendation. The motion to oppose carried.

An application to expand a mobile home park was supported by the MPC on a motion by Mayor Ronald Harvey. The development had begun in 1970 and is in its third stage of development.

OPPOSE WITH REGRET

It was with some regret

the matter to the Provincial Planning Board. Mr. Breadner commented that there was no method by which these subdivisions can take place before death. At death, he said, the house site would become a separate parcel. He stated that he wished there was some way to arrange a lease for such situations. The motion to recommend refusal was made by Mr. Byron and carried.

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blood

Cont'd From Page 1
comes a real possibility.

CLINIC TONIGHT

To keep such a catastrophe from happening, only people can help, by giving blood at blood donor clinics. Such an opportunity will arise tonight for St. Albert residents when the Legion ladies sponsor a blood donor clinic from 7 - 9 p.m. at the Legion Auditorium. The goal for the clinic is 200 units, and it is in the interest of all city residents to attend if possible to give this vital resource.

The collection of blood is being concentrated in the Edmonton area to facilitate the crucial processing of blood components. This collection must be done near a large urban area, as processing components must take place within four hours of collection. In rural areas, blood to be used for whole blood is collected. In recent years it has been discovered that components are useful, as whole blood tends to overload the system, when only one component is needed.

The Edmonton Red Cross processes three components. The first of these is cryoprecipitate, one of the clotting factors in the blood used in the treatment of hemophilia, a disease where

hemorrhaging will not stop as the blood will not clot. There are 60 hemophiliacs in that the commission moved to refuse a request to rezone a parcel near Ellerslie. The current owner had requested to split out the house site for retirement purposes and turn over the remaining land to his son. However, a motion to approve would have set a precedent, the commission was told. Mr. Gordon stated that the ERPC had refused the application in June but said that the man could re-apply to subdivide and take this service area and 20 boys having Christmas Disease, a similar condition to hemophilia. Cryoprecipitate from one donor is not nearly enough to supply the needs of one patient. A bleeding patient might need 10-20 units, while a patient undergoing surgery might require 200 units during his operation and recovery.

PLATELETS TREAT LEUKEMIA

Another component consists of blood platelets, used in the treatment of leukemia. In the treatment of this disease, chemotherapy and cobalt bombardment cause the essential platelets to be destroyed. These must be replaced to stop hemorrhaging. This is a very unstable component which must be processed within two hours of collection. In this case, as in the cryoprecipitate, one unit is insufficient for one patient. Each case requires an average of 10-12 units. To further complicate the collection of this essential component, blood platelets can only be kept 48 hours after collection. However, in this service area, that is not a problem, as platelets are used as quickly as they are processed. Platelets production here has jumped from 45 units to 500 units in the past year. However, this tremendous increase in demand has not been matched by an increase in donors. Many more donations are needed to fight this insidious disease which often attacks children and young people.

The final component used in Edmonton is the red cell component. These are used for fighting anemia, in surgery, and anywhere that whole blood might be used.

The Edmonton area collect about 52,000 - 53,000 units per year, but more is desperately needed. By attending tonight's blood donor clinic, you may give a gift that might someday be returned.

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SUNDAY,

JANUARY 15th

2 PM

Recommend Mission park for tennis facility

Questions and answers were lobbed gently back and forth Monday night when members of the St. Albert Tennis Club appeared before the committee of the whole of city council. The club representatives were present to answer questions regarding the club's 1978 budget proposals for tennis facilities here in the city.

Appearing on behalf of the club were Cynthia Sage, Dave Rudge and Tom Diczeghy. Mrs. Sage told the council the club had formed a tennis planning committee which would be willing to help the city in planning for the development of facilities.

The club's written submission contains proposals for the expansion and upgrading of tennis facilities at the Mission, Sunset and Akinsdale courts. The Mission courts were given the first priority as it was felt they were centrally located, close to schools and sheltered from the elements, as well as being of a high standard of construction. The club proposed that two new courts be built at Mission, with repairs made to existing court surfaces and equipment. The Tennis Club will contribute to capital improvements as negotiated with the city, with the contribution based on available club funds.

The club chose the Sunset court as their second priority, proposing that windscreens be installed, repairs be made to court surfaces, and improvements be made to additional courts on the

south part of the reservoir. They also suggested that a sand box and play area be provided next to the courts.

AKINSDALE COURTS DETERIORATED

Akinsdale was listed as the club's third and final priority. At that site, replacement of centre fencing is needed, as well as surface repairs and other small improvements. A sand box and play area was suggested for this area as well. The club members made clear, however, that the current poor quality of the playing surface at the Akinsdale Courts makes it the least desirable facility for club activities or tournaments. In their report, the club recommended that no major expenditure be made to upgrade these courts unless the city plans major improvements to the construction. The Akinsdale courts have been in use for one season.

The club representatives told the council that centralizing facilities at the Mission courts would allow better organization of tournaments, school tennis classes, private lessons and club activities. The clubhouse would get maximum use and playing time would be better distributed for the various programs.

Alderman Bill Shields asked the club members if the congested situation at the Mission courts could not be relieved by the provision of two courts at Lacombe Park

area and two courts in the Grandin area. In that way, suggested Mr. Shields, the casual player and schools could use these courts, leaving Mission for club activities and tournaments.

Mrs. Sage replied that two courts in these neighbourhoods would not be of help to the schools, as they require more than two courts to teach their classes. Mr. Diczeghy

said that financial concerns dictated the Mission courts as a site for a centralized facility as it already had a building, and the facilities are in good condition.

Ald. Barry Breadner moved later in the meeting that the matter be assessed by recreation staff and then referred for budget consideration.

District 3

Annual meetings dropped

Lack of response to past meetings has prompted trustees of the St. Albert District 3 to discontinue their annual ratepayers meeting.

Trustees Al Alain and Ken Porter in supporting a motion to retain the meetings said that, although the meetings were drawing almost no response from the ratepayers, it was the trustees responsibility to have one.

Trustee Alain felt that a meeting should be held this year and if no interest was shown once more then the format should be dropped. He hoped that the emergence of several parent advisory committees throughout the district would generate more interest than in the past.

The motion was lost when the board's two incumbents Ann Smith and Steve Sieben, voted against holding the meeting. Trustee Jerry Manegre was absent.

All members felt a better

way of reaching the public could be found. Ken Porter said he felt a more readable financial statement might be the answer. At present the statement is quite complicated and difficult for the layman to fully understand.

The Policy Committee was given the task of finding an alternative to the annual meeting.

Board members voted to retain publication of a 'Communications Bulletin' which was felt to be useful tool in informing people of District activities.

The bulletin was costing the district about \$1,000 to print but administration felt a lower price could be found.

Vital Grandin parents were pleased to hear the Board's decision to hire two 1/2 time teachers for grades one and two. Another 1/2 time remedial teacher will begin at the school February 1.

The St. Albert Community Band offers classes for

ADULT BAND BEGINNERS

15 Tuesdays at 7:30 p.m. in the Sir George Simpson Junior High School Assembly Area - Fee: \$15.00. First Class: January 17, 1978. Instructor: Mr. Eugene Osoba

Persons interested in learning to play a band instrument are encouraged to phone - 458-6396. To pre-register for this class and To reserve their instructional materials.



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Human relations group formed

The St. Albert Human Relations Association has been founded in response to a growing interest in the personal relations fields. The Association has drawn on the resources of the St. Albert Community Services Department, the Family Life Education Committee, Parks and Recreation, and the Further Education Services. These organizations previously offered many of the courses which will be available in St.

Albert during the next three months. It is hoped that a co-ordinated approach to the human relations area will make citizens more aware of the wide variety of courses at their disposal.

Transactional Analysis, Introductory Communication Lay Counsellor Training and Decision Making are available to individuals wishing to look at the way they relate to others and the world around them. Interpersonal rela-

tionships in marriage and the family are studied in depth in Marriage Preparation, Children the Challenge, New Mother and Adoption. Living Single reviews the possibilities for personal growth which can arise from an ended relationship, as well as strategies for daily survival and single parenting.

A more complete description of the courses being offered may be found in the St. Albert Parks and Recreation and Further Education Bulletin. Questions or suggestions for the Human Relations Association may be directed to Charles Gale of the Community Services Department at 459-6601.



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Joe at work

Newest real estate firm is founded on experience

In the real estate business, experience is an invaluable commodity. Based on this criterion, St. Albert's newest real estate agency rates as a top flight operation. At the newly-opened Bourgeois Cameron Real Estate, 116 Professional Building, the combined real estate exper-

ience of Therese Bourgeois and Vicky Cameron totals 26 years -- with almost all of that experience in St. Albert. They will concentrate this extensive experience and ability on serving the residential real estate needs of the city.

Therese Bourgeois is a rare commodity in this mushrooming community -- a native-born St. Albertian. Born and raised here, her father, Mr. Labelle, owned the butcher shop which was located just north of the Perron Street bridge. A lifetime in St. Albert has given her a familiarity with the ins and outs of the city that is hard to beat.

Vicky Cameron is no newcomer to St. Albert either. She moved here in 1970, working with Buxton Real Estate to establish their office here, and for whom she acted as manager. After a period of time with Buxton, she went to work for Weber Brothers Real Estate. She and Mrs. Bourgeois then decided to pool their considerable talents and establish their own firm.

In addition to their years in real estate, both women will bring a wealth of experience in dealing with families. Between them, they have 12 children, ranging in age from 14-upwards. This experience as mothers and wives has given them essential insight into the housing needs of families.

The brand new firm is starting business in an appropriate setting -- an elegant new office in the new Professional Building on St. Anne Street. The interior design was done by J. H. Wensley and Associates, architects, with the decor by Dale Austin. The sales people will be housed in individual offices, enabling customers to arrive at decisions in privacy, without distractions. A glistening stretch of windows overlook the river, while the walls are finished with oak strips and adorned with prints of the works of Rembrandt, Da Vinci, Renoir and Monet.

Customers at Bourgeois Cameron Real Estate will have access to the most modern methods for buying and selling their homes. A showcase of homes displayed in photographs is always on view, and clients can show and view homes, both inside and out, using a slide projector. For prospective buyers who are considering a move here, slides are available showing points of interest around St. Albert. Photographs are taken for the firm by George Wheatley.

Bourgeois Cameron Real Estate is open from 9 - 9, six days per week. The firms six salespersons and their day and evening receptionists are always ready to serve the real estate needs of the city.

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exterior walls of an average home and 2/3 of this outlay is a \$350 taxable grant. We'll provide you with complete details. Simply check and complete the coupon, and mail today.

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Programme d'isolation thermique des résidences canadiennes

Honorable André Ouellet
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AMBASSADOR BAND

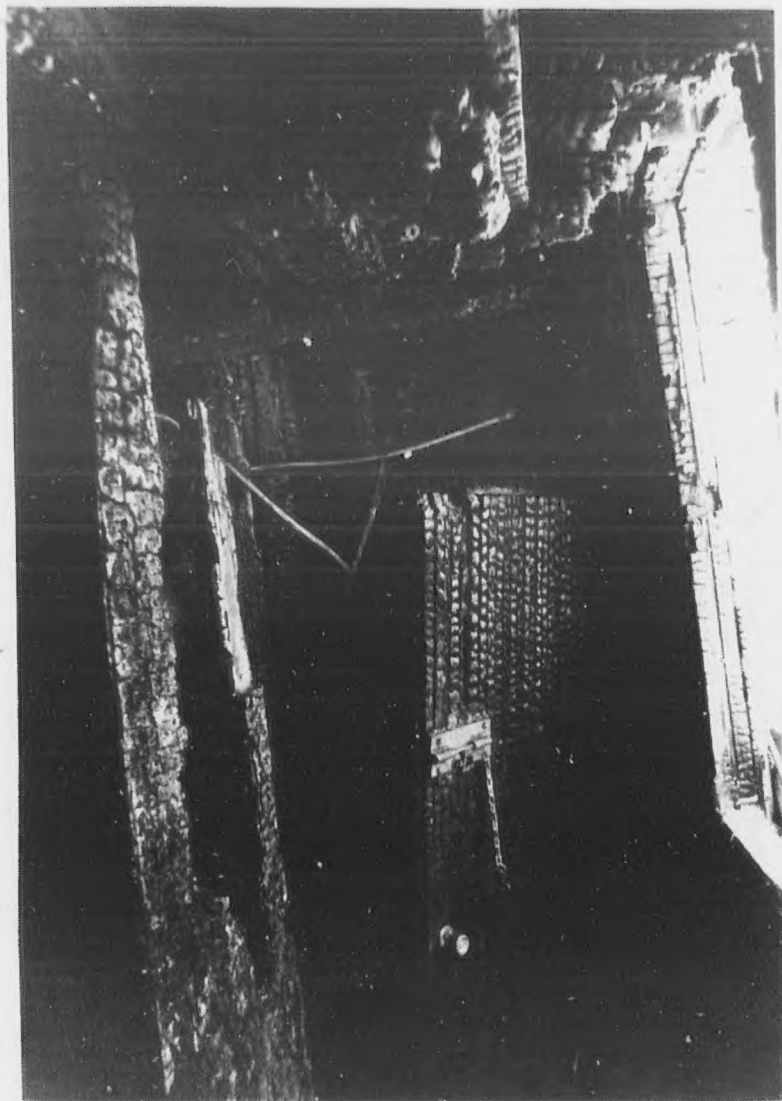
BINGO

CLUB MOCOMBO

SUNDAY,

JANUARY 15th

2 PM



Grandin rink shack suffered heavy damage from a fire Sunday night. Although the shack appears undamaged from outside, the interior is completely gutted by a fire which started in the janitor's area. The City is awaiting a complete damage report before making a decision on repairs. If a new building is required, a start would not be made until spring. At present the facility is shut down but, City officials hope to move quickly on a re-opening if possible. Investigations as to the cause were not complete at press time. It has not been determined whether anyone entered the building after closing Sunday evening.

Many factors cause cardiac heart disease

On November 15, the St. Albert Nurse's Interest Group met at the Glendale Golf and Country Club. After a short business meeting there was a discussion regarding our agenda for 1978. It was decided that since 1978 has been designated as The Year of the Child we would focus our meetings on that theme for the year. The membership expressed interest in the following topics: Child Abuse, Learning Disabilities, The Nursing Care of Children with Terminal Illness, The Gifted Child, The Nurse in a Neo-Natal Unit and The Legal Rights of Children. Plans for our Tenth Anniversary celebration to be held April 18 were put to the membership. The executive is anxious to know all members ideas regarding the bestowing of honour to individual nurses from our group past or present at this special social in April.

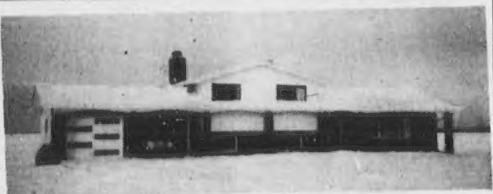
Dorothy Marsh R.N. from the Cardiac Fitness Institute was the guest speaker and her talk and film on fitness and lifestyles was most informative. Here are the highlights of her speech:

Cardiac Heart Disease is epidemic in proportion. One out of five people will contact Coronary Heart Disease before the age of 60.

We do know that CHD is probably a metabolic dis-

order in which lipid metabolism plays a major role. There are many factors which directly or indirectly alter lipid metabolism. Some of these factors which predispose to early development of coronary arteriosclerosis

have been identified as coronary risk factors. Let us examine them individually and see how a change in life style can alter risk factors thus reducing the chance of developing the disease. The time to alter lifestyles is not



LEGAL ACREAGE
Located just 3 miles from Legal, this 1900 sq. ft., 3 level split may be just what you are looking for! Basement is highlighted with a fireplace in the rumpus room and contains a 3 pc. bath and a spare bedroom. 3 bedrooms upstairs, large kitchen with sliding patio doors and sun deck off the dining room. Double garage. For more information call Lorne Strumbeck office; 459-7786 or res: 474-3989.



at the age of 50 but early in life before the disease is established.

UNMODIFIABLE RISK FACTORS:

Age is not too crucial if one is asymptomatic until 70 then infarcts, but the clinic is seeing more and more 35 year olds with this problem.

Sex is a factor as there appear to be increased numbers of women before menopause with infarcts.

Hereditary is a definite factor as family history strongly favors development of disease.

MODIFIABLE RISK FACTORS

One of these is hyperlipidemia, the increased blood levels of cholesterol and other blood fats.

The body produces cholesterol but we also contribute to blood levels of cholesterol and other blood fats.

The body produces cholesterol but we also contribute to blood cholesterol levels by our dietary intake. Our North American lifestyle - bacon, eggs, hamburgers, french fries, ice cream and cheese promotes increased consumption of fat. A sudden change in diet is not likely to prevent a 55 year old man from infarcting but by controlling cholesterol intake he may be able to slow the process. More important is the low cholesterol diet at age six years which may well retard the development of arteriosclerosis for decades. The type of food we enjoy is a learned response - we like them because we have been

Please Turn to Page 8



ST. ALBERT

1859 sq. ft. split-level, double garage, carpets, sliding patio doors, basement development.

1136 sq. ft. bungalow, single attached garage. Carpets, in L.R., D.R. & bedrooms. Ideal for that starter home.

1238 sq. ft. bungalow, fireplace, single garage. Close to new arena. For viewing or information, call Eric or Anna Bokenfohr. Office: 459-7786 Res: 458-6862

JUDICIAL SALE OF RESIDENTIAL PROPERTY

The following property is offered for sale by tender, subject to the restrictions in the existing Certificate of Title:

LOT FORTY-FIVE (45) IN BLOCK ONE (1) IN THE TOWNSITE OF ST. ALBERT, AFORESAID, AS SHOWN ON SUBDIVISION PLAN G-2 RESERVING THEREOUT ALL MINES AND MINERALS

Municipally described as #6 Belmont Drive, Braeside Subdivision, St. Albert, Alberta.

Single storey - conventional residence, total area 0 1,118 square feet. Contains seven rooms, excluding basement

Tenders in sealed envelopes marked S.C. 127086 accompanied by a certified cheque or cash for 10% of the amount of the tender must be in the hands of the Clerk of the Supreme Court, Court House, 611 - 4th Street S.W., Calgary, Alberta, T2P 1T5, by twelve o'clock noon, January 31, A.D. 1978.

The balance of the purchase price shall be paid into Court within 30 days after acceptance of tender. If the successful tenderer does not complete the purchase after acceptance of his tender, the deposit shall be forfeited. The highest or any tender not necessarily accepted. Cheques of unsuccessful tenderers will be returned to them.

For further particulars apply to Messrs. McCaffery & Company, 17th Floor, Ford Tower, 633 - 6th Avenue S.W., Calgary, Alberta, T2P 2Y5, Telephone No. 263-7570.

Dated December 22, A.D. 1977.

APPROVED:

"GLENDA K. KOHLSMITH"

Clerk of the Supreme Court Chambers.

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All Other Watches In Stock

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Letter to the Editor

Scout coverage inadequate

During the December meeting of the 3rd St. Albert Cubs and Scouts Group Committee, concern was expressed about the lack of recognition given by your newspaper to the Cubs and Scouts that attended the Remembrance Day Parade. While we acknowledge the fact that the Remembrance Day Parade is primarily a military affair, Cubs and Scouts were invited to attend. We were very pleased by the number of Cubs and Scouts that attended the parade and feel that some recognition of their presence should have been given by your newspaper.

The Scouting and Girl Guide movements are very active in St. Albert, yet they receive very little publicity. In many instances the Scouting movement has only itself to blame for the lack of

publicity given to Cub, Scout and Beaver activities. However, attendance at ceremonies such as the Remembrance Day Parade by Cubs and Scouts should be acknowledged.

Stuart E. H. Hunt,
Chairman
3rd St. Albert Group
Committee.

EDITOR'S NOTE:

A meeting of Scouting and Guiding leaders Monday evening resulted in an understanding that an effort would be made to provide the Gazette with more information regarding their activities. Although manpower restrictions make it impossible to fully cover the Scouting and Guiding movements in St. Albert, we will be pleased to accept news of their activities.

Pleased with St. Albert

The following letter, addressed to Mr. Cliff Keyes, administrator of the Sturgeon General Hospital, reflects upon our hospitable community:

The stories about the hospitality, kindness and care extended to visitors by people in the West of Canada are legend, but being somewhat of a skeptic, I have always viewed them with some suspicion.

My suspicions were laid to rest during the first few months of my residence in Edmonton, as I had plenty of opportunity to travel about the province, as well as evidence from friends, colleagues and acquaintances visiting me here. There is simply no doubt as to the veracity of these stories.

However, if any doubt had remained in my mind, it would have been completely removed by the examples of personal interest, effort and concern demonstrated by many different residents of St. Albert during a recent mishap which befell me while visiting that community. I went tobogganing on the famed, or ill-famed "Seven Hills of St. Albert," and when the toboggan and I parted company, I sustained serious injuries. A Dr. MacDonald, who was enjoying a

holiday on the slopes, checked me out, put me in his van and took me to the hospital. During my 10-day stay there I was accorded the finest care and treatment anyone could expect in any hospital in North America or elsewhere, and I have been a patient in a number of them. But it wasn't the treatment alone, but the personal interest, care and attention that staff exhibited, from administration, medical, and technical to the bustling, smiling lady who cleaned up our rooms each day.

My career could conceivably take me elsewhere in Canada, but as long as I remain in Alberta, and no matter where I go, I shall always have a special place in my heart, mind and memory for St. Albert, and in particular, the staff of Sturgeon General Hospital and the many dear friends made among the patients while a patient there, and of course, my good physician and friend, Dr. "Smiley" Gramlich.

Take pride in your hospital, people of St. Albert and area, you're really in good hands.

Ken Richardson,
Edmonton, Alberta.

To jail or not to jail

The question of the efficacy of jails, a long-debated issue, was raised once more in a recent issue of The Washington Monthly. The article quoted from a New York Times report on changes in the Swedish correctional system.

Said the Times report: "The Swedes have one of the most progressive and humane prison systems. The government has striven to keep prison populations low, to meet out short sentences, to provide a vast array of services and support facilities for inmates, and to experiment with minimum-security detention centres."

"Despite these efforts the prison system has failed to

make significant inroads in the rehabilitation of criminals, particularly among those with previous convictions, whose rate of return to prison is over 70 percent, as high as anywhere in the world."

However, the "Times" suggests that this is evidence of the fact that prison fails to rehabilitate and so are ineffectual. In its analysis of the story, the Washington Monthly disagrees with this conclusion pointing out that the evidence suggests increased, not decreased use of prisons, as much for the protection of society as for the rehabilitation of criminals.

Quebec wants control of media

Each time it looks as though the Quebec government might be moderating its more determined aspirations to independence, it moves in most remarkable ways to undermine confidence. Amy Booth reports in The Financial Post.

Having accepted the Supreme Court of Canada decision recognizing the federal government's authority in the cable field, Quebec immediately made known it would like, as a "compromise" solution, those powers and a few more as well. In a letter tabled in the National Assembly, Communications Minister Louis O'Neill proposes the federal government delegate to Quebec power to control and regulate cable distribution enterprises operating on Quebec territory.

As well, Quebec wants control over Bell Canada's activities in the province, the power to issue radio and television permits and to regulate programming of private radio and television stations. It also wants a say in the development of Canadian Broadcasting Corp. in Quebec and full power over telecommunications.

In the past year various government officials have also made statements upholding the freedom of the press. But the government may move in on distribution, begging the question of how free is a press that is controlled in this way.

The government is in the early stages of a study, scheduled to take five months, that will examine all aspects of distribution of the printed word, from ownership to whether outlying areas are served as quickly and as fully as the centre of downtown Montreal. Researchers will look at special and general publications in French and English, paying special attention to those with a broad distribution. The Communications Department notes this is a

sector where the success of foreign products is most likely to be at the expense of the Quebec-produced.

The government wants to know, too, whether the province should take over distribution completely, or, through a mixed enterprise system, only parts of the system in certain areas.

PRICE OF ENERGY FUNDING STEADILY GROWING

Massive overseas borrowing, strains on domestic debt and equity markets and considerable financial innovation will result from funding the upsurge in

year, or to 5.3% of gross national product (vs 4.5%).

Dawson said in the peak investment period of 1981-85 some planned investments would have to be deferred. Gestrin said the energy sector's demands on the bond market would double over the next five years. Public financing by the electric utilities alone would average about \$5 billion a year.

Business Scene

ZINC EXPORTS ENDANGERED

Canadian zinc producers are in danger of becoming one of the next targets of growing U.S. protectionism. Hyman Solomon reports in The Financial Post. The U.S. zinc smelting industry is on the verge of filing a widespread injury claim with the U.S. International Trade Commission. The Post understands. If the ITC agrees that zinc imports have caused injury to the industry, it could recommend anything from across-the-board tariff increases, to import quotas "or worse," one U.S. trade negotiation official says. Canada is by far the dominant zinc exporter to the U.S. In the past four or five years, Canadian zinc sales have amounted to more than 50% of all U.S. imports. Australia and Japan trail far behind with about 7% each. In 1976, Canada's sales to the U.S. were valued at \$218 million. Because of depressed market conditions, exports by Canadian and most other producers are down this year - but even so, they account for about 50% of the total zinc metal market, vs 63% in 1976.

energy-related capital spending in Canada in the late 1970s and early 1980s.

This, Peter Foster reports in The Financial Post, was the message delivered to the key Conference Board in Canada energy conference in Toronto recently by three of the country's leading energy economists: Ralph Sultan, chief economist of Royal Bank of Canada, Bengt Gestrin, vice-president and economic adviser to Canadian Imperial Bank of Commerce, and John Dawson, executive director of the Canadian Energy Research Institute.

At the moment, a vast array of capital spending is planned and underway in energy. This includes the \$16-billion James Bay project, the \$10-billion-plus Arctic pipeline, more tar sands and heavy-oil projects and new electricity generation plant. Total annual energy investment is expected to increase to \$19.4 billion in 1982, vs \$9.4 billion this

BYE-BYE, BRICKLIN

Rumors of the death of New Brunswick's Bricklin sports car project are not exaggerated, Roger Worth reports in The Financial Post. Premier Richard Hatfield's Conservative government is selling the assets of U.S. promoter Malcolm Bricklin's ill-fated company, anticipating a direct loss of at least \$18.7 million, give or take a few million.

Hatfield and his government invested increasingly large amounts in the project over a period of years, helping Bricklin to produce about 2,800 of the jazzy sports cars in two New Brunswick plants. In addition to the provincial government, the federal Department of Regional Economic Expansion will lose about \$4 million, while banks and other creditors are not expected to receive anything.

The Canadian company hasn't been placed in bankruptcy, although promoter Bricklin left creditors holding \$36 million in worthless bills when he was forced into personal bankruptcy in Phoenix a couple of years ago.

Canada gives \$27.5 million to Zaire in loans & grants

Canada has agreed to contribute \$27.5 million in loans and grants to help Zaire develop its forests, agriculture and to manage the environment, the Secretary of State for External Affairs, the Honourable Don Jamieson has announced.

Supply and Services Minister Jean-Pierre Goyer, responsible for Canadian relations with Francophone countries, signed the new agreements in Kinshasa on Friday.

Under the agreements Canada is providing \$10,300,000 in long-term loans and \$7,500,000 in grants for the purchase of Canadian equipment to Forescom, a state-owned forest development corporation, which employs 20 percent of the country's forestry labor force.

These funds will be disbursed over a five-year period starting in 1978-79 on a variety of heavy equipment used in forestry cutting

operations as well as in the manufacture of wood products. The grant funds will be spent over five years on technical assistance from Canadian experts.

Canada is contributing \$5.5 million in loan funds to an \$18,422,000 integrated rural development project in which the World Bank, France and Germany are participating. The CIDA funds will go towards a project to recreate traditional ways of cattle raising. It includes the renovation of two abattoirs, provision of two Canadian veterinarians, medicaments and equipment.

Zaire's departments of agriculture, environment and public works will also be assisted by Canadian experts under technical assistance grants of \$4,075,000 over a three-year period. The Canadians will train counterparts to take over at the end of the period.

QUOTE

"Canadians love to sit in the dark, trembling with fear at weather forecasts."

Robert Morley, British actor.

The Gazette

A WEDNESDAY WEEKLY

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W. E. JAMISON
Publisher-Editor

JIM MCINTYRE
Assistant Editor

Brighter outlook for 1978

The economists don't agree on the specifics, but in general they do agree that 1978 is going to be better for the Canadian economy than 1977.

Recently published forecasts contain such economic good news as a more stable Canadian dollar, increased exports, and a higher real growth rate for the economy as a whole.

Real Growth: Finance Minister Jean Chrétien said he sees no reason to revise the government's forecast of a real growth rate of 5 per cent for 1978, in contrast to the predicted 2 to 3 per cent for 1977 as a whole. The 17 financial institutions surveyed by the Conference Board in Canada predicted a more moderate growth rate of 4.4 per cent for 1978. Spokesmen for the Bank of Montreal and Wood Gundy Limited estimated rates between 4

and 4 1/2 per cent. A panel of business leaders at the Metro Toronto Board of Trade's annual business outlook seminar in December predicted a 1978 real growth — after allowing for inflation — of about 4 per cent. In a recent survey of Western European nations, the United Nations revealed that only France, West Germany, Ireland and Norway could expect growth rates in excess of three per cent for 1978.

Inflation Rate: Predictions for 1978 ranged from the government's 6 per cent estimate to 7 per cent estimated by both Earl Bederman, economist with Canada Permanent Mortgage Corporation and by the Conference Board. Dr. John Grant, Woody Gundy Limited, predicted a 6.5 per cent inflation rate at the Alberta Economic Outlook

Conference. Toronto economist J.J. Singer forecast an increase of about 8 per cent in the Consumer Price Index but was optimistic that the "implicit" price index — which measures all factors in the economy — would increase by only about 6.2 per cent. Gerald K. Bouey, Governor of the Bank of Canada, said "It is not unreasonable to suppose that we Canadians, if we act sensibly, can reduce our rate of inflation next year to roughly the same, or even a little lower rate, than that of the United States."

Employment: Earl Bederman, Canada Permanent Mortgage Board, predicted an unemployment rate of 8.3 per cent in 1978 in comparison with 8.1 per cent in 1977 — and 8 per cent in 1979. Singer predicted a growth in total employment of about 2 per cent or 175,000 jobs — about the same as for 1977. Bank Governor Bouey cautiously stated "It is not unreasonable to suppose that we can achieve a quite respectable increase in employment and in the physical volume of production in Canada."

Exports: Kirzner predicted that, depending on economic recoveries in the United States and other industrial nations, Canadian exports would rise by 4.7 per cent in real terms. William Mulholland, president of the Bank of Montreal, said Canada's exports should do moderately well in 1978 because of increased economic activity in the United States, Europe and Japan.

Crop news favourable

The final estimate of 1977 crop production released in December by Statistics Canada is a generally favourable one for the consumer.

The major grain and oilseeds,

Blood is urgently needed in Edmonton region

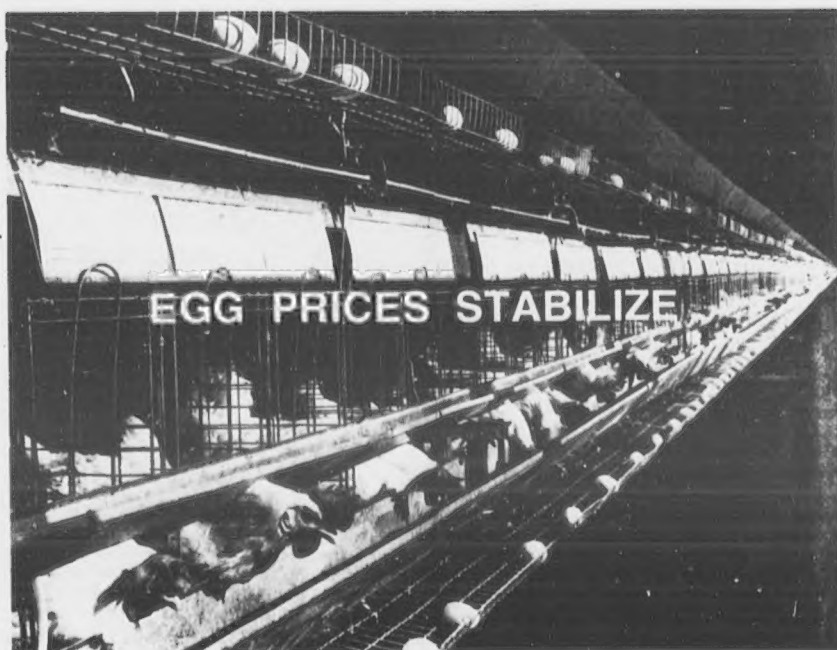
Remember the Red Cross Blood Donor Clinic? The one you and thousands of other Canadians forgot about last year in the rush of the holiday season.

We remember last January. It was a time of the crunch. The holidays meant there were fewer blood donor clinics held and the blood supplies were running low.

It happens every year and it's the result of the combination of a lot of holidays coming together and people juggling an already overcrowded social schedule.

It happened last year but it doesn't have to this year. Not if you remember to give blood as your final and most important gift of the season.

Anyone wishing to make this vital contribution can do so by attending the blood donor clinic sponsored by the Legion Ladies tonight from 7 - 9 p.m. at the Legion Auditorium.



Egg Prices Stable

Egg prices in Canada appear to have stabilized during the past few years following dramatic increases of 44 per cent in 1973 and almost 11 per cent in 1974.

While prices did increase by about nine per cent during 1976 they actually declined by 0.7 per cent during the previous year and increased by only one per cent during 1977.

However, even though prices have stabilized, that doesn't mean they cost the same across the country. In December, for example, people in Toronto,

Montreal and Vancouver were paying 82 cents, 85 cents and 88 cents respectively for a dozen eggs.

Declining grain prices have

been a primary factor in the recent price movement while other contributing factors include advancing technology and increasing productivity.

A Look At Other Centers

EDUCATORS LOSE TO COUNTY OFFICIALS

The restructuring of the Leduc county administration last week set the scene for a power struggle between the county's educators and its officials. The educators lost their bid for a greater voice in the county system.

The struggle arose over two different concepts of the restructured administration. The Board of Education favoured a system in which the school superintendent would have been the chief administrative officer of the structure, with the county secretary-treasurer heading up the municipal committee only. The educators also proposed that the Assistant Secretary Treasurer for school matters would be responsible only to the Superintendent, and not the county Secretary Treasurer.

However, the school board's proposal was rejected by county council. Instead they approved an administrative structure that would give equal authority to the Secretary Treasurer and the Superintendent of schools in areas of finance, education, facilities and transportation.

According to county officials, the defeated proposal did not reflect the county form of administration, as it split it into separate school and municipal districts. Officials pointed out that this tendency is frowned upon in government circles.

Board of Education Chairman Dr. Griffiths expressed disapproval, stating that conflict arose between the School Act and The County Act. Because of the conflict, Reeve Ollenberg consulted with the Deputy Minister of Municipal Affairs on the subject, who said the County Act took precedence. However, Dr. Griffiths felt the Department of Education should have been consulted.

NOTICE

Re: The Education Committee of the St. Albert Protestant Separate School Board

To encourage public involvement in important educational issues, Dr. Wes Penner, The Chairman of the Education Committee of the St. Albert Protestant Separate School Board, invites input from parents and community groups or agencies regarding educational concerns and proposals which would serve as interesting topics for discussion at future public meetings of the Education Committee.

If you have any suggestions, please complete the form below and return it to the Superintendent of the St. Albert Protestant Separate School District, 60 Sir Winston Churchill Avenue, St. Albert, or to the Principal of a District School.

Name:
Address:
Telephone:

I submit the following suggestions for the consideration of the Education Committee:

1.
2.
3.

If more space is required, please attach a separate submission.

ST. ALBERT & STURGEON GAZETTE, WEDNESDAY, JANUARY 11, 1978 - 7

Think small

by Jim Smith

Who's In Charge Here?

Democracy, as the saying goes, is a form of government where elected officials take over the ship of state and attempt to steer it in all directions at once. Democracy is a form of government where one is free to say what one thinks — even if one doesn't think.

Democracy, so the theory goes, is the ultimate expression of majority rule. The majority elects representatives who proceed to enact laws which reflect the opinions of that majority which elected them. There are even people who believe that democracy is being practiced in Canada.

Unfortunately, some of the things which seem too good to be true, aren't. That's certainly true of our "democracy". It's not entirely clear just what we do have — but it certainly isn't democracy.

Kenneth McDonald, a Canadian political writer of some standing, recently published a new book titled "Green Maple: How Canada Could Attain Peace, Order and Good Government". Among McDonald's points is reference to a joint Commons-Senate Committee investigating methods by which a governing party could evade the Parliamentary process. The study found that there are at least "14,000 regulations and other statutory instruments that allow Cabinet and individual ministers, usually on the advice of civil servants, to make decisions without Parliamentary approval."

Note the two key elements in the Committee's conclusion: (a) that ministers can evade Parliament and (b) that the civil servants can control the ministers who are not reporting their actions back to Parliament. (b) leads to (a) which makes a moc-

key of the concept of elected "representatives".

Even within their own party, MPs rarely have a voice in decisions. Backbenchers have virtually no say in party policy. Non-elected senators, party directors and fund-raisers often influence the final outcome. The dwindling reserves of talented manpower in the ranks of Ottawa's backbenchers can be traced directly back to their lowly status.

Democracy depends on power resting with the elected representatives as individuals. Even party unity can defeat the democratic process. Backbenchers can be yanked off Commons committees if they fail to side with the party philosophy. Government backbenchers have no opportunity to criticize waste or bungling in the government — unless they are prepared to leave the party. In the United States, where members of standing committees cannot be removed until they have completed their legal terms, democracy is much better served.

The decline of democracy is of particular concern to the small business community. When a small group of people dictate the political decisions for the entire country, only those groups with the loudest voice will be represented. Political strength is tied to economic power. Consequently the preservation of a well-oiled Parliamentary system is vital if the ordinary firms and people of this country are to be properly represented.

It's time we were all allowed to share in the political mistakes rather than letting a handful of men in backrooms have all the fun.

"Think small" is an editorial message from the Canadian Federation of Independent Business.

Community Services Report

Submitted by Community Services Department

ALBERTA WINTER GAMES

The Alberta Winter Games will be held this year in Medicine Hat from March 1-4 and playoffs will be held to decide who will represent Zone 5. Following is information about contact people and some of the dates.

BADMINTON

Playoffs for both singles and doubles will be run in St. Albert High School on January 21. Contact Mrs. Cynthia Sage, 42 Ridgewood Terrace, St. Albert, T8N 0E9 (Ph. 459-7624) before January 19.

BOXING

The tentative date for try-outs is January 28. Contact Mr. Vic Dikitis, Box 1620, Grande Cache, Alberta, T0E 0Y0 (Ph. 827-3369) for information.

CURLING

The playoffs will be run with the Northern Alberta Senior Ladies Championship which will be held at the Thistle Curling Club from

January 22-29. Information can be obtained from Mrs. Noreen Troock, 8608 - 58 Street, Edmonton T6B 1K7 (Ph. 466-8746).

FENCING

No playoff has been arranged as it appears that the St. Albert Fencing Club is the only one in the area. If interested in the Games, contact Mr. Tom Schwarzkopf, 18 Labelle Cres., St. Albert, T8N 2G5 (Ph. 427-7921 (Bus.) or 459-4275 (Res.).

FIGURE SKATING

January 28 at Strathcona Olympiette Centre is the date and place arranged for the figure skating playoffs. For information contact Mrs. Olga Roszko, Box 326, Whitecourt, T0E 2L0 (Ph. 778-3961 or 422-6611).

BOYS' HOCKEY

Teams should contact Mr. Tom Hutton, 4742 - 49 Street, Drayton Valley, T0E 0H0 as soon as possible. Phone numbers are 542-5165 (Res.) and 542-4495 (Bus.).

JUDO

Playoffs will be held

during the first week in February in Sherwood Park. Briane Anderson is the contact person. His address is 12 O'Brien Drive, Fort Saskatchewan, T8L 2L3; ph. 426-0001.

RACQUETBALL

Tryouts will be held in Sherwood Park, probably on February 3, 4 and 5. Contact Mr. Ivan Somlai or John Van Doesburg, Sherwood Park Recreation Department, 2025 Oak Street, Sherwood Park, T8A 0W9, (ph. 467-2211).

CROSS COUNTRY SKIING

The playoffs will be run on January 28 at the Devon Ski Hill after the Alberta Championship races at about 1 p.m. The registration fee is \$2 which should be sent in before 8 p.m. on January 24. The contact person is Mr. Irvin Servold, Box 292, Devon, T0C 1E0, (ph. 987-3463).

TABLE TENNIS

Contact Mr. Irvin Servold or Mr. John Van Doesburg, 2025 Oak Street, Sherwood Park, T8A 0W9, (ph. 467-2211). The playoffs will be held on February 3, 4 and 5

in Sherwood Park.

TEAM HANDBALL

No playoff has been scheduled as the only known team handball in the Zone is in Leduc. If interested, contact Mr. Helmut Jost, Box 1512, Leduc, T9E 2Y8.

VOLLEYBALL

The registration deadline is January 18 and the playoffs will be held on January 28 and 29 in Paul Kane High School, St. Albert and Georges P. Vanier School, Morinville. Contact Mrs. Judy Wood, c/o Bertha Kennedy School, 175 Larose Drive, St. Albert, (Ph. 459-8696 - Res. or 458-6101 - Bus., or Mr. Gary Smith c/o Georges P. Vanier School, Morinville, T0G 1P0 (Ph. 939-4285 - Bus. or 469-2512 - Res.). Teams must be registered with the AVA by January 12. Contact Jean Reichelt at 454-5581.

Teams will be charged an entry fee which will be established once the number of entries is known. Please note the officials will be required.

WRESTLING

Wrestling playoffs will be held on January 28 and 29 at Ardrossan. Contact Mr. Gary Smith, c/o Georges P. Vanier School, Morinville, T0G 1P0 (Ph. 939-4285).

Information about karate, speed skating and weightlifting can be obtained by contacting the following: Mr. Rich Mercier, Community Services Department, City of St. Albert, (Ph. 459-6601) or Mr. Dale Withage Zone 5 Co-ordinator, Box 130, Spruce Grove, T0E 2C0. Zone 5 covers the area north to Swan Hills and Athabasca, south to Drayton Valley and west to Jasper, (not including Edmonton which is Zone 6).

SENIOR CITIZENS

Everyone is welcome at the Centre at around 12:30 p.m. on Thursday, January 12 when one of the health nurses from the Sturgeon Health Unit will be there to discuss some aspect of keeping healthy. This visit will follow the lunch which is provided each Thursday for a limited number through the meals-on-wheels program.

Any senior or anyone knowing a senior who would benefit from an occasional lunch at the Centre should phone Pat Gray at 459-7476 or Hettie Blades at 459-4756.

The senior citizens' choir

holds practices every Monday at 1:30 p.m. in the Centre. It has already given several public performances and new members will be made very welcome by Bertha Kennedy, choir leader.

Cards and bingo are played on alternate Tuesday afternoons at 1:30 p.m. Bingo will be the name of the game on Tuesday, January 17 with cards on the following Tuesday, January 24.

On Sunday, January 22, members of the Historical Society will be the hosts at a social afternoon which will be held in the Centre for members of the Senior Citizens' Club, starting at 2 p.m. Please put your name on the list on the board at the Centre if you plan to attend.

ESKIMO PARKA WORKSHOP

Prior to the workshop on constructing and sewing an authentic Eskimo parka in March, a preliminary meeting will be held on Tuesday, January 17 in Mission Clubhouse from 7:30 - 10 p.m. so that participants can find out what fabric to buy, the use of fur, etc.

The workshop itself will be held on Saturdays, March 4 and 11 in Ronald Harvey School from 9 a.m. - 4 p.m. each day. The class, for which the fee is \$12., will have a limit of 12 and participants must have basic

sewing experience and access to a sewing machine. To register and for further information, phone Pat Doerksen, district home economist at 939-4351 before Friday, January 13.

BROCHURES

By now, residents in St. Albert should have received, by mail, the brochures outlining the winter program - they were left with the Post Office on January 4. However, if anyone hasn't received one, they can be picked up at the City Hall, the Library or the Community Services at 20 Muir Drive. As Friday, January 13 is the deadline for the receipt of registrations, it would be advisable at this point to place the appropriate fee and the completed registration form in an envelope and leave it in the box on the counter at the Cashier's office in the City Hall before 5 p.m.

GROSVENOR RINK

Because of vandalism which occurred last weekend, the shelter at Grosvenor Park rink is out of commission until further notice. There is no lighting so night-time skating is not possible and as there are no changing facilities anyone wanting to skate during the day will have to change as best they can.

heart

Cont'd From Page 5

taught to like them. Children can be taught to like skim milk, margarine, baked or boiled fish, lean beef, fruits and vegetables instead of whole milk, ice cream, hamburgers and french fries. If the public pressured the food industry enough we could see an increase in polyunsaturated fats and a much more balanced nutritional diet.

Hypertension is a well established high risk factor of Coronary Artery disease. Twelve percent of the total population is hypertensive. Hypertensives develop about 50-50 either stroke or Coronary Artery Disease. The treatment of hypertension is a life long therapy and therefore the patient must be aware of the severity of the disease and the importance of controlling it.

Cigarette smoking is a definite risk factor in developing heart disease. The patient with CAD who smokes increases risk of sudden death by four times. Smoking increases heart rate and blood pressure. (Heart rate is the biggest deter-

minate of oxygen demand).

Obesity is not necessarily a risk factor in itself but is associated with other things such as hypertension and diabetes. Obesity increases the work load of heart and decreases exercise capacity. It also gives the person a poor self image which promotes depression, hostility and anxiety. This in itself induces a coronary-prone state.

Regarding stress factors and personality. We believe that heart disease is a social and psychological disease. Man's ability to adapt to stress plays an important role. Our society is a highly mechanized competitive place where emphasis is placed on production in terms of quantity instead of quality. Job competition and great social standing seems of paramount importance and there is a constant sense of having to "keep up." Probably it is not the exposure to stress which makes the person prone to CAD but the coronary prone persons inability or inadequate method of handling situations.

Concerning sedentary living, it is well documented that physical inactivity enhances the risk of CHD by Please Turn to Page 9

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IMMEDIATE DELIVERY

P.E.P. to fight unemployment

The Alberta government is committing up to \$2 million to fund the winter 1977-78 Priority Employment Program (P. E. P.).

The announcement was made Dec. 14 by Dr. A. A. Warrack, Minister of Utilities and Telephones, acting on behalf of Dr. A. E. Hohol, Minister of Alberta Advanced Education and Manpower.

Dr. Warrack indicated that the unemployment rate is expected to peak after Christmas, as it did last year.

"There is a definite need for such a program to create short term employment and work-experience opportunities for unemployed Albertans," he said. Employment on P. E. P. projects will begin in early January, and terminate by April 30, 1978. The recent influx of unskilled people from other parts of Canada is having an effect on Alberta's relatively low unemployment rate.

Provincial government departments, authorities, boards, commissions, corporations, councils and agencies may initiate short-term projects which will generate employment. Project activities will vary among participating departments, and will range over the entire province. An effort will be made to create some projects for special needs groups, such as the handicapped, and native people. The program covers wage costs of P. E. P. employees.

The 1977-78 P. E. P. will focus on employment opportunities that have a career development emphasis. The training element of previous years has been eliminated. Regular adult vocational training programs, offered at provincial institutions, will continue to be used to

develop and enhance employment prospects for the disadvantaged.

Recruiting and staffing will be the responsibility of participating departments. Departmental personnel offices will work in co-operation with Canada Manpower

Centres and other employment agencies in placing unemployed employables.

Unemployed Albertans, who have resided in the province in a non-student capacity for a minimum of 12 months, are eligible to be hired for P. E. P. projects.

Give joint grant to barracks restoration

In a presentation scheduled for Wednesday, January 11, the St. Albert Chamber of Commerce and the Midnight Twilight Tourist Association will make a joint grant of \$2,000 towards the restoration of the old Northwest Mounted Police Barracks.

The restored building, now located in Bridge Park, will become a Tourist Information Centre.

Mayor Ron Harvey will receive the grant at a Chamber luncheon to be held Wednesday in the St. Albert

Legion.

Chamber members will also get a preview of the new "Stamp Around Alberta" tourist campaign.

The new program sponsored by Travel Alberta in conjunction with the Midnight Twilight Tourist Association, places the emphasis on the promotion of In - Alberta Travel.

Details of the program including an audio-visual presentation will be given by Liz Clarke, secretary-manager of the Midnight Twilight Tourist Association.

Glance at the economy

Consumer Spending: Mulholland, Bank of Montreal, said that Canadians are choosing to save at record levels and the growth in personal spending in 1977 has been at the lowest rate since 1970. Grant, Wood Gundy, said he did not expect Canada's high savings rate to fall significantly in 1978 despite projected 11 per cent increases in total and personal disposable income. He predicted a 4 per cent increase in

real consumption after allowing for inflation. Bederman, Canada Permanent Mortgage Corporation, also estimated a 4 per cent increase.

Value of the Canadian dollar: The Canadian dollar could rise to 94 cents (US) in 1978 according to Eric Kirzner, professor of political economics at the University of Toronto. Grant, Wood Gundy, predicted a rise to 92 cents.

heart

Cont'd From Page 8

two to three times. Exercise promotes cardiovascular health. It has been shown that the amount of exercise is crucial as far as producing and maintaining a training effect on the cardiovascular system. The exercise must involve more than 50% of the persons maximum oxygen utilization and increase pulse rate to about 80% of maximum.

The Edmonton Cardiac Institute was formed to promote and advance medical research dealing with the effect of physical activity on the health of people suffering from CAD.

The Institute hopes to encourage increased productivity and quality of daily living for people with CAD and make public more knowledgeable about all aspects of CAD.

Its ultimate goal is to reinstate the person with heart disease back to a productive working and social society.

Going ice fishing? Prepare for the unexpected as well. Take along a warm change of clothing in a waterproof container, a small stool to keep your body off the ice, a wind break, map of the area, and personal survival kit for winter. The Canadian Red Cross Society reminds you that it's you winter. Use it wisely.

Thank You

The Kinette Club of St. Albert would like to thank all those who contributed so generously to the Christmas Hamper Bureau. Thanks to the business people, the churches, the schools, the many clubs and organizations as well as private citizens who donated both money and goods.

A special thanks to Bell Reality, for all their help; Capital Cable for their monetary donations, which really did help the Hamper Fund, and to Mr. Denny O'Donnell, the director of the Percy Page Centre, for his able assistance.

Sixty-eight families were helped this year. Oh, what a Christmas spirit you citizens of St. Albert have shown, and the Kinette Club of St. Albert, thanks you most heartily for your support and concern.



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Area residents take over Grandin Agencies

Grandin Agencies, located beside the Sportshop on Perron Street, has been purchased by two St. Albert area residents.

Al LePan and Neil Thompson took over the general insurance company January 1 from its previous owner and long time resident, Jim

Oliphant.

After tying up a few odds and ends, Jim plans to travel for a few months. On his return he'll likely become re-involved in the business on a part-time basis.

Al, an associate of the Insurance Institute of Canada, began his general insurance career 14 years ago. His most recent position was general manager of Canada West Insurance Company. Before that he was assistant general manager of the Alberta Motor Asso-

ciation Insurance Company. Al, Deidre and their two children have lived in the Grandin area of St. Albert since 1970.

Viscount Estates. They previously resided in St. Albert for four years.

Al will manage the St. Albert office and Neil will take responsibility of Grandin Agencies' new Morinville office. Neil is familiar with

the district being originally from the Busby area and his wife is from the Alcomdale area.

Both Al and Neil are former members of the St. Albert Kinsmen Club.

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AL LePAN

Neil began his general insurance career over 10 years ago. He is a Fellow of the Insurance Institute of Canada. Before taking over (in partnership) Grandin Agencies, Neil was assistant general manager for Canada West Insurance.



NEIL THOMPSON

Neil, his wife Joyce and their three boys, live in

Vigilance against cold necessary

What is an accident in summer becomes certain death in winter. It's a cold fact.

The Canadian winter is beautiful, cold and dangerous. Each year, more people die a cold death ice fishing, snowmobiling, winter camping, or even while on an afternoon snowshoe hike.

The circumstances vary, but all the victims had one common enemy: the cold. The weather may be a relatively balmy 10 degrees Celsius, but cold can kill. External cold all too often wins the terrifying battle between it and the retention of the delicate heat balance within the body. When it wins it is called hypothermia, the lowering of internal body temperatures. When the internal body temperature drops to less than 26 degrees Celsius, the result is death.

The Canadian Red Cross Society urges you to prepare yourself for this battle with the cold. Never fish, ski or snowmobile on ice less than four inches or 10 centimeters thick or near obstacles such as rocks, stumps and wharves which weaken ice.

Investigate the wind chill factor and the temperature expected before going out-

doors then dress accordingly. Mittens are warmer than gloves and wool is still the best material of all because even when wet, it gives warmth. One third of all body heat is lost in the neck and head area, so cover up.

Fight frostbite by avoiding excessive use of alcohol, tobacco and drugs. And chew gum -- it helps face muscles stay flexible.

AGT
GOOD NEWS PARTY LINE

SAHARA OPERA NIGHT

* The Edmonton Opera Guild will sponsor its Sahara Opera Night at the Sahara Restaurant, Groat Road and 114 Avenue, on January 17 at 8:30 p.m. Jim Edwards will act as emcee, with singers Grace Hadrian John Calligheo, Sherril de Marco and Cristal Fleuty. Accompanists will be Ernestine Bernstein, Glenda Murphy and Thelma Johannes O'Neil. Admission is \$2 at the door. Funds raised will go to the Guild's Scholarship Fund which offers financial assistance to students of opera in the Edmonton area.

BOOK FAIR

* MOVING? HOUSECLEANING? The Simpson-Rundle School Book Fair needs your old books - hardcover, novels, texts, paperbacks, magazines ... all kinds - for their Spring Book Fair. Bring them to Simpson Junior High at 50 Grosvenor Blvd. or call 459-4456 for pickup.

SOAP BOX DERBY

* Children in the Edmonton region are advised that the Active 20-30 Club of Edmonton will again be staging their soap box derby in 1978, to be held June 11. The event is open to kids from 10-15. Those wishing to participate should write to P.O. Box 582, Edmonton, stating their name, address and telephone number so they can be contacted regarding particulars.

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EDUCATION COMMENT

Anxiety treatment program to resume

The weather aside, researchers at the University of Alberta are trying to help

people stay cool.

A project which features treatment programs designed

to help individuals effectively fight anxiety and remain calm in stress situa-

tions is scheduled to resume January 16 in the department of educational psychology.

The project was first conducted last fall and, while the researchers were very pleased by the public response, they say that more volunteers are needed in order to determine the most effective method of reducing anxiety levels.

Dr. George Fitzsimmons, assistant professor of educational psychology, and Bryan Hiebert, a graduate student in educational psychology, are spearheading the project.

MACHINE MEASURES TENSION

As before, they will use anxiety questionnaires and an electromyograph (a machine which measures muscle tension levels) to determine the anxiety level of each person before, during,

and after completion of the project. No participant will be subjected to a high stress situation.

The results from the questionnaires and the electromyograph will be fed into a computer and coded information from each session will be stored.

Initial assessments which will involve groups of four people will precede the recommendation of treatment programs by Dr. Fitzsimmons and Mr. Hiebert. Each program, the researchers say, has been tested by itself and in combination with the others and is dependable.

The progress of each individual will be assessed halfway through the treatment program and again at the end and a comparison of the results will be made to see how quickly anxiety levels change.

After the fall sessions, Dr. Fitzsimmons and Mr. Hiebert found that the participants experienced a reduction in their anxiety levels by following the treatment programs.

The starting dates for the project are January 16 and February 6 and sessions will be conducted in two one-hour blocks per week for three weeks.

The starting times are 9 a.m., 11 a.m., 1 p.m. and 3 p.m. and the location is Room 5-158 of Education North.

No qualifications are necessary to participate and everyone is welcome to apply. Bookings can be made by telephoning 432-3692 or dropping in to Room 6-110 of Education North.

All sessions will be closed and strict confidentiality will be maintained throughout the project.

College offers Ukrainian courses

Ukrainian as a second language? Why not? The Continuing Education Division of Grant MacEwan Community College is offering three levels of Ukrainian

language courses as well as History of the Ukraine course in order to provide the opportunity to those of you who would like to learn Ukrainian.

The instructor, Bill Saw-

chuk has taught Ukrainian for several years and has written two books on learning this language.

Each of the three levels of the course as well as the Ukrainian History course runs for 10 weeks at the Assumption Campus of Grant MacEwan Community College, 10766 - 97 Street at a fee of \$23 each. The courses begin the week of January 23, but registrations must be received before January 18. For more information on these courses please call 462-5550.

For more information, contact Diane Harke, English Department, Grant MacEwan Community College, 425-8810, ext. 251.

Literature and lunch series

What makes a short story work? Why is it such a popular writing form? How do the short stories of today relate to current affairs and concerns? These and many more questions will be considered in the fifth annual, 10 week Literature and Lunch discussion series offered by Grant MacEwan Community College. The series, to be held in the Centennial Library, begins Wednesday, January 11.

With the assistance of an excellent anthology of short stories, participants will explore the fascinating world of this compact art form, according to Donna Rae Askin, the discussion leader for the series.

Bring your lunch. The series is free and coffee is on the house. Please note that the January 11, 18 and 25 sessions will be held in the Centennial Library. The following seven sessions will be held at the Edmonton Art Gallery.

REGULAR EVENTS

MONDAY - 7:45 p.m.
Camp Lacombe Bingo in Parish Hall.

WEDNESDAYS - Community League BINGO; Community Hall, St. Albert.

MOTHER'S DAY OUT - Thursday from 9:15 a.m. to 3 p.m. For volunteers phone 459-8047. For bookings phone 459-8736. United Church Basement.

IS DRINKING CAUSING A PROBLEM IN YOUR HOME?
Al-Anon - Tuesday, 8:30 p.m., Alateen - Tuesday, 7 p.m., Alcoholics Anonymous - Tuesday, 8:30 p.m.
RCMP Centennial Centre - Larose Drive.

CONGRATULATIONS



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Mr. Roy Klapstein, F.R.I., Manager and all the staff of A.E. LePage Melton Real Estate, St. Albert Branch wish to offer sincere congratulations to Vivien Christensen for her outstanding achievement in obtaining the coveted designation of Melton Master Salesperson. Vivien Christensen is also a member of the M.L.S. Million Dollar Sales Club. It is a salesperson like Vivien Christensen that makes us confident when we say "Call Meltons and start packing." Whether you are thinking of buying or selling, call Vivien Christensen for prompt, courteous, efficient service. Res: 458-7744, Bus: 459-5595, or Distacom Paging 426-5880 Pager #337.

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Society plans solar olympics

The Northern Alberta Chapter of the Solar Energy Society of Canada Inc., in co-operation with the Solar and Wind Energy Research program of the Alberta Research Council and the Environment Council of Alberta, is organizing a com-

petition and demonstration of solar energy devices to be held at the Solar and Wind Energy Research Centre, 14605 - 118 Avenue, Edmonton, on March 4, 1978 (with postponement to March 5, should the sun not appear).

Commercial units for hot water and hot air are invited to compete with any and all amateur built devices, as are all amateurs to compete with commercial exhibitors. Science clubs, high school, university, NAIT and SAIT students are encouraged to prove their superiority against all comers.

Prizes will be awarded for originality, efficiency, suitability for northern Alberta winters, etc.

For more information and

entry forms, phone Dr. Frank Weichman 432-3522, Sandy Robinson 432-4661, or write to the Solar Energy Society, Northern Alberta Chapter, c/o the Faculty of Extension, University of Alberta, Edmonton, Alberta, T6G 2G4.

The Society will also

present an evening seminar on home insulation. Representatives from various insulation manufacturers and installers will speak to the group, followed by a question period.

The meeting will be held in

Room N2-115 of the Education Building on the University of Alberta campus, 7:30 p.m., the 11th of January, 1978.

The meeting is open to the public and there is no admission charge.

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ENGAGEMENT NOTICE

Mr. and Mrs. William Mikaluk of Morinville are happy to announce the Christmas engagement of their daughter Shirley to Richard, son of Mr. and Mrs. Gordon Fleming of Lillooet, B.C. Wedding to take place October 7, 1978.

Confusion surrounds schizophrenia

What do you know about schizophrenia? It is not a split personality. It is not a way of life. It is not "all in the mind." It is not cured by physicians' personalities.

For as long as man has existed, schizophrenia has been the tail wagging the dog, attacking society with its illness-induced crimes, shaping religions and history, influencing our litera-

ture and our political forces. The word "schizophrenia" has even become part of our daily language. The diseases have been fragmented into dozens of different labels, inspired dozens of psychiatric schools of thought, and been responsible for a proliferation of organizations formed by concerned people. In spite of the millions of dollars spent on suppressing its symptoms or alleviating suffering, schizophrenia goes on, alive and well, piling thousands of victims upon millions more, filling our hospitals, nursing homes, and other institutions, untouched by tranquilizers, shock and talk.

In the past 25 years biochemists, psychiatrists, and psychologists, working quietly in their offices and laboratories with little government and public support, have come up with some effective answers which have helped bring the picture of schizophrenia is a group of biochemical diseases affecting how you see, hear, taste, feel, think, and behave. The professionals have also come up with some effective treatments, making it possible for thousands of men, women, and children to escape the trap of illness into normal and productive lives. They have restored victims to their proper role, as patients in need of medical help, and not as bad or weak people needing personality or mind

revision or social guidance.

The Canadian Schizophrenia Foundation disseminated information on schizophrenia and allied illnesses, helping Mary and John understand why their hyperactive child behaves as he does and find proper help for him, helping Ann come out of her depression, and Bob find treatment for his diagnosed schizophrenia. It is a publishing office for international publications which provide up-to-date information on research and clinical findings. It has the support of several branches and many professionals across the country.

The time has come for the dog to start wagging the tail. Schizophrenics, whether they are called emotionally disturbed, adolescent turmoil, anxiety neurosis, depression, are sick people who need proper medical diagnosis and treatment. You can help.

Join the Canadian Schizophrenia Foundation and help it in its efforts to restore people to health. They deserve good health, and you deserve a healthier society. Write to the Canadian Schizophrenia Foundation, 2231 Broad Street, Regina, Sask. S4P 1Y7. For more information, or phone (306) 527-7969, and talk to a knowledgeable professional in our office. All donations to the CSF are income tax deductible.

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The Entertainment Scene

Thriller drama to be staged in St. Albert

St. Albert residents will be able to savour the excitement of live theatre when the Alberta Barter Theatre stages the Ira Levin play, *Veronica's Room*. Those

familiar with the work of Mr. Levin will know what to expect—he also authored the box office hit movie, *Rosemary's Baby* and *The Stepford Wives*. Both are taut thrillers, and the Broadway

hit *Veronica's Room* promises to keep the audience gripped in suspense. The play will be staged Sunday, January 22 at 8 p.m.

In the play, a girl named Susan Turner and her boy-

friend are approached by an older couple, and invited to their home. They tell Susan that she is the image of another girl they once knew, the daughter of their former employer. Living in the

house with them is the insane sister of Susan's look-a-like. The couple asks Susan to pose as Veronica, and from that point, the plot takes a strange and eerie twist.

Veronica's Room will be directed by Keith Digby of the Citadel Theatre. Members of the cast will include Lorraine Behnan, Jennifer Riach, William Meilen and John Wheelwright. The stage manager will be Larry Reese, and the Barter Theatre manager is Lee Livingstone.

The touring production is a co-operative effort of the Alberta Barter Theatre and the Alberta Culture Performing Arts Tour. The Alberta Barter Theatre is a professional outdoor Summer Theatre company.

The location of the St. Albert production was unconfirmed at press time. Please watch the entertainment section of the Gazette for more information next week.

Northern Light, Citadel join in comic festival

The temperatures may drop but comic spirits will soar when Northern Light Theatre and The Citadel celebrate Shaw in January. George Bernard, that is. The Citadel opens its production of *Shaw's Pygmalion* on December 28. On January

19, Northern Light opens the hilarious one-act comedy *The First Night of Pygmalion* for a Special Limited Engagement through February 5 in the Art Gallery Theatre, performing at lunch-hours and on Saturday and Sunday evenings. And in the meantime, the two theatres will join casts for a special noon-hour review of Shaw's life and works on Friday, January 13 at 12:10 p.m. in The Citadel's Shctor Theatre. Theatre-goers will want to catch all three presentations!

The First Night of Pygmalion is a stylish romp behind-the-scenes of that very first production of *Pygmalion* at His Majesty's Theatre back in 1914. The indomitable Mrs. Patrick Campbell, the irrepressible Sir Beerbohm Tree, and The Bernard Shaw get together to

stage the Master's comic masterpiece. But as the leading lady is some 30 years too old for the role, and the leading man just happens to own the theatre, and the Author is rather more convinced of his genius than the others, more comedy ensues off-stage than on.

Starring in *The First Night of Pygmalion* are Peter Messaline as Shaw, Michael Murdock as Sir Beerbohm

Tree, Miriam Newhouse as Mrs. Patrick Campbell and Jack Wynters as the bemused Narrator. Scott Swan directs, with design by Allan Stinchbury and Stage Management by Pam Chappell.

Northern Light Theatre's *The First Night of Pygmalion* will be performed on Tuesdays and Wednesdays at 12:10 p.m., on Thursdays and Fridays at 12:10 and 1:10 p.m., and on Saturdays and

Sundays at 7:30 and 9 p.m., in the Edmonton Art Gallery Theatre. Tickets for the January 19 through February 5 run are now on sale at all Bay Ticket Outlets (Downtown, Southgate, Londonderry - ph. 424-0121), at the Students' Union Box Office in the Hub Mall (ph. 432-5145), and at the Northern Light Theatre Box Office (ph. 429-3110). Tickets are also on sale at the door.

Hypothermia can happen when the temperature outside is 10 degrees Celsius.

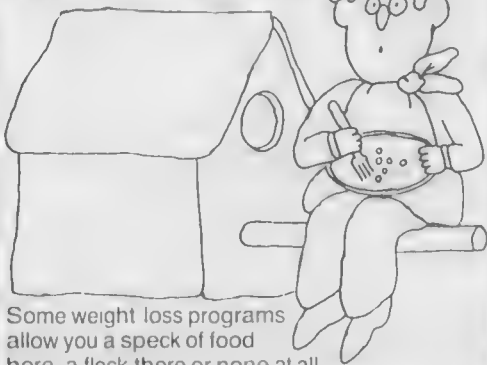
Hypothermia can cause death when the temperature outside is 10 degrees Celsius.

Hypothermia is the loss of internal body heat.

Avoid it by depressing comfortably and warmly this winter.

The Canadian Red Cross Society reminds you it's your winter. Use it wisely.

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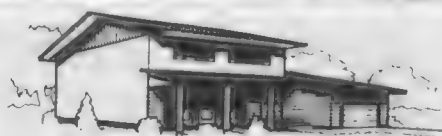
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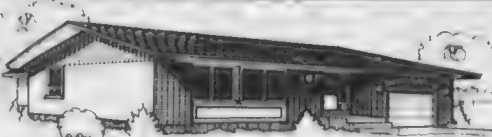
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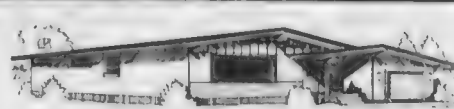
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Studio Theatre announces changes

Studio Theatre's third production of its Stage 78 season is now under the new title of Songs for Believers. Originally advertised as This House, These Walls, the play is the work of Gordon Pengilly, the first MFA graduate from the Playwrighting Division of the Department of Drama at the University of Alberta. The change came following a playwrighting workshop sponsored by Northern Light Theatre in conjunction with Theatre 3 in November of last year.

The purpose of the Northern Light Theatre 3 Playwrights Unit workshop was to give Gordon's play a trial reading. Professional actors gave the play public readings in November 1977 as part of its final preparation before the full-length staging at Studio Theatre in February

of this year. As part of the final discussion and revision, the title was adjusted to Songs for Believers.

There is also a change in performance dates for this production only. Due to a prior commitment by one of the cast members, the Friday, February 17 performance by Songs for Believers has been cancelled. A performance on Sunday, February 19 at 8:30 will replace the cancelled performance. All tickets for the February 17 performance will be honoured for this extra night. Season ticket subscribers are asked to check their ticket dates. For any February 17 tickets holders who are unable to attend the February 19 performance, Studio Theatre will gladly exchange their tickets for any night of their choice. Performance dates

for Songs for Believers are now February 9 to February 19, excluding Sunday, Feb-

ruary 12 and Friday, February 17. All performances are at 8:30 plus a Saturday

matinée on February 11 at 2:30. For more information phone 432-2495 or write

Studio Theatre, Room 3-146, Fine Arts Centre, University of Alberta, T6G 209.

Invite applications for cultural assistance

Alberta Culture invites applications to its 1978 Cultural Assistance Awards

program. Any Alberta artist or arts administrator participating in dance, drama,

music, creative writing or visual arts may apply under the program for financial assistance in improving his or her qualifications or skills.

Cultural Assistance Awards help individuals to pursue their studies at local, provincial, national or international institutions and universities, or to take independent studies under established artists.

Applicants are evaluated by an independent board comprised of professionals in the artist's own field. Interviews or auditions will be arranged in March prior to final decisions.

Visual Arts applicants are asked to request the special

Visual Arts Cultural Assistance form. Samples of work are not to be submitted with the form. Central judging areas will be set up throughout the province once applications have been received.

Alberta Culture offers Cultural Assistance Awards annually in amounts varying from \$100 to \$1,000.

Deadline for receipt of application forms for this year's program is February 15, 1978.

For more information contact: Alberta Culture, Cultural Assistance Awards, 11th Floor, CN Tower, 10004 - 104 Avenue, Edmonton, Alberta; T5J 0K5.

Stage make-up course offered

During the winter trimester a stage make-up as well as a new course in advanced stage make-up will be offered by the Continuing Education Division of Grant MacEwan Community College.

The basic stage make-up course will give the students self-sufficiency in both planning and execution of any make-up for the stage in which "standard materials" (greasepaint, noseputty, crepe hair) will be utilized. For this course students will require a make-up kit which will cost approximately \$40.00.

The advanced stage make-up course is designed for the serious student of stage make-up. If you have a basic stage make-up course from Grant MacEwan Community College, U of A, or Banff School of Arts you may be interested in this advanced class. The instructor is Robin Carson.

These courses will appeal to actors, teachers of drama, members of community drama groups and those for whom drama is an avocation. The basic course will run

for 10 weeks beginning January 24 at a fee of \$33. The advanced class will begin January 25 and run for 10 weeks at a fee of \$75. Both will be offered at the Mill Woods Campus of Grant MacEwan Community College, 7319 - 29 Avenue.

For further information please call the Continuing Education Division at 462-5550.

Walterdale staging Neil Simon play

The Walterdale Theatre is gearing up for its fourth production of the year, Neil Simon's "Barefoot in the Park." The play takes an amusing look at the reactions of a newly married couple as they move into a rundown six storey walk-up, inhabited by some weird and wonderful tenants, that the audience never meets.

The play is directed by Bill Brumalow and features Cheryl Heikel, Phil McCallum, Barbara Reese, Mike Porsca, Fred Keating and Cliff Betty. The play opens January 17 and will run till January 28. All tickets are \$3 and are available at the Bay Box Office. Sunday matinees take place at 2:30 p.m.

A collection of art work by Brian W. Banks and Almira display in the foyer during the run of "Barefoot in the Park."

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St. Albert High

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10 - 11:30 a.m.

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7 - 8:30 p.m.

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Course begins: Monday, January 16, 7:00 - 10:00 p.m. for 13 weeks.

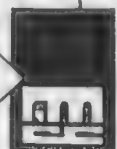
Fee: \$37.50

Location: Grant MacEwan Community College
Cromdale Campus
8020 - 118 Avenue
Edmonton, Alberta.

Registration: Registrations are being accepted now

More Information? Contact the Registrar at 429-2503.

Phone: 429-2503



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Radio drama is coming to Edmonton

Radio drama is alive and well, and will soon be here in Edmonton -- that is if CBC radio drama director Mark Schoenberg has his way.

Schoenberg recently announced plans for the formation of Theatre 740 repertory company with auditions being held Monday, January 16. The auditions are open to

any members of a professional actors' association and may be arranged by contacting Jan Kureluk at the CBC. The phone number is 469-2321.

Theatre 740 will first be tackling a series of six half-hour radio dramas by Alberta writers. The plays will be part of a regional

drama series to be heard Fridays at 5:30 p.m. on 740 Radio in Edmonton beginning January 6.

The series consists of 13 plays that range from murder mystery to science fiction. The first seven productions come from the CBC's Calgary studios and they are refreshing, light-hearted and stimulating.

Depending on the success of his contribution to this regional radio series, Schoenberg hopes to initiate a CBC network drama series from Edmonton. Speaking of the venture, he said: "It may be regarded as a new and first class opportunity for local writer's and actors, providing an outlet they didn't previously have."

For radio drama tune in to THEATRE 740, beginning January 6 at 5:30 p.m. on 740 Radio.

St. Albert Arts and Crafts Guild

The St. Albert Arts and Crafts Guild would like to thank the community for its continuing support of the Guild Gallery during the first part of its second season. Thanks are also extended to the Guild members for their contributions of time and crafts.

There are a number of special shows planned for the new year. From January 26 to 29 there will be a quilting show. This will feature students from quilting classes in St. Albert. Some of the quilts that will be on display have won prizes at the Provincial Museum quilting

display.

In February the Guild Gallery will be featuring birds in all media -- ceramic, macrame, crocheting and painting.

In April the Weavers are displaying loom and primitive weaving and in May another patio sale will be held.

If any clubs or organizations are interested in learning more about the Guild, members will be glad to talk about and display Guild activities. Please call Terry at 459-5960 if any club is interested.

Engagement Announcement

Caouette - Booth

Mr. and Mrs. Ernest Caouette are pleased to announce the engagement of their daughter, Shirley Ann, to Donald Norman, son of Mr. and Mrs. Norman Booth of Edmonton. Wedding to take place June 9, 1978.

OPENINGS AT ST. ALBERT NURSERY SCHOOL

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6 Club Steaks	2 per package	3 lbs. Beef Steakettes	
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3 Minute Steaks	4 per package	2 lbs. Beef Liver	
3 Round Steak Roasts	3-4 lbs. each		
3 Rump Roasts	3-4 lbs. each	1 - 10-12 lb. A. Turkey	
		4 - 3-4 lbs. each Chicken	

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3 Chuck Roasts	3-4 lbs.	7 lbs. Pork Chops
1 Prime Rib Roast	3-4 lbs.	5 lbs. Pure Pork Sausage

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NO. 3 FREEZER MEAT ORDER

6 Chuck Steaks		5 lbs. Sliced Bacon
3 lbs. Beef Steakettes	3-4 lbs.	3 lbs. Pure Pork Sausage
3 Pot Roasts	3-4 lbs.	10 lbs. Ground Beef
1 Chuck Roast		5 lbs. Beef Sausage
10 lbs. Pork Chops		3 lbs. Baby Beef Liver

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TV listings

for Cable 5

WEDNESDAY, JAN. 11

7:00 Inside Story - handicrafts from Guatemala
7:30 St. Albert Tonight - with Steve Max and Dick Goodfellow.
8:00 The Community Making Music - with Fran Schuchard.
8:30 Something from TOPS - "The Waistland."
9:00 Remnants of Our Past - a talk with long time St. Albert resident Mrs. Mable Gervais.
9:30 What's Happening - a look at the St. Albert Toastmistress' Club.
10:00 Closing Meditation - a thought for the end of the day.

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Concerning Women Of Today's World

Quilting: an old craft survives technology

By Vicky Knight

When questioned about the current revival of the old and venerable art of quilting, local artisan Barbara Kelcey smiles patiently at the fickle nature of the fadseekers. She explains that quilting has always been with us, but until recently as a "closet craft." However, because quilting is no longer a domestic necessity, it has been justifiably elevated to the realms of art. The craft of our ancestors even managed to survive the fifties, that complacent and tacky epoch when the chrome set was king and the machine-made imitation was valued over the handcrafted original.

Pearlene Schnitzler and Barbara Kelcey are part of our insurance that quilting won't become a lost art. Both will pass on their knowledge this year by teaching classes for the city of St. Albert Community Services Department. Pearlene will teach a course in Traditional Quilting, which will be held at the Akinsdale Clubhouse on Monday evenings from 8 - 10 p.m. The course will last 10 weeks, from January 30 to April 10. Mrs. Kelcey will handle the Traditional Quilt-

ing course which will be held Thursday afternoons at the Grandin Clubhouse from 1 - 3 p.m. This will be a six week course running from February 2 to March 14.

For the Contemporary course, some sewing experience is beneficial, particularly experience with a sewing machine. Mrs. Schnitzler reports that some sewing experience will help in the Traditional Course but that anyone can produce something under supervision.

Both contemporary and traditional methods may use traditional designs, but the difference is apparent in the finish. The contemporary quilts can be completed more quickly because sewing machines are used. On the traditional quilts, the facing is done by machine, but the final stitching is done by hand.

INFINITE VARIETY POSSIBLE

Quilters are kept from tedium by the fact that quilts are like snowflakes -- no two need to be alike. Variations on colour, pattern and fabric design are infinite. There are

about 200 traditional designs which change appearance drastically with different applications of colour. There are also at least three different methods of quilt construction which achieve further variety. A pieced quilt consists of small pieces which are sewn together, while an appliqued quilt has pieces sewn on the top of the working surface. A combination of both methods is another alternative. The biscuit quilt is a further modification in which small squares of fabric are individually stuffed and sewn together.

Both women emphasize that quilt buyers should be careful when purchasing these beautiful items, particularly those billed as antique quilts. With the explosion in crafts popularity, many retailers have jumped on the bandwagon and are exploiting the burgeoning market for craft items. Many of these new consumers are gullible and uninformed, and are taken in by items which are wrongly displayed with incorrect information as to pattern and construction. Incredibly, a few buyers Please Turn to Page 18



Pearlene Schnitzler holds up a multi-hued quilt, one of many she has made. Pearlene and Barbara Kelcey will be teaching contemporary and traditional quilting for the City of St. Albert in the coming months.

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Jackets or Coats 38" to 44"	\$29.00	\$21.75	\$26.00	\$19.50	\$31.00	\$23.25
Coats over 44"	\$32.00	\$24.00	\$28.00	\$21.00	\$34.00	\$25.50



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quilting

Cont'd From Page 17
think that they are getting a hand crafted quilt when they purchase a \$20 blanket which has a quilted pattern printed on fabric.

FUNCTIONAL AND CREATIVE CRAFT

Mrs. Kelcey and Mrs. Schnitzler each stress the value of quilting as a creative, functional and sometimes therapeutic endeavour. Pioneer women recognized this, as they gathered for their quilting bees, which served a social and functional purpose. In those days, quilting was a method

by which a variety of essential articles could be produced -- blankets, tea cozies and furniture coverings. In those days, women often went from house to house, completing all the quilted furnishings in each home.

Both Mrs. Kelcey and Mrs. Schnitzler arrived at the quilting art by different routes. Barbara Kelcey became intrigued by it during a visit to the Upper Canada Village, an historical site at Morrisburg, Ontario. She observed the processes demonstrated and went home and launched her first attempt, which she describes ruefully as a "disaster." However, she learned from her errors and stuck with it. Her persistence was justified

-- her work is now sold at the Calico Country Store in Edmonton, and she has other plans in the works related to the design of patterns. One of her quilts was displayed in the Provincial Museum this past summer, and her work has been shown at the St. Albert Public Library. Incidentally, both women were high in their praise of the local library's collection of quilting books, which they say exceeds that of larger libraries.

For Barbara Kelcey, quilting is a time consuming activity which leaves time for little else. However, she is an avid reader and a member of Beta Sigma Phi. Ironically, her own bed is unadorned by any quilt. She and Mrs. Schnitzler both remark that there is a tendency of quilters, like other artists, to seek the perfect quilt -- a kind of Holy Grail of the quilting craft.

Pearlene Schnitzler was

introduced to quilting by her husband's grandmother who revealed her trade secrets during a visit to the north. This Virginian lady had been quilting since childhood. In keeping with the tradition at that time she had to make 12 quilts by the time she married. The 13th quilt was then lovingly rendered by family and friends. The making of quilts continued after her marriage, and she now has quilts ready and

waiting for her great-grandchildren. Pearlene herself has taught quilting workshops and has exhibited her work at the St. Albert Arts and Crafts Guild and the St. Albert Public Library. Her work is on sale at Harvest House craft outlet and the Country Sunshine store in Edmonton. Pearlene, in addition to her duties as mother, wife and quilter, finds time to enjoy painting and refinishing antiques.

New books at the library

By Joyce Genereux

The Color of Horses by Dr. Ben K. Green (636.1). Dr. Ben K. Green has taken the research of 30 years and created an easily-read and well-documented book on how color occurs and can be identified in horses. Thirty-four full-color reproductions of oil paintings by well-known western artist Darol Dickinson provide illustrations of the colors which Dr. Green has isolated and described.

August 1914 by Alexander Solzhenitsyn. August 1914 is the first of a series of interlinked novels whose grand theme is the growing pains of modern Russia. In August 1914 the Russian army, ill-equipped though greatly superior in numbers, in response to the call of the Allies in the West, advanced too rapidly into East Russia and was destroyed by the Germans at Tannenberg. Using the techniques of non-fiction inside a fictional framework, Solzhenitsyn has produced a masterpiece that grips both ways.

These Mountains are our Sacred Places by Chief John Snow (970.3). This book is a discovery of an Indian past and a forecast of an Indian future of vibrant meaning for all Indians - and for the white

men who may find much of value for themselves in the culture of these people in their midst. "Many a moccasin wore out." Never before has a Canadian Indian spoken so eloquently, so simply, and so movingly about the culture and history of his people, and about their aspirations for the future.

Look Away Beulah Land by Lonnie Coleman. For the plantation of Beulah Land and its master, the Kendricks, the Civil War has ended in humiliation inflicted by Sherman's rampaging soldiers. An era has died, but the Kendricks are proud and tied to the land by a love

stronger than the hatreds, both newly formed and long nurtured, that torment them. Bound together by the affections of generations,

Beulah Land's men and women set about creating a new way of life in this captivating, passionate saga begun by Lonnie Coleman

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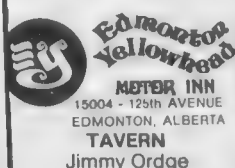
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CABARET
Good Tyme Review

LOUNGE
Two for the Show

Guatemalan weaving at the library

By Margaret Donnelly

Last August Peggy Ainslie travelled to Guatemala for three weeks, and she has brought back a brilliant splash of that sunny country. If you are getting depressed with the whites and greys of an Alberta winter, come down to the library and you will be cheered by the colorful and intricate designs of Guatemalan weaving. The pieces, which took up to eight months to weave, include clothing, headpieces, belts and hangings.

Peggy's trip was a home economics course arranged by the University of Alberta. Through this course she was able to visit remote areas of Guatemala and see firsthand how the Indians live and work.

Peggy will be offering two weekend courses on Guatemalan life and weaving at the Spinning Wheel in January and February. These will be somewhat like mini-vacations, as students will be immersed in the Guatemalan culture for the weekend.

Peggy will be the special guest on Capital Cable's program, The Inside Story, on Wednesday evening at 7 p.m.



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Parsonally Speaking

Pastor B. L. Heath
First Baptist Church

TITLES OF JESUS

This article is a continuation of a previous article that considered titles from "A" to the letter "L". WE continue from the letters "M" to "Z".

M. He is majestic, the

magnificent one, the mountain of God. He is the master and mediator between God and man, the hidden manna, the maintainer of my soul.

N. He is nobility, the new man, the new nature, the new covenant. His name is above every name.

O. He is omnipotent and omnipresent, the only one

who can save. He is the oil of gladness.

P. He is the promised one, the Prince of Peace. He is all powerful, our high Priest. He is the preserver, the great physician, and pearl of great price. He is my pilot, my praise and more precious than rubies.

Q. He is qualified for His

high position. He is my quiet resting place.

R. He is the revelator, the royal robe of righteousness, the beautiful rose of Sharon. He is the rock of ages, the rock of my salvation, and my refuge.

S. He is spirit. He is the saviour, a shelter in time of storm. He is the satisfying

portion, the bright and morning star. He is my strength, my solid foundation, my shield.

T. He is truth, the great teacher. He is my high tower, my trust, the treasure of my heart.

U. He is the ultimate of the Father. He is Utopia, my utmost possession, the under-girding spirit and my unction.

V. He is the voice of God, the most valiant warrior against sin and Satan. He is the victor. He is our very present help in time of need.

W. He is the word. He is wisdom. He is the water of life, a well of living water. He is wonderful.

X. He is the xcepted of God, the xaulted one. He is xcellent. He is our highest xecutive.

Y. He is the yielded one to His Father's will. He yearns for all humanity and as He is the light, so are ye in the world. Yet a little while and ye shall crown Him King of Kings and Lord of Lords.

Z. He is zeal. He is zealous for His people. His little flock and His own.

Family allowances to rise in 1978

Health and Welfare Minister Monique Begin last month announced that there will be a full escalation of Family Allowances for 1978.

The Family Allowances legislation calls for annual escalation of payments in January of each year in accordance with the increase in the cost of living. Effective January, the federal government monthly allowance paid for children under 16 will rise to \$25.68 from \$23.89 in most provinces and in the territories.

The amount and method of payment of Family Allow-

ances varies in Quebec and Alberta. Under a provision in the Family Allowances Act, a provincial government may ask the federal government to vary the rates payable in that province according to the age or number of children in a family, or both, providing the payments average \$25.68. Quebec and Alberta have again chosen this option.

Special Allowances, which are paid to foster parents, welfare agencies, government departments and institutions maintaining children, will also increase to \$25.68

from \$23.89.

Each month during 1977 the federal government paid out more than \$173 million in Family Allowances to 3.6

million families. The cheques covered 7.2 million children. The national average allowance for each recipient family was about \$49.

Dr. Ray Brodeur

announces the opening of
his practice of Chiropractic
SOON
For appointment call
458-5550

ST. ALBERT EVANGELICAL LUTHERAN

[Evangelical Lutheran Church of Canada]

11 GLENVIEW ACROSS FROM THE CITY HALL -
PASTOR - RAY CHRISTENSON, 458-6012 or 458-3269

CHAIRPERSON - TIM POIZIN, 459-8264

9:45 a.m. Christian Education Hour

11:00 a.m. Folk Worship Service with Holy Communion

Guest Preacher: Rev. Don Romsa

12:00 Noon Youth luncheon with Don Romsa

MONDAY 6:30 Cherub Choir Rehearsal

7:15 Junior Choir

7:30 Male Chorus

TUES./THURS. 3:30 - 6:30: Confirmation Instruction

THURSDAY 7:30 - Senior Choir Rehearsal

COME WORSHIP WITH US!

BRAESIDE PRESBYTERIAN

6 BERNARD DRIVE, ST. ALBERT
MINISTER - REV. NOEL GORDON PH. 459-8568

11:00 A.M.

SERVICE OF WORSHIP

9:45 a.m. Church School - Classes Gr. 2 - 9
11:00 a.m. Nursery, Kindergarten & Primary Classes

MONDAY: Sr. High Fellowship - 6:30 p.m.
WEDNESDAY: Jr. Choir - 6:30 p.m.

MEETING AT PAUL KANE HIGH SCHOOL

STURGEON VALLEY BAPTIST CHURCH

PASTOR IRWIN KUJAT PHONE: 458-4733

9:45 a.m. SUNDAY SCHOOL HOUR
11:00 a.m. HOUR OF WORSHIP AND INSPIRATION

Nursery Care for both Sunday School and Worship

WHERE YOU ARE ALWAYS WELCOME

HOLY CROSS UKRAINIAN CATHOLIC PARISH

DIVINE LITURGY IN UKRAINIAN AND ENGLISH

10:30 A.M. SUNDAY SCHOOL

11:00 A.M. MASS

EVERY SUNDAY AT

12520 - 135 AVENUE, EDMONTON

Pastor: Reverend J. Kratko 458-0235 - 469-7744

First Baptist Church

ST. ALBERT.

PASTOR BILLY HEATH, B.A. B.D.

SUNDAY SCHOOL -- 9:45 A.M.

WORSHIP SERVICE -- 11:00 A.M.

HOME FELLOWSHIPS -- 7:30 P.M.

MEETING AT - V. J. MALONEY JR. HIGH SCHOOL
65 SIR WINSTON CHURCHILL AVENUE

Further Information -- 459-3933; 12 Malmo Avenue
Supporting World Missions through the
Southern Baptist Convention

ST. PETER'S EVANGELICAL LUTHERAN CHURCH

[Wisconsin Synod]

55 STANLEY DRIVE PH. 458-5119

PASTOR ROY M. BEYER.

10:00 a.m. Sunday morning Worship Service

11:00 a.m. Sunday School Classes & Adult Bible Study

ELIM CHAPEL

PHONE: 459-5181

PASTOR K. AGREY

PHONE: 458-2627

PASTOR DAN KNOL

PHONE: 458-3488

SUNDAY - 10:30 A.M. - WORSHIP SERVICE

7:00 P.M. - FAMILY FELLOWSHIP

WEDNESDAY 7:00 P.M. - JESUS NIGHT

[BIBLE CLASS FOR ALL AGES]

ALL ARE WELCOME

JOINT HOME OF

ST. ALBERT UNITED CHURCH

Top of Green Grove Drive

REV. L. J. MUSTO

REV. R. K. ALDRICH

459-8259

458-9730

10:00 A.M.

MORNING WORSHIP AND SUNDAY SCHOOL

NURSERY & PRE-SCHOOLERS IN

CHURCH LOWER HALL

GR. 1 and up at Sir George Simpson School

NEW ARRIVALS TO ST. ALBERT ARE WELCOME
TO OUR FELLOWSHIP

AND

ST. MATTHEW'S

ANGLICAN CHURCH

REV. DONALD A. DODMAN

47 Sturgeon Road -- 458-5488

8:30 A.M. - HOLY COMMUNION

12 NOON - 1st & 3rd SUNDAY COMMUNION

2nd & 4th SUNDAY MATTINS

12 NOON -- SUNDAY SCHOOL

NURSERY AVAILABLE

ST. ALBERT CATHOLIC PARISH

SUNDAY CELEBRATIONS

DIMANCHE: 9H30 - CHAPELLE - FRANCAIS
MAIN CHURCH

SATURDAY: 7:30 P.M. - 12½ Choir

SUNDAY: 8:00 A.M. - No Singing

9:30 A.M. - Youth Choir

11:00 A.M. - Senior Choir

12:30 P.M. - Community Singing

7:30 P.M. - Community Singing

WEEKDAY MASSES

MONDAY TO FRIDAY - 7:30 P.M. - CHAPEL

Old age security pension payments rise in January

Full increases in the Old Age Security pension, Guaranteed Income Supplement and Spouse's Allowance, effective in January, 1978, were announced last month by Health and Welfare Minister Monique Begin.

Increases in Old Age Security pension and Guaranteed Income Supplement payments represent the seventeenth quarterly escalation based on the cost of living, as provided for in the Old Age Security Act.

The new monthly total at the single rate for persons receiving both the basic Old Age Security pension and maximum Guaranteed In-

come Supplement will be \$261.06.

For a married couple, both pensioners, the combination of the basic pension and the maximum supplement will provide a payment of \$498 for the couple monthly.

The basic Old Age Security pension will rise in January to \$153.44 from the present \$150.43.

The Guaranteed Income Supplement is paid to pensioners whose income, apart from the Old Age Security pension, is limited. The amount of the supplement varies in relation to the amount of income.



THEME OF THE BAHAI FAITH -

THE UNITY OF MANKIND

The basic teachings of BAHAI'ULLAH is the oneness of the world of humanity. Addressing the whole of mankind He says: "Ye are all leaves of one tree and the fruits of one branch."

The Universal House of Justice adds: "When Baha'u'llah proclaimed His Message to the world in the nineteenth century He made it abundantly clear that the first step essential for the peace and progress of mankind was its unification. As He says, 'The well-being of mankind, its peace and security are unattainable unless and until its unity is firmly established.' To this day, however, you will find most people take the opposite point of view; they look upon unity as an ultimate, almost unattainable goal and concentrate first on remedying all the other ills of mankind. If they did but know it, these other ills are but various symptoms and side effects of the basic disease -- disunity."

Box 87, St. Albert

459-4951

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ANY STYLE

BOYS JEANS

SIZES 8 - 16 "HOWICK" BRAND
DENIMS AND CORDUROYS

Reg. up to \$17.99

Special \$9.99

PLASTIC
BABY PANTS

PACK OF FOUR

Special 88¢

REG. \$1.29

**LADIES SLACKS
BLOUSES & SWEATERS**

ASSORTED STYLES

UP TO 40% OFF

QUALITY
TERRY TOWEL

Special \$2.99

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**GIRLS AND BOYS
SWEATERS**

SIZES 2 - 6x and 8 - 16

UP TO 33% OFF

QUALITY
FACECLOTH

Special .55¢

REG .79¢

School Days In St. Albert

Paul Kane: already planning spring fling

By Carolyn Seltz

My apologies for such abrupt reporting, but back at home I hear the plaintive cries of a social term paper, a Chem. report, and an English essay. Their violin wail is amply backed up by the

menacing mutter of finals. The 23, Doomsday, is not so far away and already signs of incipient madness are peeking out from behind the eyes of your average grade 12 student.

This is to serve as a reminder to all parents of

those unfortunate grade 12 students attending Paul Kane. Remember the fashion show! The grad fashion show... somehow my optimism doesn't extend to graduation... ANYWAY!! (Excuse my grumbles. I'm a bit morbid these days. I wonder

why??)

There is a meeting for all those interested in the organization of our "Spring Fling" fashion show, tomorrow, Thursday, the 12th of January. It will commence at 7:30 in the double room 103-105, downstairs in Paul

Kane.

Also, a basketball tournament is to be held on January 14, this Saturday from 9 a.m. to 8 p.m. Teams from Red Deer, Camrose, Drayton Valley, St. Paul, Salisbury, Grande Prairie, Sturgeon Composite, St. Albert High, and, of course, Paul Kane will be competing. The boys

will be playing in Lorne Akins and Paul Kane, while the girls will use Vital Grandin and Vincent Maloney. Admission is \$1 for the day. Come on down and watch, they should be good games.

And that's that! I can hear those books yelling at me from here...

Simpson students holding spell-a-thon

The grade 5 and 6 students at Sir George Simpson are out to spell. The more proficient their spelling the more money they will hopefully be able to put toward their camp fund.

The children will be seeking pledges in their neighbourhoods at the rate of one or two cents per word spelled right. On Friday (January 13) the students will receive a list of 100

words which they will study in preparation for a test January 25 on 50 of the words.

The students will collect their pledges after the teachers have verified the number of words they each

spelled correctly.

One hundred and eighty students are involved in the spell-a-thon and they will attend the Mulhurst Lutheran Camp on Pigeon Lake for a one week course entitled 'Man's Adaptation to his Environment.' The camp will accommodate 60 students at one time and the first of three groups will leave May 24.

The teachers conducting the program hope to incorporate the camp's theme with students work through the rest of the year.

Student bonspiel goes Saturday

Curlers from Paul Kane, St. Albert High, Sir George Simpson and Lorne Akins will be on the ice at 7 a.m. to kick off their mixed 'spiel Saturday at the St. Albert Curling Rink.

Sixteen rinks have been made up for the one-day affair in a manner which should keep the competition very close. The balanced teams will have members from both senior high and

junior high levels.

The St. Albert Men's Curling Club has put up a trophy for the 'A' event winners. The Ladies Club is sponsoring the 'B' event and the Alberta Teachers Association the 'C' event.

There will be no curling between 10 a.m. and 12 noon as the bonspielers make way for the Seniors league.

The final draw goes at 4:30. All games will be six

ends with the trophy presentations following the last draw at approximately 6 p.m.

Teen Scene

By Brian Leonard

Community Youth Worker

The Teen Centre is alive and well at 6 Cunningham Road. About 75 teens and teenaiders enjoyed the activities the Hide Out offers over the weekend. We are accepting ideas for further improvements so let me know what you think.

Speaking of improvements the city council has approved our grant application and we will be putting in excellent flooring February 14-18. The salesman tells me we will require 30 teen and adult volunteers over the five days. If you can be of help, please contact Phil Beale at 459-3413 or me (Brian) at 459-6601 ext. 48. This may be one of the most crucial

phases of construction due to the timing of the applications.

TEEN SCENE

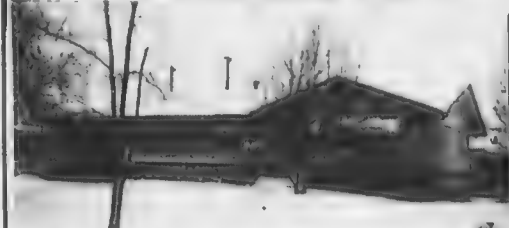
East Side teens are kicking off their new year's activities with a disco this Friday at the Purple Church - ne hours being 7 to midnight. The usual good times are expected. A ski trip to Jasper is planned for semester break provided everyone does well on finals.

The Grandin teen club will be assisting East Side on Friday by running the concession at the disco. They are talking of a disco of their own in the near future - watch for that one.



MOVING TO THE SOUTH SIDE - PETROLIA

Attractively decorated 4 bedroom, 1½ bath bungalow. Located on a quiet Crescent close to all schools. Two car garage, pool room, rumpus room. Nicely landscaped with lots of trees. John Koster 459-6686 or 458-1787.



JUST LISTED

1180 sq. ft. of living space, 3 bedrooms, completely finished basement with workshop, attached garage and large lot with trees. Immaculate condition. Edith-Mary Bourgeois 459-6686 or 458-8325.



KNOW LISTING

1260 sq. ft. Bi-level, \$59,900. 3 bedrooms, 1 year old. Approximately 60 x 120 lot, broadloom throughout, plus many extras. Edith-Mary Bourgeois 459-6686 or 458-8325.

PRIMROSE

Over 1400 sq. ft. bungalow containing large family room with open fireplace, 3 bedrooms, 1½ baths. Large living room and entrance. 2 car front drive garage with electric door opener, 4 extra bedrooms in basement, patio doors to balcony. Only 3 years old. This home has top quality carpet and cupboards and many extras. John Koster 459-6686 or 458-1787.

NEW \$69,000

1372 sq. ft. Colonial Bi-level. 3 bedrooms, 3 baths, dining room and breakfast nook. Open fireplace. Edith-Mary Bourgeois 459-6686 or 458-8325.

AKINSDALE

Bring offers on this large bungalow. 3 bedrooms, 1½ baths, large kitchen, dining room and living room. Located on a quiet Crescent. Close to arena and swimming pool. Carpet throughout. John Koster 459-6686 or 458-1787.



29 SIR WINSTON CHURCHILL AVE.
459-6686

Accent on Akins

By Lori McGovern and Jeannette Giesbrecht

Well, with the holidays over, it's back to the books for us at Lorne Akins. Once again, weary students will fill the halls as they drop their books and run into teachers, walls, doors and other students in an attempt to get to their appropriate classes.

We are bringing in the New Year with a series of events - The organization of the senior girls, senior boys, junior girls and junior basketball teams, and all the extra-curricular clubs are organizing their agendas. The Yearbook Club is being led by Miss Pechanic, the stage band, by Mr. Osoba, the ski club by Mrs. Sunderland and Miss Sumka

and the outdoor education club by none other than Mr. Ferguson.

That brings this to a close for now as we wish you a slightly belated Happy New Year.

HIGHLAND DANCING LESSONS

#128 Professional Bldg.
St. Albert, Alberta
Teacher:
Cathy O'Neill
For information call
Mrs. Knight at
459-8831 or
458-9660 evenings

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RANCH STYLE SPLIT-LEVEL IS IDEAL FAMILY HOME



Plan No. P-4-3-150

An ideal home for a growing family with lots of extras and an unfinished basement waiting for future expansion. Roughed-in plumbing and space for two or three bedrooms and a utility is available under the bedroom wing.

Horizontal siding and an attractive field-stone chimney are the main features of the exterior. The curving driveway leads to a two car garage and the walk-way to the covered porch entry.

Double panelled doors open to a large foyer with a guest closet and a step-down to the sunken living room. The vaulted ceiling and floor-to-ceiling glass end wall, create a vast proportion to this delightful room. Focal point for furniture arrangement is the wood-burning fireplace, which has an adjacent log box.

Up two stairs and you are in a separate but formal dining room. To the rear, sliding glass doors open to a large patio. A pocket door allows direct access for easy service from the kitchen.

The family-kitchen has ample storage cupboards and every conceivable appliance for convenient food preparation, including a center cooking island. Hasty snacks or lunch can be served in the nook and mother can keep an eye on activities in the family room while busy in the kitchen.

Sliding doors to the patio and another wood-burning fireplace are main features of this large family room. A counter-bar at one end makes entertaining practical and a joy.

Across the hall is the study where quiet contemplation is no problem. All activity rooms are on the lower level, with the upper, split-level, designed specifically for "quiet" bedrooms.

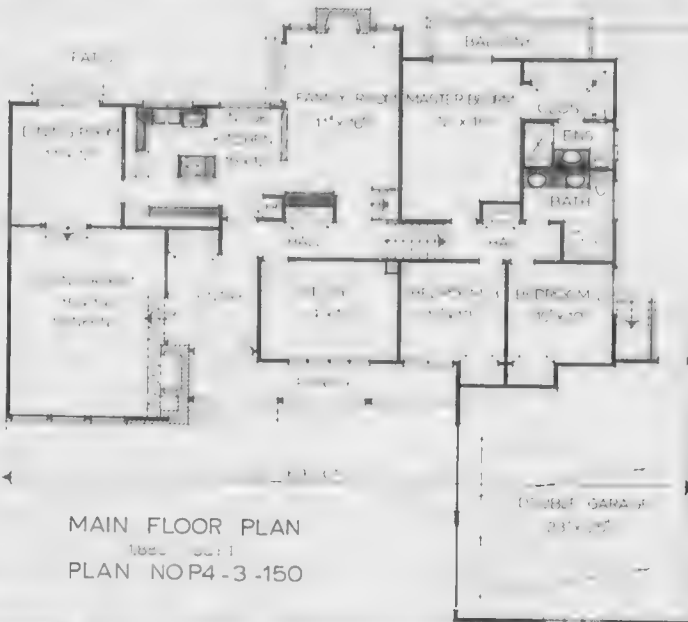
A twin vanity, full bath, services the two smaller bedrooms and doubles as a guest powder room.

Luxury is the word for the master bedroom. The suite-size bedroom has sliding glass doors to a private sun balcony at the rear. A larger than average closet is conveniently located close

to the three piece shower ensuite.

Plans for Design No. P4-3-150 may be obtained at a cost of \$88 for a set of three and 9 for each additional set. Allow \$2 to cover postage and handling.

To view more than 100 well-designed quality homes of every type, send for the current publication of Canadian House Plans, Western Edition, available for \$2.25 (\$2 plus 25¢ postage and handling). Make all cheques and money orders payable to "Plan of the Week" and mail to: Plan of the Week c/o St. Albert and Sturgeon Gazette, 324 Columbia Street New Westminster, B.C. V3L 1A6



MAIN FLOOR PLAN
PLAN NO P4-3-150

Judging apple color

A bright red apple is a delight to the eye for most people. But Agriculture Canada apple inspectors must look further and decide just how red that apple is.

In the last few years, apple graders have started using an instrument called a colorimeter to take the guesswork out of judging apple color.

The colorimeter measures the intensity of apple color and is useful because the quality of apple color changes from year to year and from region to region.

A false spring

Raspberry growers in Nova Scotia's Annapolis Valley have had a problem in the past from winterkill in raspberry canes caused by fluctuating temperatures.

Scientists at Agriculture Canada's Kentville, N.S., Research Station are now working with new winter-hardy selections that look as though they will produce well in the Maritime climate.

One selection, Festival, bred by researchers at Ottawa, has already been distributed to nurserymen in the Annapolis Valley.

Travelling pets

If you plan on taking your dog or cat along on a vacation outside Canada, be prepared. Without the right certificates, you could run into delays at the border.

Dogs taken into the United States require a rabies vaccination certificate stating that the animal was vaccinated at least 30 days and not more than 36 months prior to entry. Cats going into the U.S. do not require a certificate.

Dogs and cats returning to Canada from the U.S. must have been vaccinated against rabies within the previous 36 months.

Regulations for pets travelling to other countries vary and pet owners should check with the embassy of the country they plan to visit or with Agriculture Canada's Health of Animals Branch.

ENGAGEMENT NOTICE

VAN DOMSELAAR - Mr. and Mrs. John Van Domselaar wish to announce the engagement of their daughters, Joy to Mr. Rene Brunelle, son of Mr. and Mrs. Roger Brunelle, all of St. Albert, and Irene to Mr. Doug Kemp, son of Mr. and Mrs. Kemp of Edmonton.

Case Oil

1 DOZEN

\$12⁰⁰

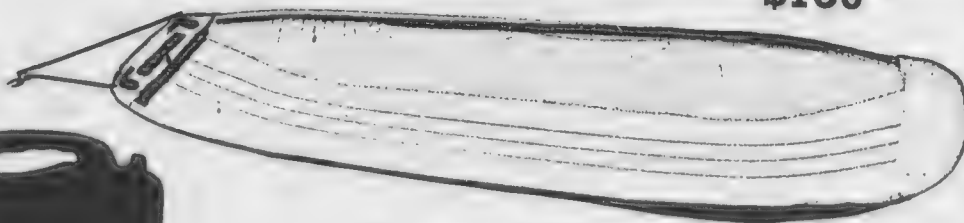
Citation '78 Spirit of the thoroughbred



\$1525⁰⁰

Carry Boose

\$159⁹⁵



Snow Skimmer

22 1/2 x 81 \$59⁹⁵

27 1/2 x 81 \$69⁹⁵



Gas Container

5 GALLON

\$11⁹⁵

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MACLEODS JANUARY clearance

TOP JANUARY VALUES FOR 4 BIG DAYS!

BATH TOWELS

Wabasso. Approx. 22" x 42".
Assorted prints, plains, jac-
quards.

3⁰⁰

8-TRACK TAPES

Choose from artists like Elvis,
Dolly Parton and more!

3⁰⁰
ea,

SAVE 44% MEN'S LEES

100% cotton denim. Guar-
anteed to fade. Sizes 28 to 38.
Reg. \$17.95

10⁰⁰

AUTOMOTIVE

Grease Cartridges - Reg. \$2.19 **\$1.25**
Speaker Kits - Reg. \$17.99 **\$10.00**
Seat Covers for low back bucket seats - Reg. \$10.85 **\$6.00**
Interior Car Warmer - Reg. \$16.98 **\$13.00**

TOOLS

8" Bench Saw With 1/2 hp Motor **\$119.95**
Aqua Vac Vacuum Cleaner - Reg. \$69.95 **\$59.95**

PAINT

Interior Big M Flat Latex - Reg. \$6.97 **\$4.00 gal.**
Interior one coat alkyd semi-gloss, c & d bases - Reg. \$13.95 **\$10.00 gal.**
Interior velvet alkyd enamel, all bases - Reg. \$13.95 **\$10.00 gal.**

ELECTRICAL

14/2 NMD-7 Copper Cable **7 1/4¢ ft. when bought in 250 ft. coils.**
15 ft. Block Heater extension cord with power tester - Reg. \$13.25 **\$10.00**

SPORTING GOODS

Men's Skates - Reg. \$37.99 **\$25.00**
Ladies Skates - Reg. \$36.99 **\$25.00**
Winchester Shotgun 20 ga., sgl. shot - Reg. \$49.99 **\$39.00**

TOYS

All remaining Christmas items **20 - 50% off Reg. Price**

HOUSEWARES

Corning Ware Roaster - Reg. \$19.95 **\$13.00**
11 oz. Beverage Glasses - Reg. \$5.89 **\$4.95 (set of 8)**

HAIR CARE

G.E. Soloray Blower/Dryer - Reg. \$22.97 **\$19.00**
G.E. Pro 650 Port. Pistol Dryer - Reg. \$19.97 **\$16.00**

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5 hp Snow Thrower, SGL Stale - Reg. \$414.95 **\$350.00**

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Assorted Dress & Sport Shirts **\$5.00**
All Snowmobile Suits **20% off Reg. Price**
All Winter Parkas and Jackets **20 - 25% off Reg. Price**

LADIES WEAR

Assorted Slacks and Blouses **20 - 50% off Reg. Price**
All Winter Outerwear **20 - 25% off Reg. Price**

FOOTWEAR

All Winter Footwear **20% off Reg. Price**

Look for many other unadvertised specials throughout the store. Limited quantities of all items

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Reinforced Toe

**2 for
\$1.⁰⁰**

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Clearance of 35 assorted
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ST. ALBERT & STURGEON GAZETTE, WEDNESDAY, JANUARY 11, 1978 - 23



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Boneless

Rump Roasts

Any Cut.
Cut from Canada
"A" Beef lb. **\$1⁴⁹**

Don't Forget

Tomatoes

Town House Canada Choice
(19 fl. oz.) 540 ml tin

2 FOR \$1⁰⁰

Kidney Beans

Taste Tells Light Red (14 fl. oz.)
..... 398 ml tin

3 FOR 89¢

Pear Halves

Taste Tells Bartlett
Canada Choice 398 ml tin

2 FOR 85¢

Bread

Polly Ann Sliced White or 60%
Whole Wheat 567 g loaf

4 FOR \$1⁰⁰

Ice Cream

Snow Star Assorted
Flavors. Pasteurized 4 litre pail

\$2⁴⁹

Jelly Powders

Jell-O Assorted
Flavors (3 oz) 85 g pkg.

4 FOR 89¢

Rib Roast

Standing
Cut from Canada "A" Beef lb.

\$1⁴⁹

T-Bone or Wing Steak

Cut from Canada "A" Beef lb.

\$2¹⁹

Sirloin Tip Roast

Cut from Canada "A" Beef lb.

\$1⁶⁹

Cross Rib Roast

Chuck. Cut from
Canada "A" Beef lb.

\$1¹⁹

Short Ribs

Chuck. Cut from
Canada "A" Beef lb.

79¢

Centre Cut Shank

Cut from Canada "A" Beef lb.

79¢

Tenderized Steak

Cut from Canada "A" Beef lb.

\$1⁷⁵

Beef Sausage

Safeway Brand
Bulk Pack lb.

69¢

Blade

Chuck Roasts

Cut from Canada
"A" Beef lb.

65¢

Loin Sirloin

Steak

Cut from
Canada "A"
Beef lb.

\$2⁰⁹

Boneless

Round Steak

Whole or
Bottom Half
Cut from Canada
"A" Beef lb.

\$1⁴⁹



Vine Ripe

Tomatoes

Canada No. 1
Size 6/6 7/8's lb.

39¢

Do You Need

Pop N Yarn

Assorted Colors and
Assorted Variegated Colors skein

99¢

Tomato Soup

Town House.
Condensed (10 fl. oz.) 284 ml tin

6 FOR \$1⁰⁰

Sparkling Fresh Produce

Apples

Canada Fancy
Golden Delicious lb.

29¢

Bananas

Dole, Del Monte or Chiquita lb.

5 LBS 95¢

Cauliflower

California Cello Canada
No. 1 lb.

69¢

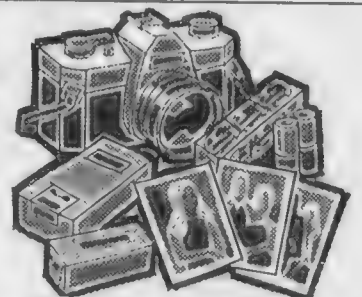


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*All reprints in borderless silk finish
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23¢

Kodak Film

C-110 or 126 - 12 exposure roll

\$1.26

C-110 or 126 - 20 exposure roll

\$1.56

Film

C - 135 - 20 C each

\$1.56

Prices effective Wednesday
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uary 14, 1978. Sales in Retail
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SPORTS



Comets increase lead to seven points

St. Albert Comets increased their lead to seven points in the eight-team Alberta Major Intermediate Hockey League coming up with wins in their last three outings.

Comets are solidly in top spot with 19 wins in 21 starts and have a game in hand over second place Sherwood Park Barons. The Barons are only one point ahead of the red hot Stony Plain Eagles who have only played 19 games.

On January 3 the Comets travelled to Drayton Valley for their first time this season and came away with a 7-4 win on goals by Rich Perrault, Don Moores, Matt Lister, Larry Stewart, Murray McLaren, Perry Pearn and Brian Stevens.

Comets goaltending chores were split by Carey Winkquist and Dale Henwood. Both turned in excellent performances in holding the Rebels sharpshooters in tow.

Friday night the Sherwood Park Barons came into St. Albert. They lost their first game in three starts against the Comets as Matt Lister scored in sudden death overtime to give Comets a 7-6 win.

Comets led 2-0 early in the game on goals by Moores and Robbie Pearn, but at the end of the second period the Barons had fought back to tie the game at four each. Larry Stewart and Moores with his second of the game scored for St. Albert while John Kleinschroth potted a pair for the Barons with Henry Van Drunen and Joe Tremblay adding singles.

Perry Pearn gave Comets the lead early in the third and midway through Lister put two Comets out in front by two. It appeared to put the game out of reach.

In the final minute of play Sherwood Park pulled their goaltender for an extra attacker and scored two goals in 35 seconds to force the game into overtime.

With just over a minute left in the 10 minute sudden death overtime Matt Lister scored the winner from the slot with Barry Medori and Rich Perrault assisting.

Carey Winkquist went all the way in goal for St. Albert and had a very good game coming up with 35 saves. The game was officiated by Dick Curry and only 11 minor penalties were called with the Comets getting six.

Sunday afternoon the Comets went to Enoch for a game with the Tomahawks and found no less than eight ex-Edmonton Bruins in the Enoch line-up.

The Bruin players certainly strengthened the Tomahawks and the Comets were hard pressed to come up with a 3-2 win as Don Moores scored a pair of goals including the winner early in the third period. Brian Stevens scored the other St. Albert goal. Only 10 minor penalties were handed out by referee Harvey Dodds with both clubs sticking to playing hockey.

Comets played Stony Plain Eagles here last night and Drayton Valley Rebels will be here on Sunday evening.

A.M.I.H.L all-star game in Sherwood Park

On Saturday afternoon, January 28, Sherwood Park will host the 1977-78 All-Star game of the Alberta Major Intermediate Hockey League. Game time is 2:30 p.m. The league's top players

will be on the roster of the two divisional teams that are comprised as follows:

DIVISION 1

St. Albert Comets
Stony Plain Eagles
Camrose Maroons
Ft. Sask. Huskies
Coach: Kerry Ketter (St. Al.)
Manager: Claude Contant (St. Albert)

DIVISION 2

Sherwood Park Barons
Enoch Tomahawks
Wetaskiwin Colonels
Drayton Valley Rebels
Coach: Bob McGill (Sh. P.)
Manager: Wayne Sarginson (Sherwood Park)

Several Sherwood Park businesses are supporting the All-Star game by donating prizes to be awarded to lucky program number holders.

The Most Valuable Player of each divisional club will receive a trophy and a dinner for two compliments of Paul Wong, owner of Sherwood Park's Crossbow Inn.

A banquet and dance will follow the game, commencing at 7 p.m. at the Eastgate Mall Banquet Room.

Admission to the game will be the same as any regular A.M.I.H.L. game; \$2 adults, \$1.50 students, 50¢ for children and free admission to children under 12 if accompanied by a parent.

Bruins fold

At a AMIHL meeting Monday night the Edmonton Bruins officially ceased operations. President Bill Laforge listed money problems as the main reason. League President Bill Mojelski along with other league members were deeply concerned over the Bruins withdrawal as they were an exciting team and brought many fans into other arenas. Unfortunately they could not bring fans out to Jasper Place arena, their home ice.

The Bruins had 18 remaining games against other teams and it was voted that all games would be forfeited and two points awarded to each team with games left to play with the Bruins.

Comets will pickup four points for their two games remaining in the schedule. They won each time in four match-ups with the Bruins to date.

Saints lose to league leading Canucks

St. Albert Junior Saints played three games last week and came up with a split in points as they tied 5-5 Tuesday night with the Fort, won 5-4 Thursday in Red Deer and then lost 6-4 Saturday night to the league leading Calgary Canucks.

The three points give St. Albert 45 points in the AJHL, five behind the Canucks, but the Saints have a game in hand.

Edmonton Crusaders are in third place and have won their last three - a 4-1 win over Pincher Creek Sunday, 6-3 over Taber on Saturday and edged Calgary Friday by a 3-2 score.

Calgary had a rough road trip this time around as they also lost 6-2 by the Fort Saskatchewan Traders who are only one point behind the Crusaders.

The game at the Fort was a real barn-burner as the Saints jumped into a 2-0 first period lead on goals by Girard Jubenville and Ken Solheim and increased it to 4-0 early in the second with Dean Dachyshyn and Jubenville getting the goals.

The game took a complete turn around as the Traders stormed back with four goals of their own by the end of the period as Marc Gagne, John Ewasziuk, Wade-Lamb and Marty Achtymichuk scored on goaltender Pierre Lamoureux.

Traders took the lead for the first time early in the third period on Achtymi-

chuk's second goal of the game and appeared to be on their way to their fourth win of the season over the Saints.



DEAN DACHYSHYN

With less than a minute in regulation time Saints coach Doug Messier pulled Lamoureux for an extra attacker. The gamble paid off with Dean Dachyshyn scoring with 51 seconds to play. He went around a Fort defenseman with an excellent move and slipped it home.

In the overtime session the goaltenders had the players and the crowd standing on their seats as they both came up with tremendous saves on all types of shots including three or four clear-cut break-aways.

The game ended in a 5-5 tie with both clubs putting on an excellent display of hockey talent for the capacity crowd.

Friday night the Saints travelled to Red Deer and found themselves down 3-0 early in the second period. They scored three third period goals for a come-from-behind 5-4 win.

Dachyshyn led the way with a pair while Jeff Elkow, Darrell Morrow and Girard Jubenville added the others. Jubenville scored the winner with less than two minutes to play.

Ken Bales was hot in goal for the Saints stopping 37 Red Deer shots.

Saturday night before a home town crowd of close to 500, saw the visiting Canucks break open a 4-4 tie with two goals late in the third period for the win.

The league's leading goal scorer Robin Laycock notched his 50th and 51st goals of the season to pace the Canuck scorers.

Saints received goals by Billy Hobbins, Mickey Volcan, Jeff Elkow and Darrell Morrow.

Referee Ron Burwash had a relatively easy night as he

called only 13 penalties including majors for fighting to Ken Solheim of the Saints and Dennis May of the Canucks. It was a clear-cut decision for Solheim.

Saints have a busy schedule this week playing five games starting last night at Jasper Place Arena against

the Edmonton Crusaders. Tonight they travel to the Fort and on the weekend it will be a three game road trip to Pincher Creek, Taber and Calgary.

St. Albert's next home game is scheduled for Wednesday the 18th with the Crusaders here.

ALBERTA JUNIOR "A" HOCKEY LEAGUE

Does not include Jan.7 Red Deer - Pincher Creek game.

TEAM	G	W	L	T	P
Calgary Canucks	35	25	10	0	50
St. Albert Saints	34	22	11	1	45
Edmonton Crusaders	38	20	17	1	41
Fort Saskatchewan Traders	35	19	14	2	40
Red Deer Rustlers	35	13	22	0	26
Pincher Creek Chinooks	34	12	21	1	25
Taber Golden Suns	37	10	26	1	21

PLAYER	G	A	P
Bill Hobbins	18	26	44
Mickey Volcan	14	28	42
Darrell Morrow	19	22	41
Mark Messier	15	24	39
Dean Dachyshyn	18	15	33
Girard Jubenville	15	16	31
Keith Hertz	6	22	28
Jay McFarlane	12	12	24
Jeff Elkow	12	12	24
Barry Brown	8	12	20
Ken Solheim	9	9	18
Bruce Jacobson	8	9	17
Mal O'Gradnick	7	10	17
Rick Hendricks	5	12	17
Jim Cross	5	4	9
Peter Steblyk	4	4	8
Mike Moskalyk	1	7	8
Troy Murray	0	1	1

RQB win first game of season in Sturgeon Senior hockey

Riviere Qui Barre seniors came up with a well deserved 6-5 win Tuesday, January 3 as they upset Villeneuve Voyageurs for their first win since joining the league two years ago. John Fraser scored the tying and winning goals.

Coach Joe Sheehan has been with the team from the start and watched the club come close a number of times but just couldn't hold on in the third period.

Last season the club had one tie in 23 games and had gone through 12 games with only a tie this season before the win over Villeneuve.

In other league action

Calahoo Scorpions maintained their lead in the western division with 11-8 win over Alexander and a close 5-4 win in Redwater.

Second place Morinville Frontiersmen blanked Onaway 9-0 but then lost 6-3 to Gibbons and 2-1 to Legal on Sunday.

It's a very tight race in the eastern division with Namoo Saileats and Gibbons Kodiaks tied for top spot with 19 points each while Legal Canadians are close behind with 17.

Legal are undefeated in their last three starts with wins over Gibbons, Onaway and Morinville.



Calahoo Scorpions and Redwater Outlaws hooked up in a real donneybrook Friday night in Redwater with the visiting Scorpions winning 5-4. The game was halted with about four minutes left in the second period, and in the above photo players leave the ice. The officials halted the game because fans along the boards made it difficult to play. Police were called in finally and the third period was played the way it should with only three minor penalties called.

Nu-West Canadians regain first place

St. Albert's Peewee A rep team trounced Leduc Elks 10-5 Saturday, then travelled to Fort Saskatchewan Sunday, where they revengeed their only league loss this year by dethroning the Nickel Kings 3-1. On the basis of games played, this put the Canadians at the top

of the league with an 11-1 record.

Against Leduc, St. Albert played with confidence, but defensive errors and the festive spirit allowed the visitors to take a two-goal advantage in the first period. Poor checking on the first, and defenders caught up the ice while shorthanded on the second, were mistakes which Leduc didn't pass up. Paul Burgess prevented an even wider margin with cool work in the St. Albert net.

If period one was the ebb, then the second was the flow, as the tide changed for St. Albert. Canadians ripped in five goals to Leduc's one, completely taking command of the game. Tim Sebastian earned his first of five points by scoring off Craig Iseke's point shot. Then, after Leduc's third goal, Cameron White stickhandled through two defenders and cleanly picked the far corner of the visitor's goal. Emmanuel Viveiros, playing a great offensive game, then proceeded to notch the equalizer, the winner, and a gravy goal. Assists went to Lenz (2) and Sebastian (2).

In the third, St. Albert's Viveiros collected his fourth consecutive goal, then Erin Oor, John Lenz, Willy Plageman, and Sebastian finished the Nu-West's scoring spree, with assists going to Tony Rouault, Sebastian, Darryn Ernest (3) and Lenz. Leduc's two goals brought the total to 10-5.

Sunday's game was quite different as the Canadians

came out hustling with great determination in the first period. Brian Chai's goal on a weak screened shot seemed to numb the home club, then Erin Oor converted passes from Mike Lacroix and Rouault for a two-goal edge. In the latter part of the period, the Fort evened the shots on goal, but not the scoring, by pressing more strongly.

The second period saw St.

Albert fighting for its life, as the Nickel Kings banged in a powerplay goal early in the frame, then took advantage of two other St. Albert penalties to press the Canadians. St. Albert goalie Chris Lane, however, preserved the lead by stopping several threatening plays.

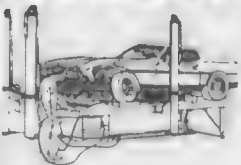
In the third, St. Albert came out skating slowly, as though trying to hang on to

their slim lead, and Lane was again severely tested. However, after six minutes, Plageman, who also assisted Chai's goal, scored with a hard backhand shot, assisted by Gramlich and Chai. This, plus some crucial penalties, seemed to deflate the host club and St. Albert was able to come away with a victory.

Shots on goal and penalties were even in this game,

which was played in a virtual blizzard with snow leaking in through the ceiling and "drifts" accumulating down the middle of the ice. The third and final league match up between these two rivals will occur at St. Albert Arena January 21 at 12:15. That game may well decide the league championship before the playoffs.

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Nu-West Profiles

Number 7 for the Nu-West Canadians, Darryn is a grade 7 student at Vital Grandin School. He has played three years of hockey in Edmonton, beginning at age five with St. Angelas, Knights of Columbus, and for the past five years, he has played in the St. Albert Kinsmen minor hockey program.

Darryn's other interests

include camping, fishing, skidooring and other sports.

to the Canadians this year.

John's other interests include most active sports, especially soccer where he has played for the St. Albert

team which won the provincial championships last year in Calgary. He is 12 years old and attends Sir George Simpson in grade seven.



JOHN LENZ

John wears #8 for the Canadians and plays right wing. His hockey interest began in Edmonton six years ago and has continued in St. Albert in the Kinsmen Mite and Peewee hockey programs. His strong stickhandling and puck control abilities are a valuable asset



DARRYN ERNEST

Alberta Baseball Association

Bob O'Brien, of Barrhead, was elected president of the Alberta Baseball Association at its annual meeting in St. Albert.

He succeeds Allan Wilson, of Edmonton, who did not seek re-election. Mr. O'Brien defeated Murray Steeves of Stony Plain, in a two-way fight for the post.

Mr. Steeves was named vice president; Doris Taylor of Sherwood Park, registrar; and Delmar Glaser of Medicine Hat was returned as secretary treasurer.

Orville Franchuk of St. Albert was appointed coordinator of Coaches Clinics; Murray Service of High River was declared umpire-in-chief and Ron Hayter of Edmonton, will continue as director to the Canadian Federation of Amateur Baseball.

Other directors elected: Peter Manning and Joyce Harpell, Medicine Hat; John Martens and Vic Kuzek, Calgary; Roy Haugh and Brian McInroy, Edmonton; Herb Johnson, Drumheller; Elmer Schielke, Provost; Harvey Treleven, Barrhead and Jim Clare of Grimshaw.

Larry Smith of Lethbridge, and Mike Tanne of Kelowna were named life members. The annual Presidents Award went to Murray Service.

Registrar Doris Taylor reported that 1977 was a banner year for the ABA with 543 affiliated teams, an increase of 44 teams over the previous season.

A special general meeting was approved for January 22 in St. Albert to consider recommendations arising from a planning seminar.

It was announced that the 1978 Canadian Bison Championships, for players 18 years and younger, has been awarded to Westlock on Labour Day Weekend.



JR. SAINTS HOCKEY ACTION



MARK MESSIER



Bill Hobbins

Saints coach Doug Messier may find himself short of a few players for their three game road trip down south this weekend as three or four players may not make the trip.

Portland Winter Hawks have traded young Billy Hobbins rights to the New Westminster Bruins of the Western Canada Junior League and Bruins coach Ernie (Punch) McLean would like the youngster as soon as possible.

Also missing from the Saints line up may be Barry Brown who is undecided what his hockey future is at the moment and may take a few days off to think things over. Peter Steblyk has already left to play for Medicine Hat Tigers and rookie Tom Adams who should be returning from an injury may also be Medicine Hat bound.

Messier has a couple of players in mind that could help the team and it may be that they will be here for the road trip.

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Vlaslav Tretiak made some phenominal saves in the Russian National goal in their 6-2 win over the Edmonton Oilers recently, but he was beat on this play as Brett Callighen (18) scored from close in. Oilers outshot the Russian squad by a wide margin but could not solve the wizadry of Tretiak.

Oilers start road trip right

Edmonton Oilers opened up a five game road trip on the right foot Sunday as they upset the Aeros 4-2 in Houston marking the first win over the Aeros since March 6, 1974.

The win also turned out to be costly as they will be without the services of newly acquired Dennis Sobchuck who separated his right shoulder early in the second period and is not expected back for about two months.

Edmonton by only three points.



BILL 'COWBOY' FLETT

Friday they will be in New England against the first place Whalers and on Saturday they will be in Quebec, the site of this years All-Star game. Sunday it will be back to Winnipeg against the Jets and then home to the Coliseum for a game with the Whalers Wednesday night.

Edmonton Oilers placed two men on the All-Star club with defenseman Al Hamilton and Bill Cowboy Flett filling in for the injured Tom Webster.



AL HAMILTON

Sobchuck had given the Oilers a 2-1 lead in the first period with Pierre Guite scoring the opening goal. Blair MacDonald scored the only goal of the second period and it turned out to be the winner as Al Hamilton and John Gray traded goals in the third.

Oilers will be in Cincinnati tonight for a game with the sixth place Stingers who trail

Generals draw with Ardrossan

St. Albert Standard Generals and Ardrossan played to a 2-2 tie Monday night in St. Albert in a scheduled Highway 14 Juvenile league game.

Although only nine players dressed for Ardrossan they obviously came to play hockey. The full-staffed Generals had their hands full holding them to the tie.

Ardrossan opened the scoring early in the first period on a goal by Jim Schroder but St. Albert tied it midway through the period on a goal by Middleton.

The second period was scoreless and St. Albert took the lead halfway through the third with Doug Kliparchuk scoring.

Ardrossan refused to die and with just over two minutes left Colin McCury scored to give his team a draw.

League leading Sherwood Park will be here Monday, January 16 for a game with the Generals and it should be a barn-burner as the Generals won the last contest between the two clubs.



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Bantams lose then tie in league action

The Territorial Leasing Sabres found themselves down 4-0 at the end of the first period as they lost 9-4 to Sherwood Park Cougars, the first place team in the north division, in St. Albert Saturday, January 7.

The first Sabre shot on goal in the second period resulted in a goal. Brad Hammett made a nice pass

across the ice to D. O'Neill who skated across the blue line and blasted a shot into the top right hand corner of the net. The second goal, by Paul Kelly, was set up by B. Hammett and T. Shipanoff.

Paul Kelly took a hard slap-shot on his in-step and had to leave the game with a badly bruised foot. Shortly

after this, Todd Lesenko fractured an ankle as a result of a collision with a Cougar at centre ice. The Cougars potted three goals putting them out front 7-2 at the end of the second period.

Two quick goals got the Sabres off to a flying start in the third period. Dean Clark scored with 14 seconds gone assisted by Greg Miller. A

little more than a minute later Murray McKeage assisted on G. Miller's goal.

The Cougars came back with two goals of their own to make the game 9-4 for Sherwood Park.

In net for the Sabres was John Sexsmith.

On Sunday, Ardrossan visited the Sabres at home. The visitors struck first

midway in the first period before the Sabres evened the score on a powerplay effort by D. O'Neill. B. Hammett and Don White drew assists on the play. The tie was shortlived when Ardrossan went ahead 2-1 a minute later.

In the second period the Sabres put things together and outscored their opponents 5-2. They went into the third up two goals but then fizzled and Ardrossan popped in two goals to end the game in a draw.

Chris Donnelly minded net for the Sabres. Sabre scorers were O'Neil (2), Kelly, Swift and Gray.

Next Sabre home game is Thursday, January 12 again at Sherwood Park at 7:30 p.m.

On the weekend the

Bantams travel to Wetaskiwin for an interlocking game Saturday. They hit the road again Sunday for an afternoon game in Vegreville.

The Sabres wish to thank everyone who so generously donated bottles for their bottle drive.

CENTRAL ALBERTA BANTAM HOCKEY LEAGUE NORTH DIVISION
Standings as of Jan. 8, 1978.

	GP	P
Sherwood Park	15	28
Fort Saskatchewan	15	15
Ardrossan	15	15
St. Albert	14	10
Vegreville	13	4

*Some game sheets have not been recorded.

ALBERTA MAJOR INTERMEDIATE HOCKEY LEAGUE

TEAM	G	W	L	T	P	GF	GA
St. Albert Comets	21	19	2	0	38	120	56
Sherwood Park Barons	22	15	6	1	31	145	89
Stony Plain Eagles	19	15	4	0	30	133	88
*Edmonton Bruins	18	9	9	0	18	97	80
Camrose Maroons	17	8	9	0	16	74	74
Enoch Tomahawks	20	7	13	0	14	98	134
Fort Sask. Huskys	18	5	13	0	10	76	118
Drayton Valley Rebels	18	4	14	0	8	79	113
Wetaskiwin Colonels	19	3	15	1	7	60	124

*Edmonton Bruins suspended operations Thursday, January 5.

SCORING LEADERS (As of January 9)

PLAYER & TEAM	G	A	P	PM
Mickey Girard (D.V.)	27	16	43	29
Daryl Meyer (S.P.)	16	27	43	39
Matt Lister (S.A.)	20	21	41	29
Larry Stewart (S.A.)	19	21	40	2
John Gallimore (S.P.)	18	22	40	40
Bill Hall (S.P.)	12	26	38	13
Gary Mann (St.P.)	20	13	33	17
Randy Kjenner (Ft.S)	19	8	27	13
Greg Olson (E.T.)	14	13	27	2

ST. ALBERT COMETS

TOP SCORERS

	G	A	P
Matt Lister	20	21	41
Larry Stewart	19	21	40
Barry Medori	10	16	26
Perry Pearn	8	14	22
John Phelan	14	7	21
Bob Beaulieu	4	14	18
Rich Perrault	5	11	16
Brian Stevens	7	8	15
Paul St. Cyr	0	15	15
Danny Towpich	6	7	13
Bob Foote	3	10	13
Don Moores	9	2	11
Dave Vingé	4	7	11
Blaine Georgy	0	11	11
Murray McLaren	3	5	8
Robbie Pearn	1	2	3
Brian Georgy	1	0	1

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5 bedroom split level, 3 baths, family room, rumpus room. Large kitchen. Braeside location. Don Hauck 458-6355 or 459-5595.

\$59,900

Grandin Bungalow, 3 bedrooms, built in dishwasher. Don Hauck 458-6355 or 459-5595.

\$72,900

Bungalow, brick facing, 2 open fireplaces, rumpus room. Don Hauck 458-6355 or 459-5595.

LOOKING FOR YOUR DREAM HOME?

Well built 4 level split, 1860 sq. ft., 4 1/2 years old, in Grandin Park. Main floor sunken family room with open brick fireplace, plus den that's a homework haven for Dad and kids. King-sized master bedroom. Double attached garage. Good sized lot with mature trees. Call Sylvia Stiles 459-8141 or 459-5595.

LACOMBE PARK

Trade up to this executive 1 yr. old 2 storey with many exciting features. Carpeted study overlooks a spacious living & dining room. Sunken family room features brick fireplace, patio doors. Elm feature walls & shelves. Double garage with automatic door opener. To view please call Anne Gamborski 459-8067 or 459-5595.

NEW BRAESIDE

Spotless Nu-West Corrida with cathedral ceiling in sunken living room. Family room off kitchen, patio doors, fireplace, cedar exterior. Double garage. Quiet crescent location. For appointment please call Anne Gamborski 459-8067 or 459-5595.

RIDGEWOOD TERRACE

8 yr. old townhouse, 1176 sq. ft. of well planned area. 3 bedrooms, 2 bathrooms, 5 appliances. Asking only \$45,900. Call Anne Gamborski 459-8067 or 459-5595.

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Custom built bungalow with sunken family room, open fireplace and a terrific view. Some basement development, good water well. Double garage. Over 1 acre land. Only 10 minutes from Edmonton or St. Albert. Call Anne Gamborski 459-8067 or 459-5595.

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1.54 acres of well treed land. Ravine on 2 sides. Bi-level home with 5 bedrooms, 3 bathrooms, 2 open fireplaces. Extra large double garage. Drive under carport. Try \$98,900. Call Anne Gamborski 459-8067 or 459-5595.

LOOKING FOR SOMETHING SPECIAL

If you are looking for something special in a home design. Then pick up the phone and call me immediately! I have the home for you! This home features a sunken living room. Large bright kitchen, sunken family room with a fireplace, 1 1/2 baths, downstairs features 2 additional bedrooms, games room plus much more. Double attached garage. Please call Mrs. Anita Nixon 459-8899 or 459-5595.

CHARMING DUPLEX

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As a home owner. For as little as \$2,000. down to a new mortgage, you can move into a townhouse of 1176 sq. ft. of well planned space. 2 baths, 5 appliances, full basement. Priced in the forties. Call Pat Sobolewski at 458-5666 or 459-5595.

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This one will in a matter of days! Spacious 1420 sq. ft. bungalow with main floor family room. Sun drenched family kitchen with sliding doors to large cedar deck. Main floor family room with wood burning fireplace, double front attached garage and much more. Drive by 37 Larkspur Cresc. - and then call Vivien Christensen at 458-7744 or 459-5595 or Distacom 426-5880 #337, for more details on this immaculate family home.

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With fireplace, double garage, your choice of rug colors. Immediate possession. Hazelidene Evans 458-1863 or 459-5595.

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Some with basement development. Most with garages. Try \$2,500 down. Hazelidene Evans 458-1863 or 459-5595.

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IDEAL FIRST HOME

Open beam bungalow in Grandin, conveniently located near schools and park on a large corner lot. This home is in immaculate condition and the affordable price of \$64,900 includes all curtains and drapes and a toasty warm fireplace. More information from Bill Debiuk 458-5469 or 459-5595.



Raiders dump Fort Saskatchewan in Midget action

The St. Albert Integrated Building Raiders opened the new year on a winning note by doubling up on Fort Saskatchewan to the tune of 10-5. Played at the local arena a week ago tonight, the locals bested the Fort for the fifth straight time this season, including two exhibition wins.

Both teams showed signs of the long holiday lay-off, but the Raiders managed to

"put their act together" first, and won going away. Dave Lacroix opened the scoring firing in a rebound; Shane Antoniuk and Jim Sawchuk assisting. Rob Tooth gave the locals a 2-0 lead, tucking away a rebound off the stick of top scorer Keith Heyburn.

Midway through the period, a couple of defensive lapses resulted in the Fort knotting the count on goals

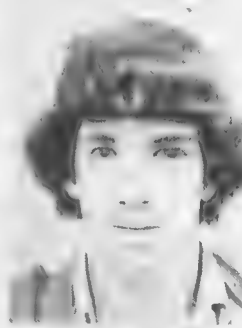
by MacIntosh and Nacheruk. The second period belonged to the Raiders, as they fired six goals with the Fort managing only one tally. Colin Parayko started things off, converting passes from Mark Fraser and Kurt Bokenfohr. Before the midway point, Heyburn scored twice with help from Daryl Turnbull and Bokenfohr.

Shackleton picked up the visitors marker, only to have Brad Hancock erase it a minute later after picking up an Antoniuk pass at centre and going all the way for his sixth of the season.

with Bokenfohr also assisting.

Both teams exchanged two goals in the third. Defenceman Cliff Greening made no mistake on a Heyburn rebound. Nacheruk and MacIntosh each picked up their second goal of the night for the Fort before Turnbull ended the scoring late in the contest.

The Raiders hopes of having home ice available for practice and games for the balance of the season looks like it has gone "down the drain." To date, the boys have got into the arena a few times, but more often than not, have had to dig in their pockets and rent ice at other locations. Tonight's home league game against Tofield has been postponed due to unavailability of ice time.



KEITH HEYBURN

Raiders Rebounds -- If the Raiders emerge victorious in their Winter Game playoff, it will be an opportune time for the City of St. Albert to "pay for some ice" in Medicine Hat ... New York Steak House star of game award against the Fort went to Antoniuk ... Shane had a two point night in addition to his usual excellent penalty killing ... The locals line of Heyburn, Tooth and Turnbull had another big game collecting 10 points ... Protested game of December

The Raiders have drawn a bye into the finals of the Zone 5 playoffs for the right to represent this area in the Alberta Winter Games to be held at Medicine Hat March 4 and 5. They open a two game-total goals series in Barrhead this week, with a return game at the local arena Sunday at 5 p.m. It is

10. St. Albert at Sherwood Park, will be ruled on at league meeting on Monday ... Vegreville at Sherwood Park game last Saturday was cancelled as Vegreville, for various reasons, could not ice a team ... Although St. Albert are alone in first place, it is the all important loss column which has Coaches Pennington and Swist concerned.

RAIDER POINT PARADE

	G	A	P
Heyburn	16	11	27
Turnbull	13	11	24
Bokenfohr	7	13	20
Tooth	7	10	17
Hancock	6	10	16
Laeroiv	9	7	16
Sawchuk	5	7	12
Fraser	4	7	11
Ernest	3	7	10
Parayko	5	5	10
Greening	3	6	9
Antoniuk	4	5	9
Warmington	0	5	5
Swist	3	2	5
Galbraith	0	1	1

LEAGUE STANDINGS

	W	L	P
St. Albert	8	2	16
Vegreville	7	1	14
Sherwood Park	7	1	14
Fort Sask.	4	7	8
Tofield	2	9	4
Fultonvale	0	8	0

Amateur baseball winner

Paul Hargas, of Warburg, has received amateur baseball's highest individual award in Alberta.

He was named the 1977 recipient of the Carling O'Keefe Award of Merit for his "long and valuable contribution to amateur baseball."

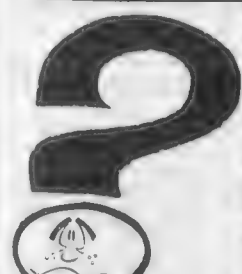
Award Chairman Ron Hayter said Mr. Hargas has a record of dedicated service at the grassroots level which is difficult to match.

In addition to coaching minor baseball teams, Mr. Hargas has served as an executive member of the Oilfield Minor Baseball Association, and as a director of the Alberta Baseball Association and as a director of the Alberta Baseball Association. He was instrumental in the development of a first-class minor ball park in Warburg.

The presentation of the award was made by Barry Booth, sales representative for Carling O'Keefe Limited in Edmonton.

Certificates of Merit went to the other nominees for this year's award: Harold Knight of Irricana; Joe Lebeuf, Wanham; Harold Somerville,

Four inches or 10 centimetres isn't a lot to ask for. You need that or more between you and the water before that pond or lake is safe to walk on. The Canadian Red Cross Society reminds you that it's your winter. Use it wisely.



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Carstairs; and Dan Smith of Edmonton.

"All are winners in their own right," Mr. Booth pointed out. "The fact that they were nominated indicates the high regard in which they are held by people in the sport."

Mr. Hargas joins six past winners of the Carling O'Keefe Award of Merit: Larry Smith, Lethbridge; Doris Taylor, Sherwood Park; Harvey Doherty, Westlock; George Behm, Edmonton; David Plotsky, Sherwood Park and Mr. Hayter of Edmonton.



DARYL TURNBULL

Turnbull stretched the lead to 7-3 and Fraser added another two minutes later firing in Parayko's rebound

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OVER \$50 WORTH OF SERVICE COUPONS WITH THIS ITEM!

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SIZE	PLY	PRICE
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800/16.5	6	\$41.95
800/16.5	8	65.09
800/16.5	10	70.82
875/16.5	6	67.03
875/16.5	8	70.82
875/16.5	10	78.12
950/16.5	8	81.47
950/16.5	10	89.79
WHITEWALL		
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B78/13		
E78/14	\$20.95	\$19.00
F78/14-15		
G78/14-15	\$22.95	\$20.50
H78/14-15		

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ST. ALBERT & STURGEON GAZETTE, WEDNESDAY, JANUARY 11, 1978 - 29

Happenings on the St. Albert sports scene in 1977

Gazette sports flashback

Last week, the Gazette featured a sports flashback for the year 1977, attempting to present major happenings on the local sport scene in capsule form. This week we present part two of the

summary, taking up where we left off in the month of April.

APRIL

Calahoo Scorpions won the

Sturgeon Valley Senior Hockey League 1977-1978 schedule

FRIDAY, JANUARY 13

8:30 p.m. Villeneuve at Bon Accord; 8 p.m. Alexander at Namoo (in Gibbons); 8:30 p.m. Redwater at Morinville; 8 p.m. Legal at R.Q.B.; 8:30 p.m. Gibbons at Calahoo.

SUNDAY, JANUARY 15

2 p.m. R.Q.B. at Bon Accord; 1:30 p.m. Calahoo at Legal; 2 p.m. Onoway at Namoo (in Gibbons); 1 p.m. Redwater at Villeneuve (in R.Q.B.); 2 p.m. Gibbons at Alexander (in Calahoo).

TUESDAY, JANUARY 17

8 p.m. Namoo at Redwater; 8 p.m. Bon Accord at Gibbons; 8 p.m. Alexander at R.Q.B.; 8:30 p.m. Morinville at Calahoo; 8 p.m. Villeneuve at Onoway.

FRIDAY, JANUARY 20

8:30 p.m. Legal at Bon Accord; 8 p.m. Namoo at Gibbons; 8 p.m. Calahoo at Villeneuve (in RQB); 8:30 p.m. Morinville at Alexander (in Calahoo); 8 p.m. R.Q.B. at Onoway.

annual St. Albert Kinsmen Cystic Fibrosis Oldtimers Hockey tournament with a 11-5 win over the Warlords of St. Albert.

St. Albert athletes, Sue Bell and Sean Kehoe, competed in the Canadian Indoor Track and Field Championships in Montreal and both won gold medals in relay races.

MAY

The 14-team Sturgeon

STURGEON VALLEY JUVENILE HOCKEY LEAGUE

League Standings as of December 30, 1977

TEAM	G	W	L	T	P	GF	GA
Westlock	10	7	1	2	16	60	32
Gibbons	*6	3	2	1	7	28	32
Morinville	5	2	1	2	6	21	16
Calahoo	8	3	5	0	6	35	45
Athabasca	6	2	3	1	5	43	42
Wabamun	*5	0	5	0	0	8	30

*Wabamun forfeited game in Gibbons Dec. 17, as they showed up with insufficient players to play game.

LEAGUE TOP SCORERS

As of December 30, 1977

PLAYER & TEAM	GP	G	A	P	PIM
D. Rude (Westlock)	10	7	11	18	6
G. Hampson (Westlock)	10	7	11	18	6
S. Robinson (Westlock)	10	10	6	16	4
C. Zadunayski (Westlock)	10	9	7	16	11
G. Pacholok (Athabasca)	5	8	4	12	0
J. Kerbes (Athabasca)	5	5	7	12	0
O. Pysniak (Westlock)	10	5	6	11	4
D. Story (Athabasca)	5	7	3	10	0
E. Kienfienbeld (Morinville)	5	5	4	9	0
K. McMorran (Athabasca)	5	2	6	8	4
A. Coulombe (Westlock)	10	5	3	8	7
R. Wold (Westlock)	10	3	5	8	8

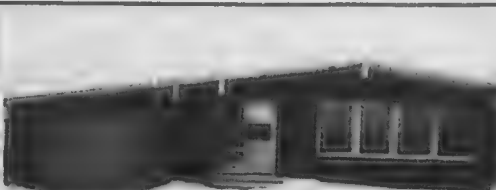
Play-off schedule has now been established. First place and fourth place finishers in league standings will play against each other; and second and third place league finishers will play against each other in opening rounds of the league play-offs. Fifth and sixth place finishers will not compete in league play-offs. Play-off will be a 2 out of 3 series with higher finishing team in each series having opening ice, as well as home ice or third game in series if it is needed.

League finals will be between winners of Semi-finals with first place league finisher of two teams again having home ice for first and third game of 2 out of 3 league finals. In case of tie in league finish it will be based on goals for, if still tied it will then be based on goals against.

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Large family-sized bungalow, only 4 months old. Upgraded carpets throughout large kitchen, 3 pce bath off master bedroom. Excellent financing. Ester Christensen 458-2288 Res. 458-0419.

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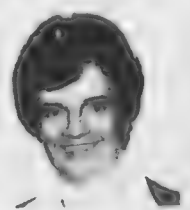
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1800 sq. ft. split level in new Braeside. Sunken family room, dble. garage, 3 baths, fireplace. Beautifully decorated. Call Linda Kuzz 458-2800 or 458-1987.



Graham Realty would like to welcome Mrs. Marg Johnson and Mr. Stan Lindsay to their sales staff. If you have any real estate needs, feel free to call either Marg or Stan at 458-2800. They will be happy to help you

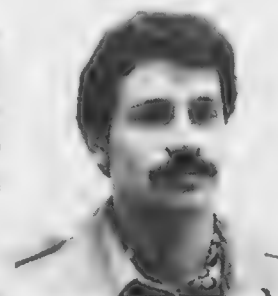
EXPECT A LOT OF SERVICE

held at Sir George Simpson school with the White Weasles defeating the Amazons 6-5 in the "A" event while the Dolphins won 4-3 over the Streakers in the consolation event. In the "B" division it was the Super-sonics over the Trotters by a 8-7 score and the Teeny Boppers scored a 24-0 win over a team made up with players from the Badgers and the Cougars. Grand Knight Al Alain presented the trophies.

The peewee B Nu-West

Canadians held their year end banquet at the St. Albert Inn with guest speaker Roger Bourbonnais congratulating the boys and coaches Al Laplante and Ed Rusnak on a great season. Mitch Poulin was the most valuable player.

Willowbrook Saints, under the sponsorship of Rudy Scheibelhofer of Willowbrook Homes, entered the newly formed Norwest Mid-get Baseball League. Saints were coached by Ben Tooth. Please Turn to Page 31



Mercier on Fitness

THE IMPORTANCE OF MODERATION

By Richard Mercier
Recreation Program
Supervisor

Take it easy! When you finally get your enthusiasm built up to expend some energy improving your fitness, nothing will turn you off quicker than an aching body brought on by doing it all at once.

The problem seems to be caused by a sudden burst of over enthusiasm brought about by a guilty conscience bothering you, combined with some motivation building fitness promotion, (which this article is intended to be). This often results in a "one shot solves all" blast of vigorous exercise.

The answer is to contain that enthusiasm (if you are lucky enough to get it in the first place). Stretch it out, spread it around and save a little for the next time.

You can really hurt yourself by overdoing it. Even if you are in shape, you can tear a few muscle fibers without even feeling it when you are very warm or engrossed in a vigorous sport which requires considerable concentration.

It does not have to be a vigorous work-out to produce sore muscles either. Aches can be caused by using muscles in a different way with a few repetitions thrown in. Common tasks done every few months or more, such as painting a room, often results in sore shoulders, arms and back.

We will never get totally away from the aches and pains induced by physical activity but we can surely reduce them. Slowly warming up to more vigorous movement will help. If you're just starting a fitness program you should even eliminate the vigorous movement for the first while.

So don't go all out on the first attempt, warm up with some easy stretching. (Simple warm up like touching toes). Then and only then, should intensity be increased. But gauge yourself, you will get there safer and with more satisfaction through moderation.

To Your Health!!



TOP SALESPERSON

Ron Morritt, Manager of Weber Bros., St. Albert Branch would like to congratulate his top salesperson for December 1977, Edith-Mary Bourgeois. Edith had an excellent month and invites any customers wishing to buy or sell to call at 459-6686 or 458-8325.

WEBER
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sports

Cont'd From Page 30
Frank Galbraith, Arnie Bailley and Tom Parayko.

St. Albert Sportshop Jets mite "A" soccer team walloped Westmount 15-0 and Inglewood 7-0 in opening league action. In the peeewee division Grandin Bakery also shutout their opposition with 19-0 wins over Inglewood and a close 1-0 win over Dovercourt.

The St. Albert and District Junior Hockey Association was formed with Mr. Tom White named as the president. The association would operate the Junior Saints hockey club in the Alberta Junior "A" Hockey League with ex-Spruce Grove Met, Doug Messier, coaching.

The St. Albert Badminton Club fared well at the Mini-Winter Games in Red Deer with the senior members winning a bronze medal behind Calgary and Lethbridge. The club also won the gold in the mixed doubles.

St. Albert Juniors fastball team won their first game of the season with a 9-3 win

over Spruce Grove Sounders. Matt Lister was the winning pitcher while John Mix, Mike Mitchell, Steve Lister and Dale Reinbolt were hot on the bat with two hits each.

The 14-team Hercules Girls Fastball season got underway with three divisions taking part.

The 10th season of the North Central Baseball League opened with the defending champion Westlock Red Lions scoring a 9-6 win over the Vimy Blues.

Stony Plain Playboys scored a close 2-1 win over the Sturgeon Men's Fastball League All-Stars in the second annual game played in Stony. Both Playboys runs came late in the game and both resulted from errors.

The Hercules Sports Association house league soccer season saw 24 teams taking part in four divisions.

Snow caused a few postponements in the St. Albert Minor Baseball League schedule but fortunately it only lasted a few days and play was able to resume again without major difficulties.

Spruce Grove K of C

fastball team won the annual Sturgeon Valley Men's fastball tournament in Calahoo with a 5-4 win over Calahoo Chiefs in the final. St. Albert's Juniors won 6-0 over Alexander in the first game with Mike Mitchell pitching a no-hitter but they were shaded 2-1 by Calahoo in the semi-final and were eliminated.

St. Albert's three representative soccer teams continued their winning ways in the Edmonton Minor Soccer Knockout Cup action with the Sportshop Jets shutting out Parkview 13-0 in mite play, Grandin Bakery winning 2-0 in the peeewee and Helmut's Masonry taking Kensington by a 3-0 score.

Sturgeon Sod Giants remained undefeated in the Beaver division of St. Albert Minor Baseball with a 7-6 win over The Bucket. Belmont Bombers and Nu-West Homes led the Mosquito league with only one loss in six games while in the Bantam league Belmont Broncos were on top with four wins.

Willowbrook Saints base-

ball team lost a pair of games in Northwest Midget League action as they lost 6-3 to league leading Busby and a close 13-12 decision to Fort Saskatchewan.

JUNE

The St. Albert Sailfish Swim Club started their season and were working hard for the upcoming Regional Swim Meet held here on June 26.

Ian Kay's 11 points in three games moved the Rockets into first place in the bantam soccer league, one point ahead of the Cannons. Kay had 17 goals in eight games and led all scorers with 19 points.

Stony Plain Playboys were still undefeated after seven games in the 14-team Sturgeon Valley Men's Fastball League. St. Albert Juniors had four wins in nine games and were holding their own against the much more experienced teams.

Ryan Oddleifson won the Vital Grandin's elementary high jump meet with a 4' 6"

jump in the 11 year age group.

The Red Creamers were the only undefeated team in the 14-team Hercules Girls Fastball League with a record of five straight wins. Super Sluggers and Bad News Bears were tied for top spot in the Junior Girls division while in the Bantam the Pro-Western Piranhas were on top with a four point lead over A & H Steelers.

St. Albert Juniors, with a little help from pitcher Art Stevenson of Calahoo, won the annual Onoway Senior Fastball Tournament and took home \$125. Juniors scored 16-10 over Alexander, 7-6 over Whitecourt Braves and 6-2 over Onoway in the final. Mike Mitchell was voted the most valuable player and took home a sports bag, courtesy of Labatt's Brewery.

Busby midgets defeated St. Albert Willowbrook Saints 10-7 in the final game of the league playoffs to win the Norwest Midget Baseball title. League governor Murray Steeves was on hand to

present the league trophy and expressed his thanks to all coaches and players who helped make the first year league a success. St. Albert defeated Stony Plain 12-7 and 7-6 to enter the final.

JULY

St. Albert's Sailfish swim club swamped all opponents at the Hinton swim meet coming up with 429 points with Hinton coming home a distant second with 191.

The Hercules Bantam spring soccer season came to an end with the Cannons on top with 11 wins, 4 losses and a tie in 16 games. Rockets finished in second with 21 points. In peeewee division it was the Navajos on top in regular season ending play with a record of 11 wins, 1 loss and 3 ties in 15 games, five points ahead of the Apaches, the runners-up.

Sheila Patrick's run-scoring double in the last inning gave Calahoo peeewee girls a berth in the Alberta Fastball playoffs in Calgary, where they finished in second Please Turn to Page 32

NORTH CENTRAL ALBERTA PEEWEE A HOCKEY LEAGUE STANDINGS - DECEMBER 18, 1977

TEAM	G	W	L	T	GF	GA	Pts
St. Albert	11	10	1	0	51	22	20
Red Deer	12	6	4	2	73	37	14
Fort Saskatchewan	6	6	0	0	37	9	12
Leduc	10	5	4	1	39	48	11
Sherwood Park - Loadstar	10	4	5	1	36	28	9
Ardrossan	8	2	6	0	20	57	4
Sherwood Park - Dairy Queen	6	2	4	0	24	27	4
Enoch	13	1	12	0	19	71	2

TOP SCORERS	GP	G	A	Pts
Church (Red Deer)	12	13	6	19
Viveiros (St. Albert)	11	8	11	19
Causgrove (Red Deer)	12	11	7	18
Sebastian (St. Albert)	11	10	8	18
Lenz (St. Albert)	11	10	7	17
Corrothers (Leduc)	10	11	5	16
Scceviour (Red Deer)	12	6	9	15
Ernest (St. Albert)	11	5	9	14
McLeod (Red Deer)	12	10	3	13
Melnik (Fort Saskatchewan)	6	9	4	13
Cook (Dairy Queen)	6	8	5	13
Rouault (St. Albert)	11	5	8	13

CAPITAL JUNIOR HOCKEY LEAGUE STANDINGS AS OF FRIDAY, DEC. 30, 1977

TEAM	G	W	L	T	GF	GA	Pts
Stony Plain	20	13	5	2	128	85	28
Leduc	21	10	8	3	119	108	23
Sherwood Park	19	8	7	4	62	66	20
Devon	20	8	9	3	92	97	19
Fort Saskatchewan	19	8	10	1	81	99	17
Enoch	19	5	13	1	86	113	11

LEADERS IN SCORING

(as of 23/12/77 not including 21/12 Enoch vs Stony Plain)

NAME & TEAM	G	A	P
Bruce Young (Leduc)	21	25	46
Brad Schultz (Stony Plain)	25	18	43
Wes Kulak (Stony Plain)	21	19	40
Wayne Spychka (Stony Plain)	14	25	39
Vince Tworek (Devon)	19	17	36
Garnet Brimacombe (Devon)	19	16	35
Ron Stroud (Leduc)	13	20	33
Bob Young (Leduc)	12	19	31
Roby Wagner (Stony Plain)	15	14	29
Don Fowles (Devon)	10	17	27

STURGEON VALLEY SENIOR HOCKEY LEAGUE (As of January 8th games)

WESTERN DIVISION	G	W	L	T	P
Calahoo Scorpions	15	12	2	1	25
Morinville Frontiersman	15	10	4	1	21
Onoway Blazers	13	7	4	2	16
Alexander Braves	13	2	11	0	4
Villeneuve Voyageurs	14	1	11	2	4
Riviere Qui Barre	13	1	11	1	3
EASTERN DIVISION	G	W	L	T	P
Namoo Sailcats	13	9	3	1	19
Gibbons Kodiaks	16	9	6	1	19
Legal Canadiens	15	8	6	1	17
Redwater Outlaws	15	6	8	1	13
Bon Accord Wildcats	11	5	4	2	12



OPEN HOUSE
Saturday & Sunday, January 14 & 15
2 - 5 p.m.
12 Mill Drive

NOT MUCH BREAD...

Well built affordable home in Mission Park. Priced with the first-home buyer in mind. 1120 sq. ft. of living space on the main floor plus a totally developed basement. Only \$58,900. Randy Mayoh 459-4461 or 429-0260.

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This 1146 bungalow features living room, dining room with built-in china cabinet, large kitchen, basement development, insulated garage, well landscaped lot. Fran Rothermel 459-4461 or 459-3016.



MRS. JUNE WILLIAMS SALESLADY OF THE MONTH

We'd like to take this opportunity to express our appreciation towards June Williams who has achieved the top position in our branch for December. Let June put her ability and experience to work for you. Call her now at 459-4461 or 458-4726 (Res). Buxton Real Estate Ltd.

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PICTURESQUE

Moving to the Elk Point area? 80 acre parcels 18 miles east of St. Paul and situated on Highway 41 with a monthly payment less than most automobiles! \$25,000 vendor to carry. Call Don Hutton Jr. 459-4461 or 434-5726.

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Buxton Real Estate Ltd.

386 St. Albert Road, St. Albert, Alberta

sports

Cont'd From Page 31 place.

The Hercules Sports Association girls bantam and midget fastball teams ran into a little tough luck in the provincial playoffs held in St. Albert. The BACM Panthers lost two straight in bantam action and St. Albert Sportshop Angels lost 10-4 to Fort Saskatchewan.

The St. Albert Minor Baseball season ended with playoffs in all three divisions. Sturgeon Meat Merchants won 12-6 over Belmont Credit Union Bombers in the Mite "A" final while in the "B" final it was Melton Mighty Mites over Gazette Cards by a 12-0 score.

St. Albert's senior baseball team lost their opening three games in the Sunburst Baseball League but played very well in their 8-3 win over Blue Willow. Barry Murray pitched a four hitter and also hit three singles and a double.

Willowbrook Saints handed Busby their first loss of the season in Northwest baseball action with a 9-6 win. Winning pitcher Ken Young was strong on the mound allowing only three hits while striking out 10. Colin Tooth was on the mound for the Saints in a 12-5 win over Stony Plain.

The Sailfish swim club won six of seven events at the annual Rodeo Swim Meet and coach Peter Odinga was most pleased with the team's performance.

St. Albert's Nu-West A's fastball team lost 7-6 to Linaria in the final game of the Athabasca Men's Fastball Tournament. A's Rick Wright was named the tournament's most valuable player with 8 hits in 11 trips to the plate.

St. Albert's peewee lacrosse team slipped by North Glenora A's by a 4-3 score with Doug Lissey scoring the winning goal. The team also defeated Whitecourt 9-3 with John McKinley, Chris Lane, Lissey and Danny McClain scoring two goals each.

L.B.H. Builders and Garden Valley Raiders fought to a well played 3-3 tie in Sturgeon Valley Men's fastball league action. Paul Mitchell of the Builders had a two-run homerun to put LBH ahead 3-1 early in the game.

The All-Star game in the peewee soccer league was won by the west with a 3-0 win over the east.

Willowbrook Saints midgets won the Villeneuve baseball tournament with a 8-3 final game win over host Villeneuve. Tim Shipanoff was the winning pitcher with 10 strike-outs allowing only three hits. In regular Northwest League play the Saints blanked Fort Saskatchewan 12-0 on Ken Young's one hitter.

The St. Albert Minor Baseball T-ball division ended with the Eagles in first place with a perfect record of 14 straight wins. Panthers also went through the season undefeated but tied three games to end in second.

The St. Albert Minor

Football League held its organizational meeting with Gord Akins installed as president; Jack Tessier, secretary; Rick Suggit, treasurer; and Fern Proulx and Gib Borle looking after equipment and other duties.

Lynn Jensen of Cardston, Alberta topped them all at the St. Albert Kinsmen Rodeo and won the All Around Cowboy title with winnings of almost \$600. Mel Coleman was the Saddle Bronco champion while Jim Dunn took the bareback, Mark Garstad the bull riding, Jim Gladstone the calf roping and Arnold Haraga was the steer wrestling winner.

The Hercules Girls fastball playoffs produced some fine action with many games keeping the fans on the edge of their seats. The Mitey Sluggers upset the St. Albert Inn Red Creamers 21-13 in the Squirt division final. Mohawk Marvels scored a close 16-15 win over the Blue Bombers in the junior girls division while in the senior girls it was the Pro-Western Piranhas 11-10 in the final over A & H Steelers.

The Eagles on the T-Ball championship with a 28-25 win over the Dolphins in the A division playoffs while Cobras won 23-18 over the Hawks in B.

In Beaver playoff action Sturgeon Valley Sod Giants won the title with a 24-6 win over Crown Well Services Roughnecks. Neils Trailer Kings defeated Bernmont Broncos 22-9 in the final to capture the bantam division playoffs.

St. Albert Saints, the newest entry in the Alberta Junior A Hockey League announced the signing of eight players for the coming season including Brian Hermandutz and Wayne Van Brabant who played the previous year for St. Albert Sportshop Barons, the midget "A" champions of Alberta.

The Hercules Mini-Mite soccer final saw the Falcons win the title with a 3-1 win over the Hawks with Brent Schrader scoring all three goals. Ian Paul scored the lone Hawks goal.

St. Albert Junior's fastball

team advanced to the provincial finals in Brooks later in the month with three straight wins in the northern finals played in St. Albert. The Juniors were by far the superior team in the four team semi-final playoffs with a 16-5 win over Rolly View in the opener and then 10-6 over Kitscoty to gain a berth in the final. St. Albert again played Kitscoty who won the B playoff game and again it was all St. Albert as they took a convincing 16-1 win with only five innings played before the game was called.

Brent Lewis had the golfers thrill of a lifetime coming up with a hole in one at the Sturgeon Valley Golf Club. He sank a 5 iron shot on the 11th.

More reflections on last year's sports scene will follow in next week's Gazette.

A simple case of frostbite can lead to amputation. Keep the head and neck area protected, facial muscles flexible and clothing warm and comfortable. The Canadian Red Cross reminds you that it's your winter.

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TUESDAY 1:00 p.m. - 5:30 p.m.
THURSDAY 9:30 a.m. - 11:30 a.m. & 1 p.m. - 5:30 p.m.

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Edmonton T5M 2S9
PH. 454-2222



RELICS OF A FIERY CALAMITY, these vehicles were pulled out of the Town of Morinville garage (background) by the Morinville Fire Department following the fire which broke out Monday evening and caused an estimated \$200,000. damage.

Morinville's second major blaze consumes garage

Morinville seems to have had its share of tragedies lately, with Flynn Feed Services being gutted on December 18, and now the inferno which devastated the town garage located immediately behind the town office Monday evening at about 7:30.

It is still a mystery what set off the Flynn Feed fire, as far as we know, and there are no conjectures regarding the cause of Monday's blaze, but Mayor Stapleton doubts arson. The Edmonton fire

marshall inspected the scene Tuesday, and his reports and observations should be made known later this week.

The building appears to be a total write-off along with the tools and equipment stored inside. In the garage at the time were two or three ton trucks, a one ton truck, a grader, a front-end loader and a small tractor. These vehicles all suffered extensive damage when flaming insulation from the ceiling fell on them. It appears as if the fire started and was

confined mainly to the upper portion of the garage. Mayor Stapleton 'guesstimated' damages in the area of \$200,000, but remarked that the figure could possibly be higher.

Fortunately, no lives have been taken in these fiery disasters, which saw prompt and competent action from the Morinville Fire Department and the many volunteers. The Gazette will carry further reports in next week's issue.

Communities saddened at death of Hector Gibeau

Residents of the Morinville and Mearns districts were saddened recently to hear of the loss of a respected long-time resident, Mr. Hector Gibeau. Mr. Gibeau passed away Tuesday, December 27 at the Sturgeon General Hospital. He had been in vigorous health up to the time of his death at age 72.

Hector Gibeau was born in

St. Albert, Ontario on September 25, 1905. One year later, in 1906, he and his parents, Joseph and Regina Gibeau moved out to the west, taking up residence in the Morinville area. He lived on the family farm in that district until his marriage on November 23, 1926, to Julia Behiel of Morinville. Together they farmed in the Mearns district, where they raised a family of eight. While a resident of that area, he served as chairman of the Tellier School Board in the late 1930's and early 1940's. He and his wife returned to live in the town of Morinville in 1953.

In addition to his work as a farmer, Mr. Gibeau was skilled as a carpenter. It was at this trade that he worked during many frigid winters in the far north, in remote centres such as Mayo, Keno Hill Mines, Whitehorse, Dawson Creek and Yellowknife. He also worked on the construction of the Great Canadian Oil Sands plant at

Fort McMurray.

By the age of 65, Hector was able to relax into semi-retirement, enjoying the companionship of the Morinville Senior Citizens and indulging in his favorite pastime of bridge.

Mr. Gibeau was predeceased by his wife Julia on August 1, 1965. He leaves three daughters, Mrs. Hans (Olive) Vest, St. Albert; Mrs. E. (Rita) Prefontaine, Edmonton; Mrs. G. (Estelle) Shemanko, Rycroft, Alberta; as well as five sons, Romeo, Maurice and Gene of Edmonton; Fernand, Winnipeg and Joe of Calgary. Also surviving are three brothers, Adrien of Edmonton and Paul and Philippe of Montreal and two sisters, Mrs. Blanche Fisk, Vancouver and Sister Fleurette of Pincher Creek, as well as 27 grandchildren, eight great grandchildren.

Hector Gibeau had a ready smile and a cheery manner for everyone he encountered. He will be sadly missed.

Redwater reporter needed

The St. Albert and Sturgeon Gazette is looking for a person who would be interested in writing a weekly column for the Redwater area. No experience is necessary, and it provides an interesting occupation, which requires only a few hours each week, plus an opportunity to develop one's own talents in this area. Anyone interested, and over eighteen years of age, can phone the Gazette Collect at 458-2240, or write to The St. Albert Gazette, Box 263, St. Albert, Alberta, T8N 1N3.

Sturgeon Gazette

Beef prices must recover say cattlemen

The Canadian Cattlemen's Association says that it is essential that beef prices recover over the coming period if beef producers are to remain in business. The Association points out that over the last three years, Canadian beef producers have lost around \$400 million because of low prices and ever increasing costs and that as a result many producers have gone out of business or have been forced to drastically cut back their operations.

The main beneficiaries of the low producer returns have been Canadian consumers - who today are eating beef at about the same price that it was in late 1972. In the meantime, production costs have risen approximately 50 percent and the resultant cost/price squeeze has bankrupted many producers and left the rest in an extremely precarious financial state. Any continuation of the current crisis will inevitably mean many more producers will drop out of beef production.

Consumers must recognize that beef prices have to improve in the very near future. Inevitably many consumers have grown used to the low prices of the last few years and do not realize the enormous hardship that beef producers have undergone. Some consumers may well react against higher beef prices and seek Government action to restrain them. Such action would have disastrous consequences for both producers and consumers.

The Association projects that retail beef prices must rise by about 20 percent over

the next few months. This increase may not be reflected equally in all cuts and the more expensive roasts and steaks may go up by greater amounts than do cheaper cuts. Once this increase had

occurred, prices should level out and hopefully then keep pace with rising costs. If this does not happen, Canadians can expect a sharp decline in beef supplies two or three years from now.

Recreation Report

RECREATION COUNCIL MEETING

The regular monthly meeting of the Sturgeon Regional Recreation Council for January only, will be held on Thursday, January 12, 1978 at the Sturgeon Composite High School, Namao at 7:30 p.m.

M.D. \$2.00 PER CAPITA GRANT DEADLINE:

This is a reminder to all community organizations that the deadline for application for the above mentioned grant is February 1, 1978.

KARATE

Registration is now open for this course in Namao and Morinville. It is a 20 hour course running one night a week, two hours a night. Each participant will receive his/her instruction equal to their ability. Instructor: Mr. Ray Williams. Starting dates: Morinville - Wednesday, January 18, 1978; Namao - Monday, January 16, 1978.

SNOW GOLF TOURNAMENT

The first annual Snow Golf Tournament will be held at the site of the future Cardiff

Golf Course and will take place January 28, 1978. Plans are being made to send the winner to the World Championship Snow Golf Tournament in Prince George, B.C. There will be a maximum of 100 golfers. Closing date for registrations will be January 18, 1978. For further information, contact Jim Newman at 939-4317. For guaranteed fun, register early.

UPCOMING PROGRAMS FOR CHILDREN

Childrens Gymnastics: For ages 6 - 12 will be held on Mondays 6 - 8 p.m. at Gibbons School, beginning January 23, 1978. Registration will be held on January 19, 8 p.m. at Gibbons School.

Childrens Multi Crafts: For ages 5 - 7 will be held on Saturdays 10 a.m. - 12 noon at Gibbons School, beginning January 28. Registration will take place on January 19 at 8 p.m., Gibbons School.

YOGA FOR EXPECTANT MOTHERS

Sturgeon Regional Recreation is offering a five week pre-natal Yoga course beginning on February 6, 1978 in the Sturgeon Regional Please Turn to Page 37



The cold snap last week kept the children of the Redwater Elementary School close to the school during their recess.

HECTOR GIBEAU

Tom Coley dies in Phoenix

By Karen Hogg

Sincere sympathy is extended to the Coley family on the loss of a husband, father and grandfather, Mr. Tom Coley, who passed away on January 8 at the age of 68 at their winter home in Phoenix, Arizona. Mr. Coley leaves to mourn his loving wife Olive, his daughter Dana and son and daughter-in-law Ron and Lynn, and his only grandchild Rhonda. He also leaves to mourn his

sister Mrs. Phyllis Semeniuk of Clyde, and his two brothers Eddie of Calgary and George of Edmonton.

In 1945 Tom and Olive Coley went into the hotel business which is situated on the main street in Gibbons.

In 1947, after being in the hotel business a few years the Coleys left that business to become the owners of the store beside the hotel, and called it Coleys General Store, where the M & M Foods stands now. Tom and Olive and their two children lived in the back of that store for many a year. Tom Coley played baseball for the senior club for years and then retired to coach the ladies

fastball club in Gibbons. The Coleys retired from the store business after being with it for 24 years in 1971.

Tom and Olive have been going to their winter home in Phoenix for the past nine years, both enjoying a summer climate all year round, going there for the winter and coming home for the summer. Tom Coley was a man who loved his baseball and I am sure that very few games on TV or in Gibbons were missed by him. When ever we think of Mr. Coley we will see the baseball cap and the ever present cigar. Information concerning funeral arrangements will be announced later this week.



Above, some of the parkas that can be made in the Eskimo Parka Construction Courses sponsored by the Sturgeon Regional Recreational Council are modelled. The courses will be held at Riviere Qui Barre, Legal and Namao.

Legal

Sportsman

Commercial

Hockey

League

STANDINGS

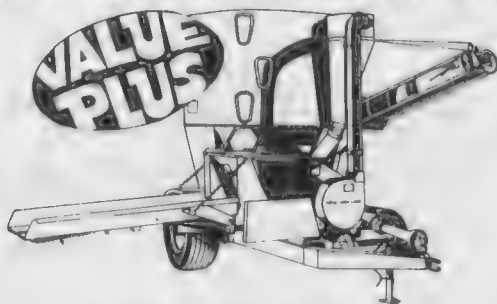
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34 - ST. ALBERT & STURGEON GAZETTE, WEDNESDAY, JANUARY 11, 1978.

AGRICULTURE FROM MY VIEWPOINT

BY MARVIN E. MOORE

ALBERTA MINISTER OF AGRICULTURE

In connection with the Western Grain Stabilization Act, I would like to remind farmers that they have until January 15, 1978, to remit voluntary levy payments for credit on their 1977 accounts. The deadline for getting back into the plan for those who have opted out has passed and they cannot get back in until January 1, 1979.

This reminder is mainly for those grain producers who are still in the plan and who may not have remitted their full levy because of crop losses or non-board sales. Payments should be made at a rate of two per cent of 1977 receipts from grain sales where the levy was not already deducted. These may have come from hail and crop insurance payments, farm to farm sales, sales of mustard seed from January 1 to June 1, sales to feed mills where the levy was not deducted

and 1977 Canadian Wheat Board final payments where the levy was not deducted.

Most farmers should be able to tell from their records, such as permit books and cheque stubs as to how much of a levy they have paid for 1977. They can send the balance to total up to a maximum of five hundred dollars, by cheque along with copies of their sales receipts to the W.G.S.A. Office, 935 - 303 Main Street, Winnipeg, Manitoba, R3C 3H5. If you cannot tell the amount that there is remaining to be paid then make an estimate and send in a cheque anyway, but be sure it's in the mail by Sunday midnight, January 15. Overpayments will be refunded as soon as accounts are verified.

There is a prospect of \$100 to \$300 million to be shared by Western grain producers

that are still in the plan. In the event of a payout later this year, it could mean that about fifteen hundred dollars per farmer. This should buy a few new threads or other goodies for most families. About two-thirds of the monies will come from government contributions to the pool and the balance from levies collected over the past two years. I am happy to note that nearly 42,000 Alberta farm families will be eligible for payments this year.

*** ** *

This is a good time of year to add up your gasoline bills for last year, and make application for refunds of the Federal Excise Tax on gasoline which are available to all farmers. Forms can be picked up at your nearest Post Office.

Namoo News

By Norma Crozier

At Namoo Church on January 22, a special joint service will be held with the congregations of Namoo United Church and the Roman Catholic Parish beginning at 7:30 p.m. This service will mark the week of prayer for Christian unity.

The United Churches of Namoo charge will hold a winter Communion Service at all three points on January 22.

Sympathy of the district is extended to the McLay family in the loss of Mrs. George (Bernice) Harkness of Trail, B.C., who passed away on January 1, 1978 after being injured in a car accident. She is survived by her husband, Mr. George Harkness of Trail, B.C., one son, Dale of Grand Forks, B.C., one daughter, Diane of Nanaimo, B.C., one granddaughter, two sisters Mrs. Hazel Jensen of Namoo, Mrs. Doris Craig of Montrose, B.C., four brothers, Mel, Earl and Lewis McLay of Namoo and Roy of Horse Hills.

MARTIAL ARTS CLASSES

Karate and Kung Fu classes will begin at Namoo Elementary School Gymnasium on January 16 at 7 p.m. This is a 20 hour course which involves all aspects of these martial arts with different levels of instruction depending on the level of participant. These classes are open to all ages and instructor is Ray Williams. For more information contact Jim Newman at 939-4313

NAMOO INSURANCE SERVICES LTD.

Life - Auto - Home -
Farm and Business
9 a.m. to 9 p.m.

PHONE: 973-3668

from the Sturgeon Recreation Department.

A shower will be held in the Namoo Community Hall on Thursday, January 12 at 8 p.m. honoring Miss Kathy Ward, Kathy, the oldest daughter of Mr. and Mrs. James L. Ward will be married to Mr. Garry Taron, son of Mrs. Margaret Markowski on January 21, 1978.

Congratulations to Mrs. Vera Huber on the birth of a new grandson; born to Mr. and Mrs. Murray (Theresa Huber) Stratton, on December 24, 1977. David Lee weighed in at 7 lbs. 3 ozs., a wee brother for Terry.

Mrs. Molly McDonnell and children Heidi and Darren flew to Vancouver, B.C., to spend Christmas with sons Murray and Gordon and their families.

Congratulations to Mr. and Mrs. Howard Samis on a new grandson born to Mr. and Mrs. Lloyd (Sharon) Epp on January 9. Jason Bradley is a first child for Lloyd and Sharon and weighed 8 lbs. 2 1/2 ozs.

Sunnyside News

By Lois Bowman

The holidays are all over and all are back to work and back to school. Home from a three week Christmas visit to Holland are Tina and Tom Eppingas along with their three children, Andrea, Shelley and Tommy. The Eppingas spent the Christmas holidays with Tom's parents and family.

New Year's Eve at Sunnyside was a great time as usual the hall was filled to capacity. The music supplied by Myrtle and Joe Myers was very good. Joe got everyone in great spirits. The door prize was won by Shirley and Roy Speer.

Ann and Archie Maxfield had visitors at their home on Boxing Day. They were very honored to have recording artist Wilf Wiggins there and Wilf entertained by singing a couple of songs including "Thirty-Two Wonderful Years" - Great entertainer!

LADIES CLUB MEETS

The Ladies Club held their first meeting of the New Year at Barb Harpers on Wednesday, January 4. It was a snowy evening but there was

a very good turnout. The main topic was the beginning of work on a bazaar. It seems like a long time away until next November but the gals thought maybe they should start on it now. The first work meeting will be on Wednesday, January 18 at the hall. It is hoped we can work on plant hangers and wall hangings with the help of Linda Sherwin. Anyone interested in coming out and joining in the handicrafts is more than welcome.

The next ladies meeting will be held on Wednesday, February 1 at the home of Linda Sherwin.

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Jim Shaws celebrate 45th anniversary

Jim and Cathie Shaw celebrated their 45th wedding anniversary at Coronado Church Hall on Sunday, December 4. In spite of the 20 below fahrenheit weather (reminiscent of their wedding day December 1, 1932) over 85 attended, with a few braving the elements from as far as Leduc.

The hall was tastefully decorated for the occasion. At the head table were seated the bride and groom of 45 years, with Mrs. Nettie Johnston of Calgary, sister of the bride, standing in for the original bridesmaid, Mrs. Jean (Craig) Morgan, of Saturna Island, B.C., who could not attend; and Mr. John Shaw, the best man. The table was centered with a beautiful floral arrangement, made and given by Mrs. Kay Yow. The anniversary cake was baked and decorated by Mrs. Helen Hughson. Mr. John Shaw was master of ceremonies and Rev. Sidney Vincent said the blessing.

John Shaw then gave a history of the highlights of Jim's life up to the wedding, and of both throughout the years. He told of the rather shy and reserved girl, blossoming out after their two children left home, and were married, and becoming involved in community work. Cathie was one of the leaders in organizing both the Eastgate school reunion, where she had attended; and the Heathfield school reunion, where Jim and the children had attended. Then she became involved in the Gibbons senior citizens group, winning an award for her work in it. She was secretary of the Coronado U.C.W. Unit 1 for two years,

and for a number of years has hosted their annual picnic on Juniper Hill. One of her pet hobbies is keeping scrapbooks. Of all the notable events in the community over the years, John mentioned that Jim had attended a funeral on the morning of the day he was married.

A letter of congratulations was read from Mr. Peter Elzinga, member of Parliament. Stuart Shaw, representing the seven grandchildren then stole the show with his address to his grandparents, expressing appreciation for all they had done for them in so many ways throughout the years. This made Cathie and Jim very proud indeed.

James himself spoke next, thanking all who had helped in any way in making this occasion such a success.

Tommy Woodward was then called on, and he told of Cathie's early history, as he had known her since she was two years old. He mentioned her father's work in those early pioneering days, and events leading up to the wedding, which was held at the home of Mr. and Mrs. Peter Craig in Edmonton. The Rev. Mr. Black, a Baptist minister tied the knot. The bridal couple's experience of going home and the car breaking down were related.

Cathie and Jim then thanked everyone with a few well chosen words.

The family were assembled to stand behind the parents and grandparents, while pictures were taken. They were as follows, James and Sandra (Elzinga) and children Stuart, Karen, Graham and Blaine; Ellen and Harvey Schneider and their

children, Lorna, Marlene, and Neil. Of interest to many was the display of snaps of Cathie and Jim, their parents, children and grandchildren entitled ("Through-out the Years").

A delicious lunch was provided, being served by the ladies of Unit 1 and Unit 11 Coronado UCW. To top the day off, the power went off at 4 o'clock, and many that came late had to have their lunch by lamp and candlelight which they really enjoyed. Brought back memories of 45 years ago. This brought a very pleasant afternoon to a close.



Calahoo Scorpions came close to scoring on this play late in the game but Redwater goaltender Rod McIntyre came up with an excellent save. Scorpions won the game 5-4 and maintained their lead on top of the Sturgeon Valley Senior Hockey League.

Constance Roberts dies after brief illness

It was with deep regrets and sorrow that Gibbons residents learned of the sudden death of Miss Constance Florence Roberts of Gibbons at the Redwater Hospital, after a very short illness. The death occurred on the morning of December 24, 1977. Her death marks the passing of another long time pioneer of this district.

Better known as "Connie" to all, she was born October 28, 1892 in Sydnham, England. She came as a little girl with her parents, the Rev. and Mrs. Orlando James Roberts and family from Sydnham, England. Rev. and Mrs. Roberts came as missionaries to Canada from England in 1899. Coming by train to Wetaskiwin, Alberta, they acquired a team of horses and wagon. They loaded their possessions and family in Wetaskiwin and set out over rough and rugged trails for Athabasca. This journey took them six weeks, with stopping places few and far between. At Athabasca they boarded scows and continued the rest of the trip by boat to Fort Chipewyan, where they lived and worked amongst the transients and natives for the next seven years.

They came back by degrees to Lake Athabasca. Missionaries were often required to serve as doctors, attending to medical needs as well as spiritual ones and taking care of destitutes. Hardships were always facing them. At that time there was no town of Gibbons and when they returned they settled east of Gibbons at what was known then as Battenburg. From there they served Gibbons, Bon Accord and Redwater districts. Until the Rev. Roberts death in the year 1938, they served a term of nearly 29 years here. The Anglican church since

has been moved to Gibbons and is still in use. Constance and her brother continued to live on their farm with their mother east of Gibbons. Until after their mother's death on January 19, 1956.

MOVED TO GIBBONS

Later Constance and brother Alexander moved to Gibbons, where she lived until her illness. She took an active part in organizational work and was loved and respected by all for her loyal and steadfast attendance and membership. She will be greatly missed by all her co-workers and friends. She had been a member of the Pythian Sisters since March 25, 1953 - a term of 25 years. She held the office of Protector at the time of her death.

Connie was also a Legion member serving as Sergeant of Arms. She had been a member since 1949, a term of 28 years.

Her oldest brother Fred was killed in active service in France in World War I. Alexander was also a soldier in World War I but lived through it and was able to come home. Brother Malcolm enlisted in World War I and returned home after Armistice was signed.

Her church was very important to her, as was the Anglican Church Auxiliary, having been a member since its beginning.

She also belonged to the Gibbons and Bon Accord Senior Citizens groups, which she attended faithfully since their beginning.

She celebrated her 85th birthday October 28, 1977 with her brother Alexander and a few friends.

She was predeceased by her parents the Rev. and Mrs. O. J. Roberts, her brother Fred in 1918, and a

sister, Mrs. Edyth Fields of White Rock, B.C. She is now survived by two brothers, Alexander now of Edmonton, and Malcolm and sister-in-law Mrs. Malcolm (Francis) Roberts of Creston, B.C., who are presently visiting here in Gibbons.

Funeral services were held December 29, 1977 in the Emmanuel Anglican Church

in Gibbons at a 1 p.m. service, with Rev. Thomas McKnight conducting the service. The church and yard were filled with old friends. Interment followed in the Bon Accord Cemetery in the family plot besides her parents. Howard and McBride, funeral directors handled funeral arrangements.

Municipal District of Sturgeon Requires Steno Typist

The Municipal District of Sturgeon requires a full time steno typist to assist in the planning and development department. The successful applicant will be required to answer telephone, type minutes and correspondence, file, issue moving and building permits and other related duties. Experience in planning is not essential but would be beneficial. Applications will be received to January 18, 1978. Salary to commensurate with experience.

Gilbert J. Boddez, Secretary-Treasurer.



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Legion ramblings Morinville Branch 176

By John J. Bulger

Since my last article we have seen the year 1977 pass and fade away and now we are entering the year 1978. I sincerely wish that in the upcoming year all your wishes and aspirations will be favoured and that all mankind will live in peace and harmony.

Members of Branch #176 were deeply saddened to hear of the untimely death of 14 year old Dwayne Ellis. Dwayne is the son of Mr. and Mrs. P. J. Ellis who were members of our community from 1970 to the summer of 1977. Paul Ellis was a member and past president of Morinville Branch 176. The members of Branch 176 express our sincere sympathy to Paul, Gloria, Dena and Darren in this trying time.

All members of Branch 176 are reminded that nominations are now open for all positions on the Branch's 1978 executive. We request that all members give serious consideration to allowing your name to stand for nomination. Remember, you only have to serve for a period of one year and with an executive that works together, the year passes swiftly and the Branch will surely benefit from your active participation in the administration of the Branch's business and welfare of its members. Be a participating member. If sufficient nominations are received, an election will be held at a meeting to take place on January 20 at 8 p.m. Your support by attending this meeting is encouraged.

Several members of the Branch have not paid their 1978 membership as yet. Membership fees should be remitted to Royal Canadian Legion, Morinville Branch #176 and forwarded to Al Davies, phone 939-4132.

The regular Thursday bingo being held at the Rec. Centre is progressing favourably. On Thursday, January 12 the jackpot will be \$360 in 54 numbers of less. Doors open at 7 p.m. with the games starting at 8 p.m. In addition to the jackpot and regular games, a bonanza and half-the-house are played. The Branch is still experiencing a shortage of workers at these bingos and the committee requests that each member do his or her share to ensure the efficient operation of these games, bearing in mind that proceeds realized are used

mainly for community projects. Even if you don't play, lend your support by working a few evenings of the year.

The New Year's Eve frolic held at Legion Hall was very successful and enjoyed by a capacity crowd. Music was supplied by Sound Trac + 2, refreshments were served and a buffet supper was prepared and served by the Ladies Auxiliary and members' wives. Thanks to all those who assisted to make this event the success it was.

Some upcoming events planned by the sports and entertainment committee are a "Funspliel" and "Valen-

tine Dance". Particulars as to the time and dates will be announced at a later date. Watch this column for further details regarding these events.

Plans are now being formulated for the renovation of our kitchen facilities to allow for a more spacious kitchen area and storage cabinets. The Branch still has some cedar shakes which form the canopy of the bar area available for sale. The cedar shakes sell for \$10 and will be suitably inscribed with your personal or business name. Proceeds from this

project goes towards Branch renovations. Purchase of these cedar shakes can be made by contacting J. J. Bulger at 939-4128 after 5 p.m.

Support Morinville Branch 176, your branch, by being an active participating member. Morinville and area residents interested in becoming a Legion member should direct their inquiries to Al Davies at 939-4132 for further particulars regarding membership eligibility.

P.S. The Branch's striped black and white pet has hibernated for the winter.

Morinville Hockey News

By Margaret Yacynshen

Peewee Legionnaires, in one of their games over the holidays, defeated the Riviere Qui Barre team with a score of 5-2. Darvin Hanson scored two goals, and Roger St. Laurent, Darren Hesse, and Lyle Weisgerber made one goal each. The Legionnaires also defeated St. Albert Bottle Depot 3-0. The Morinville goal scorers were Darvin Hanson two, and Darren Hesse one. In a game against St. Albert Fire Chiefs, the team lost 3-1 with Curtis Purdue being the lone goal scorer for Morinville.

Elite Carpet Peewee A played two games last week winning 5-4 over Leduc BB and 25-0 over Alexander. The Morinville points (goals and assists) were scored by: Chris Bokenfohr, 14; Dwight Van Brabant 12; Robie Hoffman 9; Marshall Lalonde 8; Rick Mulligan 7; Phil Schayes 7; Tim Quinn 6; Dave Schriver 2; Jimmy Turner 2; and Mark Carleton, 1. Next action for the Elite Carpet Blades will be against St. Albert, Dawson Creek and Athabasca.

FRONTIERSMAN WIN ONE

The Morinville Frontiersman played three games last week, winning only one of them. On January 3 the team defeated Onoway 9-0. Dexter Dersch scored a hat trick. Neil Macleod two goals and Richard Wright, O'Neil Chevalier, Scott Belrose, and Marcel Tourangeau all had singles. Morinville had 10 minor penalties and Onoway had seven. This was the second shutout this season for Bob Letourneau.

The Frontiersman lost 6-3

in a game against Gibbons on January 6. Two goals were scored by Marcel Tourangeau and one by O'Neil Chevalier. Morinville had three minor penalties and one 10 minute misconduct while Gibbons had six minor penalties.

A game on Sunday, January 8 saw Legal defeat the Frontiersman 2-1 with Richard Wright scoring the only Morinville goal. Each team had a total of eight minor penalties with Morinville also taking one major penalty.

The next games for the Frontiersman are on Friday, January 13 at home to Redwater and on Tuesday, January 17 at Calahoo.

Andy's Trucking Shaver A team report the following results of games played over the holidays. On December 24 in a 5-5 tie with Westlock, Morinville goals were scored by Darcy Wood 2, Murray Bokenfohr 2, Donald Houle,

1. On December 29, the final score was Breakfast Lions St. Albert Club 4, Shaver A 3, with Morinville goals by Donald Houle, Brad Boddez and Darcy Wood. On December 31, the team was defeated 6-3 by St. Albert Fuhr Ford Mercury Cougars. Murray Bokenfohr scored two goals for Morinville and Darcy Wood one. On January 4, Grandin Bakery of St. Albert won 4-2 over Morinville with both Shaver A goals made by Murray Bokenfohr. On January 7 in a 6-5 victory over Gibbons, the Morinville goals were scored by Donald Houle 2, Murray Bokenfohr 2, Darcy Wood and Bob Christie one each.



Horse Hill News

By Barbara Hostyn

Thursday, January 12, the Horse Hill Hornets play Coronado Cougars at 10 p.m. at Gibbons, Sunday, January 15 in Bon Accord the Horse Hill Hornets play the Bon Accord Outlaws. Thursday, January 19 the Horse Hill Hornets play against Namao at 8 p.m. at Gibbons.

The annual meeting of the Horse Hill Community League will be Monday, January

23 at 8 p.m. in the meeting room of the Horse Hill Community League kitchen. Everyone is welcome.

If you have not already registered, registration for craft classes will be held at the Horse Hill meeting room at 7 p.m., January 23 before the annual meeting. One more addition to the courses previously mentioned is Eskimo Parka construction. Come and get involved.

CARD OF THANKS

We wish to express our sincere thanks and appreciation to all our friends, relatives and neighbours for their thoughtfulness, kindness, mass offerings, messages of sympathy, beautiful floral tributes, and assistance at a time when we are missing our dearest loving father and grandfather so very much. "Special thanks" to Rev. Father Primeau, doctors and nurses at the Sturgeon General Hospital, Norm Chalifoux and the choir, altar boys, Florence, Christine and Yvonne Vranas and the C.W.L. Your kindness was greatly appreciated.

The Gibeau Family



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Morinville Memos



This truck was one of the pieces of equipment that the Town of Morinville lost in a fire Monday night, when flaming insulation fell from the ceiling of the town garage on to the six vehicles parked in the garage.

Cardiff News

By Florence Vranas
The Cardiff Community Christmas party for members and families was a great success with Santa distributing bags of goodies to all children present. The draw for the Christmas hamper was won by Marcelle Dupuis from Morinville.

Everyone was saddened by the sudden passing of Floyd Vollrath on December 18, 1977 at the age of 65 years. He was predeceased by his wife Odella (Brenneis) in March of 1975.

He leaves his daughter Mrs. (Joan) M. Schayes, two grandchildren Doris and Sandra; brothers, Earl of Vilna; Charlie and Dick of Edmonton; Art of Morinville and sisters Mrs. Rita Thomas, Athabasca; Lena Swanson, Barrhead; Helen Brandon and Beatrice Jacobson, Edmonton; and Evelyn Morin, Vega.

Floyd was well known and liked by not only his friends and relatives of Cardiff and district, but also Morinville and his cheerful presence will be missed for a long time. We extend our sincere sympathy to his entire family.

Mr. and Mrs. Peter Nouwen and son Gerry as well as John Nouwen have sold their property in Cardiff and have moved to Morinville.

Holiday guests of Chris and Gwen Knoll were Ron and Phyllis Byer of Winnipeg and John and Peggy Keith now residing in Fairview where John is postmaster.

A reminder that the next Cardiff Community Club meeting will take place at Linda Killian's at 7:30 p.m. on January 31.

Also, anyone not only club members may register with me for a patchwork quilting course that will begin soon; I

will contact all interested persons as soon as a beginning date and location has been decided upon.

On the lighter side it is rumored that some of the men in Cardiff are forming a posse to hunt down and bring to justice one helpful husband that set a bad example by preparing and serving Christmas breakfast in bed to his wife and family. Beware Mr. X !!

Recreation News

Cont'd From Page 33
Recreation Building from 10 a.m. - 11:30 a.m. For more information and to register, phone 939 4317.

Ladies must have a medical doctors written consent before they will be authorized to take this course. Instructor is Elaine Hood, registered nurse who is experienced in Yoga and is certified by Friedell Khattab, School of Yoga, and has completed a Pre-Natal Yoga course.

This course will include a series of relaxation and stretching exercises. Bring a thick blanket or sleeping bag, and wear comfortable and stretchable clothing.

A two hour program sponsored by the local RCM Police. All students and ladies are encouraged to attend this presentation, which includes a film, informative talk and question period, regarding protective measures against assaults, rape etc. If possible a lawyer and a medical doctor may be in attendance. This presentation will be held in the Morinville Hall, Monday, January 30, 1978 at 7:30 - 9:30 p.m. Coffee and donuts will be served. Fee: \$1.50 for adults, 50¢ for students.

By Margaret Yacyshen
At the latest Ag. Society meeting another draw was made in the \$200.-a-month club with the winner for January being Armand Montpetit. The Ag. Society also announced that a skate-a-thon will be held in Morinville on Sunday, February 26.

Hazel and Terry Kercher would like to announce the arrival of a baby girl, Carmen Marie, weighing 9 lbs. 4 ozs. She was born on December 28 at 2:07 p.m. at the Sturgeon General Hospital. A sister for Christina.

The Senior Citizens Rendezvous Club will hold its annual meeting on Wednesday, January 18 at 1 p.m. in the Clubhouse. Membership fees are due for 1978 and may be paid at this meeting.

The Morinville Recreation Board Inter-Club meeting will be held at 8 p.m. on Thursday, January 19 in the Board Room of the Regional Recreation office. Each club and organization is reminded to send a representative.

The Ladies Curling League is looking for someone to babysit every Tuesday afternoon from 1 - 3 p.m. during curling games. Anyone interested is asked to contact Jeanie Kachman at 939-4066 or Shelly Parko at 939-4071.

The Morinville Pottery Club is offering a six-lesson course in handcrafting and glazing (no molds), starting Monday, January 23 at 7:30 p.m. Anyone interested is asked to register as soon as possible by phoning 939-4565 or 939-4827.

FIRST AID COURSE

A first aid course will be offered later this winter with the possibility of recruiting new members for the Morinville Ambulance Service. Anyone interested in taking this course and assisting the ambulance service either as a driver or attendant, may call Bjorg at 939-4467 or Yvonne at 939-4791.

Sincere sympathies are extended to Norm, Frances and Raymond Meunier on the loss of their son and brother Rene on Sunday, January 8, 1978. Funeral services were held Wednesday, January 11 at 10 a.m. in St. Jean Baptiste Church, Morinville.

Receipts for donations of \$25 or more to the ambulance service will be in the mail shortly. Anyone wishing a receipt for donations less than \$25 may obtain one by dropping in at the Carlson residence at 10008 - 104 Street. No phone calls please.

STURGEON REGIONAL RECREATION COURSES

Karate-Kung Fu starts in Morinville on Wednesday, January 18 at 7 p.m. in the Notre Dame gymnasium. This 20 hour course will involve all aspects of these martial arts with different levels of instruction depending on the level of the participant.

People wishing to learn cross country skiing are asked to submit their names to the Sturgeon Regional Recreation office. If enough interest is shown, a clinic will be set up, offering basic instruction in this sport.

A ladies basketball clinic, commencing Thursday, Jan. 19 from 7:30 to 9:30 p.m., will be held in the Georges P. Vanier gymnasium. The course continues for a total of four weeks during which instruction will be given in

the fundamental techniques and strategies of the game. A team will then be set up to play against teams from other towns. The fee for the clinic is \$6.

Typing for adults will be offered starting in February. Dates and times will be announced later.

To register for or obtain further information about any of the above courses, contact the Sturgeon Regional Recreation office at 939-4317

LOCAL BONSPIELS

The Morinville Ladies Curling Club will hold an open bonspiel on January 20-21-22. Entries are being accepted by Shelly Parko at 939-4071; fee is \$40 per rink.

The Morinville Curling Club is hosting three bonspiels this winter: a Farmers' Spiel on February 10-11-12, a Mixed Bonspiel on March 10-11-12, and a Men's Bonspiel from March 14-15-16 inclusive. There will be night curling only in the men's spiel on March 14, 15, 16 and 17. Entry fee for each of these bonspiels is \$40 per rink. Thirty-two rinks will be accepted in both the farmers' and mixed bonspiels and 48 rinks in the men's. All entries are being taken by Colleen Brisson at 939-4525.

Anyone with news items is asked to contact Margaret Yacyshen at 939-3047, or mail to Box 100, Morinville, or stop in at 9715 - 99A Avenue.

QUOTE

"Pessimism is a form of intellectual laziness."

Jean Drapeau

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"COME IN AND SEE OUR MONTHLY SPECIALS"

Canadiens come on strong against RQB

G A P

By Irene Parent

On December 16 the Canadiens played a very strong game against Riviere Qui Barre, the score being 20-0. Goals went to Leo Provincial (7), Bernie Fizer (3), Pete Provincial (3), Robert Pelletier (1), Richard St. Martin (5), Denis Chamberland (1). Assists to Darcy Brisson (3), Richard St. Martin (5), Denis Chamberland (2), Ross McKenzie (2), Dan Prefontaine (2), Leo Provincial (8), Pete Provincial (6), Gilbert Bilodeau (1), Bernie Fizer (1). It was a very happy win for Legal although the fans were disappointed at the competition. Total penalties were 20 minutes for Legal, 49 minutes for Riviere Qui Barre.

December 20 - Legal Canadiens vs Redwater Outlaws in Redwater. Score 6-4 for Redwater.

In the first period Legal seemed to be themselves slow to get the lead out of their pants. At the end of the first Legal was losing 1-0. They got rolling in the second to finish the period 3-2, a close one. The boys were determined to put the Outlaws away and arise victors and in the third the score went to 4-4. However, the young Redwater team managed to get two more in the Legal net. A sad loss for Legal.

Scoring for Legal was Pete Provincial, two goals assisted by Leo Provincial and Danny Prefontaine on one, and Leo Provincial and Darcy Brisson on the other. Bernie Fizer also scored one with Richard St. Martin and Danny Prefontaine assisting. Richard St. Martin scored the fourth goal with Pete Provincial assisting. Penalties Legal 16 minutes and Redwater 22 minutes.

LEGAL VS NAMA0 INLEGAL

A ball tie for Legal Tuesday, December 27 as they met Namao once again in a very fast and interesting game.

The Canadiens were ahead 2-0 at the end of the first, with Leo Provincial scoring and Don de Champlain assisting. Pete scored the second goal and Leo Provincial and Danny Prefontaine assisted. The Namao team scored three in the second making the score 3-3 at the end of the second. Pete Provincial got the only point in this period with Leo Provincial and Bernie Fizer assisting. Sweat poured from the Canadiens brows as they listened to coach Ray Bris-

son's strategy plans, with manager Claude Maurier agreeing on the ideas. The team went on the ice determined to give it a good try to win not only for themselves but for their faithful, but few fans. Raymond de Champlain scored with no one assisting. The crowd roared. Then Namao scored, oh no. Tied again. Then Richard St. Martin scored with Pete and Leo Provincial assisting. Again Namao scored. Again the crowd was tense. Namao had the puck, he hit the post and in it went for a score of 6-5. Hands were clenched together as fans prayed for a tying goal. Six minutes to play, the people held their breath as Pete got hold of the puck. He passed it to Richard St. Martin, who carried the puck up and over the blueline to Leo Provincial who carefully and accurately shot it into the Namao goal. The period ended shortly after with the score 6-6. A very close well matched game.

January 3 the Legal Canadiens won their game against Gibbons. Scoring in the first period was Bernie Fizer, in the second Robert Pelletier scored an unassisted goal. He also scored in the beginning of the third. Scores also went to Leo Provincial, Rick St. Martin and Leroy Coulombe. Assists went to L. Coulombe, R. McKenzie (2), Pete Provincial and B. Fizer. Total penalties in the game were Legal 27 minutes, Gibbons 37 minutes and one player from Gibbons also received a game misconduct.

On January 6 Legal played a very exciting game against Onoway, Legal, the victors. Legal went ahead in the first 1-0 with L. Provincial scoring and Pete Provincial and Richard St. Martin assisting. In the second period Don de Champlain scored and L. Provincial assisted. Later D. Brisson scored and D. Chamberland assisted, the score 3-0. Then Onoway managed to slip one in on the great goaltending of Paul Provincial, the score 3-1 at the end of the second. R. McKenzie began the period by scoring and D. Brisson assisting. Onoway scored another shortly after. L. Provincial scored with P. Provincial and R. St. Martin assisted. Onoway slipped two more in the net the score 5-5 with five minutes to play. At 4:55 P. Provincial shot the puck into the opponents net to score with B. Fizer and L. Provincial assisting. At 4:19 Robert Pelletier scored a goal with L. Martineau and L. Coulombe assisting. Just

about two minutes left to play and L. Martineau scored after receiving a pass from R. Pelletier. A minute to go and P. Provincial added the final touch for the Legal teams win 9-5 with L. Provincial and R. St. Martin assisting.

LEGAL ON WINNING STREAK

Legal Canadiens really showed their talent January 8 when they beat Morinville 2-1. The bleachers were a little more than half full as

the fans watched some pretty fast hockey. Ray de Champlain scored for Legal in the first period with Leo Provincial and Peter Provincial assisting. The score stayed 1-0 until around the middle of the second when Morinville scored, tying things up. However the team started pouring toward the end of the second when Ross McKenzie scored and Leroy Coulombe assisted. Neither team managed to score in the third, although the Canadiens came close several

times hitting the post. They still had another victory to add to their list with a 2-1 victory. Penalties for Morinville totalled 19 minutes, Legal 16 minutes.

Come on all you fans lets give the guys a hand and get out there and cheer them right to the top!

Be sure to be there (Legal Arena) January 15. Legal vs. Calahoo.

LEGAL CANADIENS PLAYER STANDINGS

Ross McKenzie	4	9	13
Dan Prefontaine	1	6	7
Louis Martineau	2	6	8
Gilbert Bilodeau	0	1	1
Ray de Champlain	2	3	5
Remi Cyr	1	0	1
Don Mills	0	2	2
Darcy Brisson	4	10	14
Richard St. Martin	15	21	36
D. Chamberland	6	9	15
Bernie Fizer	13	11	24
Leroy Coulombe	1	7	8
Leo Provincial	21	38	59
Bob Pelletier	10	4	14
Don de Champlain	2	2	4
Pete Provincial	20	21	41

Legal Locals

By Irene Parent

Mr. and Mrs. Amedee Gagne were pleased to have the whole family together for Christmas. Their oldest daughter and family, Mr. and Mrs. Melvin Magnusson from Fairview and Robert and Yvonne Cleaver from Niagara Falls, Ontario. Robert and Yvonne visited with their family for three weeks before returning.

The Legal Curling Club had a raffle and the draw was made by Santa Claus at the Legal Co-op on December 17, 1977. The first prize, a Texas

turkey donated by Busby Hotel, was won by Roy Young of Edmonton. Second prize, two hens, one each donated by Legal Co-op and Derrien Acoustics was won by Jackie de Champlain of Legal. The third prize, one chick was won by Marcel Perrault of Legal. We wish to thank all those who participated.

There will be another Denim course offered on January 23 at the Legal Recreation Centre from 1-4 p.m. The Regional has set up a new price for the course,

\$15 for the course and \$1 fee for the use of the Centre. The money has to be handed in five days before the course is to take place. Phone 961-3677 for more information.

Ladies Morning Out will be offered in Legal by Sturgeon Regional Recreation beginning Wednesday, February 1. Instructions will be given in macrame, primitive weaving, cake decoration, leather work, basketry, and more if time permits. The program will be offered once a week from 10-12 a.m. for seven weeks. Register as soon as possible. The course

is \$13 with a maximum of 10. Phone Mrs. Maurier for more information at 961-3677. Also there is only one more lady missing before the Eskimo Parka course can be offered. Call Mrs. Maurier as soon as possible.

An Old Time dance will be held Friday, January 20 at 8:30 p.m. sponsored by the Club 60 Roses. The dance will be held at the Legal Community Hall, and dancing will be to the music of the Satellites. Refreshments will be available and a free lunch will be served. Admission is \$3 per person.

Calahoo Mites win Grove hockey tournament

The Calahoo Chargers, under coach Greasegun Berube, won the annual Spruce Grove Mite "B" hockey tournament with three straight wins. The well run tournament had five teams from Spruce Grove, Stony Plain, Enoch and Calahoo competing.

Chargers won their opening game Friday night with a 5-2 win over Grove #1. Todd Coyes lead the way with four goals. Chriss Brooks scored the other Calahoo goal while Vernie Omeasoo had a strong game in goal.

Sunday morning at 7 a.m. the Chargers had no trouble with Grove #2 team and shut them out 7-0 with Larnie Coutre in goal. Bart Kachowsky scored three goals while Todd Coyes and Dalton Arcand had a pair each.



TERRY BERUBE

The final game saw the Calahoo squad score a close 6-4 win over Grove #3 with Dalton Arcand scoring the winning and insurance goals. Bart Kachowsky scored his second hat trick of the tournament to pace the Calahoo scorers while Terry Berube scored HER first goal ever to round out the scoring. Larnie Coutre made some excellent saves in goal for the

Chargers.

Most Valuable Player trophies were presented following the game to Larnie Coutre, Todd Coyes and Bart Kachowsky.

Other members of the winning team are Sandy MacDonald, Brent Caton, Jeff Zacharias, Cameron Horn, Vern Arcand, Rod Majeau and Trevor Zoschke.



LARNIE COUTRE

Villeneuve 4H News

By Sandra Sheehan

The Villeneuve 4H club has been very active these last few weeks. One of the highlights was the night Pat Dirksen came to Villeneuve and demonstrated on how to fit a pattern. The entire club including many mothers benefited from this evening.

The 4H club held their annual turkey bingo and Italian raffle. The prizes for the raffle were greatly appreciated and our thanks go to following people who donated them.

Denim Den, St. Albert Bakery, St. Albert Decorating Ltd., New York Steak House, Mr. J. Kozachuk, Riverside Sales Ltd., St.

Albert Gazette, St. Albert Glass and Mirror Ltd., Hen House Coiffeurs Ltd., Grandin Flowers, The New You Boutique Ltd., Fruit Basket, Stretch Couture Fabrics Ltd., Sweetheart Jewellery, Alberta Radio & T.V. Ltd., Macleod's Ltd., Mr. Marcel Gagnier, Mr. C. J. Klak, Lily Dale, Master Feeds, Boston Pizza, Sturgeon Valley Fertilizer Ltd., Mr. G. Mancell (Co-op), Mr. G. Klak (Noma Lights) and Mr. Pat Sheehan.

Our thanks also go to Gib Soetaert, who was the caller for the evening, Bill Soetaert, Allan Bokenfohr and Ralph Ouimet, who were the spotters for the Italian raffle, Kenny Soetaert, Tony Durocher, Lloyd Majeau, Roger

Henry, Harry Lema, Victor Soetaert, and Mel Borle, who were helpers.

Our thanks also go to the people who attended the bingo and made it such a success.

All the 4H members are busy working on their public speeches. The junior speakoffs will be held on February 1 and the Senior speakoffs will be held on February 15. Everyone is invited to attend these speakoffs.

The Villeneuve 4H club wishes everyone a very happy New Year.



NOTICE Darcy Baert

I, Darcy Baert, would like to make it known to the public that the rumors of having been charged with a criminal offence of one kind or another are just that, rumors.

I have never been charged for any criminal offence in my life and if anyone wishes to verify this, they may do so by contacting any RCMP or police detachments.

I challenge anyone to bring forth any facts pertaining to such rumors or forever hold their peace.

Yours truly,
Darcy Baert

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Bon Accord News

By Sadie Allen

For the second year, the Bon Accord Ag. Society is sponsoring a snowmobile "Poker Hand" rally, weather permitting to be held on January 29, with registrations at the Bon Accord Arena starting at 10 a.m. with no registrations later than 3 p.m. and no return later than 5 p.m. The total mileage is approximately 30 miles with five check points for card draw. Registration is \$5 per person and is NOT limited to one per machine. The machine operator must be 14 years or older. The winning Poker Hand wins \$200; second place \$100 and third \$50. In case of a tie, prize money will be divided. The official's decision is final. This is NOT a race. The object of the rally is to promote safe, organized snowmobiling for individuals and families. Rules and regulations will be given out at registration. The concession booth will be open on the upper floor of the arena. For pre-registration and information, please contact Pat Reichle, R.R. #1, Bon Accord Alberta, T0A 0K0, phone 921-3535.

Starting on Wednesday, January 11 at 3:45 - 5 p.m. a Bible Study for children will be held at the Bon Accord school. The teacher will be Rev. Harold Black of the United Church. All children from Grade 5 and up are welcome to attend. The classes will be held every Wednesday.

The Bon Accord United Church invites you to a Newcomers' Sunday on Sunday, January 15 at 9 a.m. There will be special music in the service and coffee and refreshments and a social time following the service. Make a note of this date and come and worship with us. For further info. call Janice McDonald, 921-3500 or the minister, Rev. Harold Black, 973-6708 or 6450.

There will be a special joint service for the Roman Catholic parish and the United Church on January 22 at 7:30 p.m. in the United Church at Namao to mark the Week of Prayer for Christians Unity. This will be the second year for this event and everyone is invited to attend.

Anglican Church Women will meet at the home of Gloria Doney on Wednesday, January 25 at 1:30 p.m. Anyone interested is cordially invited to attend.

Workers for the checkpoints and flagmen are required for the Snowmobile Rally. Anyone willing to donate his/her services is

asked to contact Pat Reichle at 921-3535.

SENIOR HOCKEY

A good crowd was present to witness the Bon Accord Wildcats trim Redwater by a 9-3 score on Tuesday, January 3. Bon Accord jumped off to a 3-1 lead in the first period. In the second period, Bon Accord outscored Redwater 2-1, coming on again in the third period to outscore Redwater 4-1 to win the game by a 9-3 score. The 50-50 draw of \$35 was won by a lucky fan. Again on Friday, January 6 in a game played at Calahoo, the Wildcats scored a win, downing the Alexander Braves by a 12-4 score. The first four shots on goal in the first period saw Bon Accord come up with three goals. Then they layed back and found themselves behind 4-3.

In the last minute of the game they came back to tie the score at 4-4. Shots on net were nine for Bon Accord and 14 for Alexander. In the second period, Bon Accord came out with all guns blazing, firing 20 shots at the opposition goalie, scoring only two. Alexander managed only four shots. The period ended 6-4 for Bon Accord. In the third period, Bon Accord found the range as they scored six times out of the 15 shots on goal, allowing Alexander only five. Final score, 12 - 4 for Bon Accord. Leading the scoring for Bon Accord was Wayne Gillespie with three goals, Larry Draper, Chuck Critchley and Rick Krewy with two each and Gary Mullen, Gord Heffel and Dale Zinnick with singles. Total shots on goal were 44 for Bon Accord, 23 for Alexander.

On Sunday, January 8 the Wildcats tied with Onoway. Games on tap -- Friday, January 13, Villeneuve at Bon Accord at 8:30 p.m., Sunday, January 15 - Riviere Qui Barre at Bon Accord at 2 p.m. and January 17, Bon Accord at Gibbons at 8 p.m. The boys appreciate and need your support.

In the NHL, Bon Accord Wildcats are more than holding their own. Regular Sunday night games are now being held at the Bon Accord Arena with the Outlaws coming up against Horse Hill this Sunday, January 15 at 7 p.m. Recent games saw the club downing Namao by a 9-3 score.

A sincere thank you is extended to the following volunteer workers on the building for the ice plant: Joe Milligan, Doug Laws, Elmer Bronnan, Mike Malanthen, Bob Morris, Tom and Kendall Lewis, Dick and Don Bland and any others who

have put in time at the arena. The building is now finished and the hook-up by Cimco should be completed shortly.

BALLET RESUMES

Ballet lessons will resume on Wednesday, January 18 at 4 p.m. in the Bon Accord Community Centre. Anyone wishing to join the class is cordially invited to attend. For information call Lynda Ross, 921-3785.

Irish Dancing is held in the Community Centre from 7 - 8:30 p.m. on Thursdays. For

By Karen Hogg

On Monday, January 15, the Gibbons Curling Club will be holding a general meeting in regards to the Curling Rink. All interested people are invited to attend and bring a friend as we need lots of help and support in getting the curling rink started. So come on out and get behind the club which has your future recreation at heart.

Thursday, January 5, was a very interesting afternoon for the people attending the slides and lecture on India and Bangladesh which Geraldine Forbes (nee Hancock) was kind enough to come and show us. Geraldine studies the religious and cultural aspects of these people and teaches her course at a university in New York. If we thought we had it bad, we've changed our minds after seeing what those poor women go through. Planting a rice field one seed at a time, with the men not doing it because it is too hard on their backs. They make cow dung cakes for fuel in their huts. Can you imagine 20 acres of red chillies and having to check out each one and destroy the rotten ones. Then they must come home at night and prepare a meal on a little one-burner stove which looks like a bucket with a grill on the top. They wash clothes in the river or lakes by hand with all of the wet mud at the shores. This was a very enlightening lecture which had so many interesting and unreal aspects to it. Thank you Geraldine, for coming over to Gibbons and letting us share your slides.

On Tuesday, January 3, Mr. Cec Fraser formerly of Gibbons passed away. Mr. Fraser leaves to mourn his wife Anne, daughter Phyllis of the Peace River area and

information, contact Rita Allen at 921-3825 after 6 p.m.

A meeting of the Bon Accord 4H Clothing Club was held on January 7. Upcoming activities include a winter party to be held on January 28, from 1:30 - 4 p.m., members being allowed to invite one guest. Public speaking will be held on February 9 at 7 p.m., in the Bon Accord Community Centre. The club will hold a Fabric Sale on February 18 in the Bon Accord Community Centre basement. Materials, zippers, buttons -- anything pertaining to sewing will be available. Anyone wishing to donate any of the above and/or patterns to the club

may leave them at the hall on February 4 or can contact Carol Rivet, 921-2310.

Catechism classes for the Roman Catholic Church resumed on January 8 at 9:30 a.m., in the Bon Accord School. For information, contact Mary or Clay LeBlanc, 921-3690.

Bon Accord Mites swamped the Legal Mites by a 13-0 score in a game played at Legal on January 7.

Looking for a Trip for Two to Las Vegas? The lucky ticket will be drawn at the St. Patrick dance being sponsored by the Bon Accord Community Centre on March

18 and the tickets are available from Community Club Board members.

The bingo jackpot has not yet been won and is now \$225 in 59 numbers. The consolation was shared by three on January 8. The bonanza was won by Jean Sloan. Make next Sunday YOUR turn for the big prize by attending bingo at Bon Accord in the community centre at 7:30, Sundays.

The Financial Committee of the Bon Accord Emergency Ambulance Service will be conducting a bottle drive on Sunday, January 15. This drive will take all types of bottles and pop cans.

Gibbons News

his son Don of Calgary. Sincere sympathy is extended to the family.

Pat and Eileen Sprague and Marion and Fred Rosser have left to get golden sunbans in Hawaii. Hope you all have a good time and think of us in this cold and windy month.

Wishes for a speedy recovery are extended to Wilf Oliver, Mrs. Knott and Miss Massey who are all in the hospital. Hope you are all better soon.

The next senior hockey games will be on Friday, January 13, Gibbons at Calahoo at 8:30 p.m., Sunday, January 15 at 2 p.m. Gibbons at Calahoo; Tuesday, January 17 at 8 p.m., Bon Accord at Gibbons.

An error appeared in my last column. It should have read that Don McLean instead of Don Knott is assistant in the arena. Sorry Don!

THANKS FOR HAMPER
By Toots Crosbie

I would like to thank the Gibbons Sunday School Ladies and anyone who contributed to the lovely hamper of "goodies." This was presented to me after the Sunday School Service, and it meant so much to me. I would also like to thank the children who gave me gifts, tree decorations and cards. I appreciate all this so very much, many thanks to all.

A Happy New Year to all my friends, big and small, connected with the Gibbons Sunday School.

Safe travelling in winter

By Margarette J. Atkinson

At the onset of winter, there is one special preparation any motorist should do first.

Get a set of good, sturdy candles, fill a metal container with matches. Keep those empty fruit or vegetable tins as these make "ideal" candle-holders, and always carry extra newspaper.

Last, but not least, keep that extra-heavy-parka, or snow-mobile suit with hood and extra warm socks and boots in your car, even if you are an office worker or "indoor" person.

If you've slid into the ditch, use a lighted candle, to keep out the frost. Don't try running your motor, then end up a victim of Carbon Monoxide poisoning. That candle will light your car interior. Passing motorists will see that car is occupied, not empty.

If you must light a bonfire, you have your matches and dry paper.

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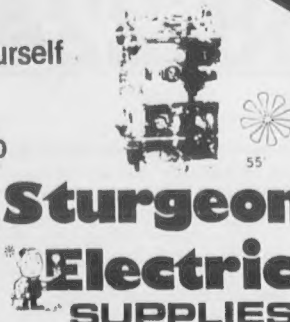
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Beautifully planned and decorated 3 bedroom bungalow. A spacious 1260 sq. ft. features large kitchen, separate dining room, and two piece bath off master. Large fenced 62' lot is well landscaped and has matching double garage at rear. Priced under \$75,000. Call Dave McCracken 459-5065.

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Admission 3 cards \$1.00

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135 Ave. - 132 St.
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SUNDAY,

JANUARY 15th

2PM



For The Action You Want Phone: 458-2240

MISCELLANEOUS FOR SALE

Used Inglis washing machine for sale - running condition. 2 pot orange macramés. Phone 458-8782 2-cl

Used fridge and electric stove. 458-8143 2-cl

Refrigerator, Viking - \$100. 458-8727 after 6 p.m.

Two year old General Electric dishwasher, child's high chair, vaporizer, 39" headboard, turquoise chesterfield. Phone 458-3973 after 5:00 p.m. 2-cl

Bauer Junior Supreme skates, size 5 1/2 - excellent condition. John 458-4858 2-cl

White buffet and table with 4 chrome chairs. 454-2895 or 458-3886 2-cl

Electrical fixtures (matching copper tone) Two 3 light drops - \$15 each; one wall bracket - \$5. 458-8898 after 4 p.m. 2-cl

One 4 p.m. set of Beginners drums, Pearl White, Ph. 458-8258 2-cl

One couch and chair - \$75. 458-5058 2-cl

Two 2 seater matching love seats in pine. Each has 10 deep cushions fitted in contrasting brown/beige tweed. \$200. Ph. 458-5202 2-cl

Old Chinese rug, 4' x 6' approximately \$250 (offers). 458-8589 2-cl

2 snowmobiles, trailer; Avocado range hood; double bed, box spring and mattress; roll-a-way cot; 21" Motorola color T.V. 458-7521 2-cl

Farm fresh eggs - 80¢ per doz. delivered. Ph. 981-2389 2-cl

Basement sale - misc. household items, lowered closet doors, bathroom fixtures, Wed., Thurs., Fri., only. 45 Salisbury Ave. 2-cl

Garage Sale - 7 Balmoral Dr., Sat., Jan. 14th, 10 a.m. - 4 p.m. Household items and clothing. 458-3497 2-cl

4 grip tires, 800 x 13, 878 x 13 - like new. 458-8167 2-cl

Men's size 8 skates worn 3 times - \$15; baby crib - \$15; bottle sterilizer - \$5. 458-5834 2-cl

Carpets, Solariums, Vinyls. Our showroom has a complete sampling of Armstrong sheet floors. New housing & renovations our specialty. We work from Edmonton to Westlock, Stony Plain, Thorhild.

St. Albert Decorating Ltd.
14 Perron Street

Furniture - 3 room grouping \$2,000 firm. 475-0784

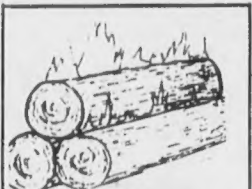
Drapes, Blinds, Woven Woods Custom drapes; drapery fabrics, rods. No charge for estimates. Upstairs showroom.

St. Albert Decorating Ltd.
458-8268 14 Perron Street

Like new - carriage, stroller, back pack. 458-8215

Washer and dryer for sale. Phone 458-6483 after 4 p.m.

2 large dark pine rockers, ottoman, gold cushions. \$350. 458-3849



FIREWOOD FOR SALE

986-0725
487-9360

RAWLEIGH PRODUCTS - Spices, extracts, liniments, Mr. Groom etc. Ph. 458-5902 1954-33-11n

New dog houses, fully insulated, 41" x 27" inside measure. Ph. 489-3094 13834-20-11n

FIREWOOD FOR SALE - Birch, poplar, spruce. Ph. 482-2060. Free Delivery 11344-40-11n

Tropical Fish, used tanks and equipment. Ph. 458-8896 11670-37-11n

POTASSIUM PERMANGANATE - 5 lb. pack, reasonable price. Big Iron Drilling Ltd., 10105 - 80 Avenue. Ph. 433-2555 41-c24

Fireplace Birchwood, clean split and delivered. Ph. 434-5432 11816-38-11n

MOVING - won't fit - G.E. Connoisseur matched stove and frost free fridge. Both in perfect working order (white) \$500. Also ducted range hood, never used \$40. Ph. 458-4985 10400-51-11n

**Cars Removed
Complete Cars Free
Small charge if not
Phone. 424-1272
or 452-1485**

Carpets and Upholstery steam cleaned in your home. Phone today for free estimate. See our ad on Page 2. Alta-Brite Carpet Care - 458-5820 10856-45-11n

Automatic portable washer, full agitation - Lady Kenmore. Call after 3 p.m. 458-9715 1-c2

Used Dryer - \$50. Ph. 458-6723

Will deliver farm fresh eggs to city of St. Albert, or town of Morinville. Minimum of 20 doz. 981-3759 2-c2

**FOR SALE
French Provincial
Upright Piano \$1100
458-8425**

AUTOMOTIVES

1972 Mustang 302 - \$1850. Good shape. Ph. 458-3271 11053-42-11n

1972 Pontiac Brougham, 4 dr., H.T. Fair. Ph. 458-3487 after 5:30 p.m. 10784-48-11n

1970 Ambassador S.W., air conditioning, tape deck, top condition. Best offer. Ph. 458-4738 10898-47-11n

Inexpensive utility vehicle - 1972 Dodge Colt stationwagon. Good mileage, excellent running condition. New rear tires. \$875 or best offer. Ph. 458-2990 after 6 p.m. 10391-51-11n

1973 Cricket, 2 dr. H.T., auto., radials, good second car. Offers. Ph. 458-8158 after 6 p.m. 1-c2

1971 Buick Skylark, excellent condition. Phone evenings - 973-3929 1-c4

1975 Maverick 4 dr. Sedan, 302, good condition. Ph. 973-3883 1-p2

Must sell, 1973 Ford 4 x 4 crew cab, 27,000 miles, 12 x 16.5 tires. Good condition. Will take offers. 458-8952 10287-2-11n

1968 Beaumont Sport deluxe, 398 cubic inch, body in excellent condition. 458-7981 after 5 p.m. 2-c2

1974 Pinto 4 speed sedan, very good condition - \$1,650. 458-2911 after 6 p.m.

1970 V.W. Beetle Deluxe. Very good condition. Gas heater. In car heater AM-FM radio. Radials. \$1,100. Call 458-5011

1975 Montego, V-8 auto., air, excellent condition. 923-2417 after 5 p.m.

1974 Pontiac LeMans, excellent condition. 458-7089

1967 Mustang convertible, excellent condition. Asking \$2,200. 458-5247

1972 Ford Custom 500. 100,000 miles. Good condition. Call Ross - 452-1349 between 7 - 9 p.m.

1956 Oldsmobile Delta 88, all redone. More information please phone 458-4782

1974 Montclair wagon, excellent condition, P.S., P.B., P back window, 400 2 barrel, steel belted radials. Set up for trailer. 452-1701, ext. 0, or evenings 489-0287

TRUCKS FOR SALE

1972 F500 Ford, 18,000 original miles, split axle, newly painted 5th wheel, excellent condition. One 31 ft. flatdeck Blazer Trailer with 5th wheel hook-up, like new. After 8 p.m. 458-8409

FARM MACHINERY

80 h.p. Farmall tractor with hydraulic bucket. Good shape. \$1,000. Ph. 458-3271 11052-42-11n

MOBILE HOMES & TRAILERS

BY OWNER - CLOSE TO CALAHOO 78 FLEETWOOD 14 x 70 WITH 1 1/2 BATHS, 4 APPLIANCES PARTLY FURNISHED. 967-2662 2-11n-nc

7 x 12 Flat deck trailer with single axle for \$800. 8 x 16 Flat deck tandem trailer with electrical brakes - 16,000 lbs capacity for \$2,000. Call 939-3388 or 469-7048 2-p2

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New double and single wide homes SET UP IN NEW DELUXE ADULT PARK 20 minutes from downtown Phoenix For complete details and information Ph. 451-0820

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1972, 14 x 68 Trailer, 3 bedrooms, fridge and stove. Must be moved. Ph. 939-2030 10942-44-11n

ACREAGES FOR SALE

"INVESTMENT POTENTIAL" 55 acres of gently rolling land, well treed, in area of Viscount Estates and Sturgeon Crescent, approx. 4 miles north of Edmonton City Limits. For more information please call: R.J. (808) CRAIG 458-2288 - RES: 475-5947. Block Bros. Sturgeon Shoppers Plaza

2.5 acres north of Westlock with house and hook-up for mobile home. Call 458-9125 evenings 51-p4

HOUSES FOR SALE

MORINVILLE - three bedroom bi-level, two-car garage, stove. Ph. 939-3121 10748-47-11n

By Owner, St. Albert, Lacombe Park. Excellent deal. Bi-level, 3 bedroom, games room, family room, 2 fireplaces, garage, plus lake lot. Owner transferred. Ph. 458-0087. No agents. 10318-1-11n

BY OWNER - FORMER SHOW HOME, ST. ALBERT, 3 BEDROOMS, 2 BATHS, F.P. 1137 SQ. FT. PATIO DECK. PHONE 458-2502

\$500.00 DOWN TO QUALIFIED BUYER - Condominium townhouse on quiet location in Grandin Village. 1300 sq. ft., 3 bedrooms, 3 bathrooms, attached garage, rec centre with swimming pool and sauna - \$52,000 or offers. 425-1898 or 458-7391 10202-2-11n

TREED RAVINE - 1834 sq. ft. bungalow, family room, fireplace, exceptional design - \$89,500. 458-8779 and 432-5568 2-c4

\$57,900 - 1140 sq. ft. 3 bedroom bungalow, 2 years old, bay window, 1 1/2 baths, landscaped. Phone 923-2485 2-c4

Rowhouse - not a condominium. 1180 sq. ft., 3 bedrooms, full fenced back yard, partially finished basement with workshop and bathroom. Try a down payment of \$2,400. 458-8449

Must sell - 3 bedroom end unit, Grandin Village. Call 458-7180

3 bedroom bungalow. Priced to sell. Call Marcel or Exilda Larocque. Fortune Realty Co. Ltd. 453-3535 or 458-5052

By owner, 1190 sq. ft., 3 bedrooms, 1 1/2 baths, bungalow, 1 1/2 years old - \$64,900. No agents. Ph. 458-3792

By Owner, St. Albert, Lacombe Park. Excellent deal. Bi-level, 3 bedroom, games room, family room, 2 fireplaces, garage, plus lake lot. Owner transferred. Ph. 458-0087. No agents. 10318-1-11n

HOUSES FOR RENT

Due to unforeseen circumstances, this house is now for rent. Immediate occupancy. 3 bedroom older home. Includes stove and fridge - \$250 per month. Ph. 939-4145 Morinville 10238-2-11n

3 bedroom condo. for rent. Jan. occupancy, 5 appliances, \$200.00 damage deposit, rental \$420. Phone after 6 p.m. 458-0374 10528-49-11n

3 bedroom condominium for rent. Broadloom throughout, draperies, fridge and stove. \$450. Available Feb. 1st 458-7661 2-c2

3 bedroom condo., 3 appliances, attached garage. \$435 a month. 458-8283 2-c3

COUNTRY PRIVACY - CITY CONVENIENCE New 3 bedroom condo. St. Albert, fully carpeted, 1 1/2 baths, 4 appliances, detached garage near all facilities. \$425 per month. No pets. Available immediately 458-9538 or 458-9770 2-c2

3 bedroom new bungalow, 1 1/2 baths, immediate occupancy. 458-0332 2-c2

Large home with appliances on quiet Cres. \$425 per month. 458-4528

3 bedroom home. Immediate possession. Please call Royal Trust, Property Management. 426-7710

3 bedroom townhouse for April 1st. Please call Royal Trust, Property Management. 426-7710

Larger 3 bedroom house, fireplace, 3 years old, \$450 per month. Phone 458-5145

Lovely bungalow - Grandin. 3 bedroom finished basement, 2 bathrooms, family, for immediate occupancy. Ph. 429-2851 ext. 57 - 8:30 to 4:30 p.m.

4 bedroom, 3 baths, fireplace, almost 2,000 sq. ft. luxurious home. Available Feb. 1st. 458-0000

1/2 duplex, 3 bdrm, attached garage, available Feb. 1st, \$400 per month. 458-0733 after 6 p.m.

Gentlemen wants to share large home with same. \$195 per month. 458-7595

3 bedroom townhouse - \$415 per month. Feb. 1st possession. Ask for Stuart. 483-0601 or Graham.

St. Albert - 1/2 Duplex in Grandin area, three bedrooms, carpets, near to school and bus. \$400 per month. Available January 1st. Ph. 458-4992 10302-51-11n

LANDLORDS - Advertise your vacancy free. We have the largest volume of clients seeking all types of accommodation in all areas and price ranges. Get the right tenant, list your vacancy today. 433-0857, RENTEX - 7 days per week, 8 a.m. to 8 p.m. 12589-29-11n

Duplex for rent - \$450 per month. Fridge and stove included. Ph. 458-5337, 458-8435 10861-47-11n

St. Albert, for rent - 3 bedroom home, \$400 per month. Available January 1st. Call 458-0771 after 6 p.m. 10450-50-11n

Two bedroom home in Busby on acreage. Stove, fridge, single garage. \$275. Ph. 458-8118 10431-50-11n

Three bedroom, two bathrooms, dishwasher. \$450 rent. Ph. 458-6013 10687-47-11n

GRANDIN VILLAGE - 4 bedroom Townhouse, attached garage, finished exposed basement. Rec. Centre privileges. Ph. 487-2929 10321-1-11n

Four-plex, 1,250 sq. ft., carpeted throughout. Ph. 458-8958 or 458-8607 1-c4

SUITES FOR RENT

MORINVILLE - Two bedroom fully furnished suite close to schools and playground. \$325 per month. Ph. 458-5819 10413-50-11n

Basement suite for rent. Available immediately. Ph. 458-8048.

Two bedroom luxury apartments. Ph. 458-8958 or 458-8607 1-c4

Furnished basement suite for rent, Grandin Park. Ph. 458-1003 after 6 p.m. 10568-48-11n

Young couple willing to share new house with single person. Bedroom furniture needed only. 1 1/2 baths, reasonable rent. Call 474-8521 local 240 during days or 458-8992 after 6 p.m.

Riviera Qui Barre - 8 miles west of Morinville - suites for rent in older home. 939-4729 evenings.

Sleeping room for rent, quiet home, Grandin area. 422-7121 days. 458-0238 evenings. 2-c2

LEGAL - 2 bedroom deluxe suite, 1000 sq. ft. utility room with washer and dryer. Ph. 342-2437 2-c2

PERSONAL

SPECIALTY HYPNOSIS CENTRE. PH. 458-0093 after 6 p.m. 40-nc-20

GAZETTE DEADLINES

NEWS COPY 12 NOON TUESDAY
DISPLAY ADVERTISING 9 P.M. MONDAY
CLASSIFIED ADVERTISING ... 12 NOON TUESDAY

YOUR CO-OPERATION IS APPRECIATED
PHONE: 458-2240

ROOMS FOR RENT

ROOM FOR RENT - kitchen facilities available. Ph. 458-3081.

One sleeping room. 459-5066

OFFICE SPACE FOR RENT

St. Albert - small office area with or without storage space for rent. Telephone answering and office assistance available. 458-2112 days or 458-3831 evenings 10229-2-tfn

1200 sq. ft. SHOP OR STORAGE SPACE - ST. ALBERT, FOR RENT. AVAILABLE JANUARY 1/78. Ph. 483-1785 10671-47-tfn

BUSINESS OPPORTUNITIES

Ambitious people who want to earn extra money - \$100 to \$1,000 a month part time. For APPOINTMENT ONLY 459-6807 11447-39-tfn

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TYPEWRITERS - special student rates. For fast dependable service at reasonable rates. Phone LEO'S BUSINESS MACHINE SERVICES, 10075 - 156 St., Edmonton - 484-4988 12724-28-tfn

WANTED

WANTED - Bottles, cans. MORINVILLE BOTTLE DEPOT. No line-ups, top prices paid. 1 - 8:30 p.m. Weekdays; 8 a.m. to 6 p.m. Saturday, 9905 - 100 Street. Ph. 939-4145. See our used book shop! 11864-35-tfn

WANTED - one bedroom suite required. Grandin or Mission area preferred. Call Gerry at 459-6578 1-p2

WANTED - Junior X - Country skis 150 - 180 boots. 32 - 33 or 1 - 2. 483-4026

Ride wanted with any one going skiing from Mon. to Fri. SHARE EXPENSES 459-3948

LESSONS

Ceramics classes available commencing January 9. For information call Tannis 458-1872 51-c3

UKRAINIAN DANCING - ages four and up. Registration still accepted, Kalya Ukrainian Dancing School. Ph. 459-8631 10348-1-tfn

Akinsdale, St. Albert - Experienced music teacher has January openings for students of piano and theory. Beginners welcome. Ph. 458-8094 1-c2

WANTED - Organ music instructor in my home. Phone 458-9547

Piano lessons, my home - \$4.50 per half hour 459-3964 2-c2

LIVESTOCK FOR SALE

Cattle wanted - Ponderosa Farms. 973-5274 12430-31-tfn

PETS

Toy Poodle Stud Service. Puppies for sale occasionally. Call Brenda at 459-3468 12890-27-tfn

OBEEDIENCE CLASSES
LAKENHAM K-9 ACADEMY. Classes commence Sunday, January 15. Ph. 478-4784 1-c2

FOUND

Found near Garden Cres. about June 1977. Package of Kodachrome slides - Children's family pictures - can be picked up at the Gazette office. 458-2240 2-tfn-nc

SNOW REMOVAL

SNOW REMOVAL
DRIVEWAYS CLEARED
DOUBLE L EXCAVATING
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For your printing requirements Rob Dor Services Ltd., offers creative printing, blue printing, stock and specialized forms. ROB-DOR SERVICES LTD., 18 Grantham Place. Ph. 459-7920, St. Albert 4178-25-tfn

HELP WANTED

Full time waitress/waiter day or evening. Apply in person to Silver Lantern Restaurant. Grandin Shoppers Park. 12414-30-tfn

Waitresses and chambermaids required for Bonaventure Motor Hotel. Ph. 454-8578 7660-40-tfn

Waitresses/ers. Now is your chance to get involved with The Cathayan and work amidst a nice and friendly atmosphere. Pleasant appearance a must. Training provided. Ph. 458-7788 for appointment 11540-38-tfn

Part time Library salesperson wanted to call on elementary school libraries. Edmonton area. Flat rate of \$15 per school call. Must have car. Send application to G.L.C. Publishers, 71 Lafonde Cres., St. Albert, Alberta. T8N 2N7 1-p2

St. Albert Help Society requires mature person for emergency Homemaker Service. Application forms available. Community Services, 20 Muir Drive. Ph. 459-6801 ext. 44

Cleaning person required once per week. Own transportation. Braeside area. Ph. 458-1457 after 5 p.m. 1-c2

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MRS. A. BRUCE
961-3941

Territories open in Sturgeon, Grandin, Lacombe Park. Rural areas: Manor Estates, Sturgeon Crest, Crestview Heights, Vis-

Typist required for Bonaventure area. IMPACT PERSONNEL SERVICES 428-1468

Alberta Bakery requires part time help for early afternoon wrapping shift. Please apply at 14545 - 128 Ave., Edmonton.

Career Information Programme offered by Prudential Insurance Co. of America. Interesting and educational, no obligation. For further information call Rick Black at 482-5695 or 458-2806

Supervisor required for Game Arcade. 12 noon to 6 p.m. shift. Apply in person to "Mister Arcade" Grandin Shopping Centre

Experienced full time teller required at Canadian Imperial Bank of Commerce. Phone Carol at 459-5531 for further information.

Cleaning lady required one day a week. Phone days 425-8993 or 458-7763.

Janitorial staff for evening work. Phone 453-6912, 9 a.m. to 5 p.m.

WANTED - Reliable lady to assume responsibility of sales clerk. Approximately 12 - 20 hours per week. Some evenings involved. Previous experience preferred. Ph. 458-1320

Permanent position for a licensed heavy duty mechanic, class 3 license preferable. Salary negotiable. Please apply to Cinq Concrete Ltd., Morinville. Phone 939-4865 10288-2-tfn

Career position as a sales and service representative required by a large financial organization for St. Albert and area or Edmonton and area. Excellent training program, full range of company benefits including paid pension plan. Promotional opportunities available. Starting salary negotiable. For details and interview call Rick Black prior to 4 p.m. at 482-5695 or 458-2806 2-c2

WE ARE EXPANDING
therefore Men or Women,
Part or Full Time are
required in St. Albert and
District, car essential. Co.
benefits. Only those willing
to work and improve their
income need to apply.
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Phon 424-2746 for appoint-
ment or apply in person at
**10016 - 109 Street, Edmon-
ton, Alberta. Or phone**
459-3532 evenings.

ELECTROLUX CANADA LIMITED

BABY CARE

Will babysit in my home, weekdays, Sturgeon area. Ph. 458-0008 10995-45-tfn

Will babysit my home, Forest Drive. Call Mary Anne at 458-0750 51-c3

Licensed Day Care, children over 2 1/2 years, Lacombe Park. Ph. 458-1204 10466-49-tfn

Babysitter wanted to come in part time. Will transport. Ph. 458-0347 1-c2

Will babysit in my home, two blocks from highway. Phone 458-0347 1-c2

Will babysit in my home, Akinsdale area. Ph. 458-2050

Babysitter required weekdays for 5 month old boy. Mission. 458-1875

Vacancy for one child 3 to 5 years, my home, Grandin, weekdays. Nice pal to play with. 459-7451

Will babysit my home Sturgeon area. Close to Nickerson School. 458-1466

Will babysit my home - 22 Fleetwood Cres. 458-1586

Will babysit my home, Mission. 459-4370

Will babysit in Lacombe Park. Phone 459-5433

Will babysit week days in my Lacombe Park home. Phone Brenda 458-6387

Will babysit my home week days and weekends, children over 2. 458-4901

Will babysit my home Lacombe Park 5 days a week. 459-4640

Will babysit my home Ridgewood Terrace, St. Albert. 458-5725 2-c3

Would like to babysit in my home, Grandin area. 458-6351 2-c2

Babysitter wanted for days in my home or yours, Grandin area. Call after 6 p.m. 458-5467 2-c2

CONTRACTORS

D & G CARPET INSTALLATIONS. We specialize in all types of carpet installations, also repairs. 20 years experience. Phone 458-9619 11541-39-tfn

Bars, stereo cabinets, bedroom wall systems, any small finishing jobs. Norm 458-0092 2-c4

Quality decorating - painting, carpentry, roofing, rumpus rooms etc. You name it. 433-3812, 467-8290 10286-2-tfn

HAVE IT DONE NOW - Stucco wire, stucco, drywall, taping and texturing. Phone Randy 424-1098, Jack 459-5677 7997-6-tfn

Home improvements and all types of carpentry and renovations. 21 years experience in general construction. Ph. 458-2159 12827-29-tfn

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VIC POST PHOTOGRAPHY - Professional photography, industrial, family portraits, weddings. Member Professional Photographers of Canada. Ph. 459-6988 2137-20-tfn

Painting & Decorating by Jean. Paper hanging and vinyl a specialty. Call 459-4796 after 6 p.m., 46 Birch Dr. 13601-19-tfn

Steele stud, Texturing Taping, Drywall and feature walls. Ph. 458-1223 8119-35-tfn

JOHN. D. DRYWALL - Drywall taping, plaster repairs, textured ceilings, decorative plaster. Free estimates. Ph. 458-0819 8042-11-tfn

SEWING MACHINE REPAIRS - ALL BRANDS. Ph. 459-3927 1846-31-tfn

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St. Albert Billboard

THURSDAY, JAN. 12 - 9:30 - 11:30 a.m. St. Albert Christian Women's Club. St. Albert Inn - \$4.00 per person. Reservations essential. Call 458-9672 or 459-7313. Babysitting available.

THURSDAY, JANUARY 17 - The next meeting of the St. Albert Nurse's Group is to be held at 8 p.m. at Ronald Harvey School. The speakers will be Dr. Shiela Durkin - Director of the Sturgeon Health Unit and Wayne Knight - District Administrator St. Albert Social Services Department. Their topic: **THE BATTERED CHILD**. For information please call Frances Lema 458-2648 or Joy Aboussafy 458-2101.

SATURDAY, JANUARY 21 - The St. Albert and District Chamber of Commerce will hold its Annual Banquet and Citizen of the Year Presentation at the Club Mocombo. Tickets are available from any Chamber member.

SATURDAY, JANUARY 21 - The Albert Lacombe School children will be holding a bottle drive in Grandin Park only. The proceeds to go to Playground Tarmacs. **MORNING ONLY**

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1828 sq. ft. home features a 22'8" x 12'11" Master Bedroom. Family room with fireplace, sliding patio doors to sundeck, front drive garage, 4 pce., 3 pce., & 2 pce. bath. Upgraded carpets, very pleasing decor.



STARTER HOME

Grandin Park - 1048 sq. ft., 3 bdrm. 1/2 duplex with fireplace, and 2 car garage. Polynesian r.r., games room, utility & bath developed. Lovely & clean newly decorated. Only \$59,900.

NEED 5 BEDROOMS?

1088 sq. ft. bungalow with fireplace in sunken living room. On extra large pie shaped lot on key hole Cresc. with cement drive and garage pad. 3 bdrm's and 1 1/2 pce. bath with 2 bdrm's & 3 pce. bath in basement. Sliding doors off dining area to large carpeted sundeck.

NO QUALIFICATIONS

Mortgage \$50,400 at 10 1/2%. 1092 sq. ft. 6 mo. new 3 br. stucco & cedar bi-level 1 1/2 pc. bath, 58 x 120 lot taxes only \$290, 30 min. to Edmonton and under \$60,000.

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